

Alpha Hope Counseling, Inc.

Dawsonville

137 Prominence Ct, Suite 220
Dawsonville GA 30534
706-216-4735 fax: 706-216-7909

Cumming

327 Dahlonega St., Suite 302B
Cumming GA 30040
678-571-7505 fax: 678-845-6286

Client Name: _____ Date: _____

If the client is a minor, please provide the following information.

Mother: _____ Phone Number _____

Father: _____ Phone Number _____

Informed Consent:

- ✓ This is a professional counseling facility. We offer professional counseling to individuals struggling with a variety of issues. Both professional therapists; licensed by the State of Georgia, and Master's Level Therapists/supervised graduate students do our counseling. Our professional counselors have an earned master's degree (or higher) in counseling psychology or a closely related area from a regionally accredited institution. Graduate level counseling interns receive regular supervision by a licensed professional therapist.
- ✓ At Alpha Hope Counseling, Inc., we believe the process of personal growth and development often requires a three-fold process of change in areas such as thought, emotion, and behavior. Primarily, a person-centered cognitive-behavioral therapy approach is used to promote client change and personal growth. Other therapy approaches may also benefit the counseling process (i.e., group therapy, family therapy, relaxation/stress management techniques, prayer/meditation, and various scriptural and spiritually based therapeutic interventions.)
- ✓ Therapy can last from a few weeks to several months. Most people find therapy very helpful. However, depending on the nature of your difficulty, you might also experience uncomfortable emotions such as, anger, fear, and frustration during the course of counseling. While your counselor cannot remove these feelings from you, they will help you work through them, or find an alternative counselor. You are free to discontinue therapy at any time. Most people remain in therapy until they feel they have learned better methods of thinking, feeling, and/or acting regarding their difficulties.
- ✓ Occasionally therapists elect to discontinue therapy. This usually happens when they feel no substantial progress is being made or other factors are interfering with their ability to help you. If therapy ends prematurely, we will help you find qualified help elsewhere.
- ✓ Under normal circumstances, everything you discuss with your counselor will be held in strict confidence. However, you should be aware that there are some situations in which your counselor may be required by law to report information to the proper authorities without your permission or knowledge. These situations include, but may not be limited to, a client's indication of bodily harm to others, involvement in a felony, suicidal intentions, and reasonable evidence of child or elderly abuse or neglect. Your counselor may also disclose information in response to a subpoena issued by a court of law.

Counseling Agreement:

- ✓ At Alpha Hope Counseling, Inc. we believe that counseling is a process whereby a counselee seeks to resolve personal, interpersonal, and/or spiritual difficulties with the assistance of another caring individual. Your counselor will bring to the session(s) his/her professional knowledge and experience, but the ultimate responsibility for growth and changes rests with the client(s).
- ✓ It is your right to request clarification or information regarding your counselor's background, qualifications, or methods.
- ✓ The cost of therapy is _____ for each 60-minute session.
- ✓ You are not obligated to complete a specified number of sessions; however, you are required to pay for completed sessions on the day of that session. (If you have insurance coverage, you may either pay for the session in full and be reimbursed by your insurance carrier or we can bill them after you pay your part of the deductible/co-pay. Insurance payments may only apply with approved charges.)
- ✓ Credit will not be extended for more than two sessions without payment and clients are responsible to pay for sessions and/or included those that are not cancelled without 24 hours' notice.

Appointment Cancellation & Rescheduling Policy:

Our time together is very important, and we reserve time for effective therapy. If you need to cancel your appointment, please call within 24 hours, so other clients may be served. Appointments not canceled within 24 hours will be charged a **\$45.00** Missed Appointment Fee. Insurance companies do not cover missed appointments. We can reschedule your appointment if you need to cancel.

We, the undersigned client(s) and counselor have discussed, understand, and agree to abide by the above policies.

X _____ Client Signature	_____ Date	X _____ Parent/Guardian	_____ Date
X _____ Client Signature	_____ Date	X _____ Counselor/Witness	_____ Date