



JEFF SMITH, MD, FACS, CPC

GET IN CONTACT

Phone: 858-300-2299

Email: jeff@surgeonmasters.com

Website: JeffSmithMD.com

COACHING EXPERTISE

- Performance Improvement
- Practice Optimization
- Wellness and Well-Being

MEET JEFF - BRIEF BIO

I am an orthopaedic trauma surgeon in San Diego, a surgeon coach with SurgeonMasters, and a surgeon educator and fellowship director with the Unite Orthopaedics Foundation.

JEFF SMITH, MD - INTRODUCTION

Dr. Jeffrey Smith is a clinically active Orthopaedic Traumatologist, a Certified Professional Coach, and CEO/Founder of SurgeonMasters, a Surgeon Coaching Company focused on practice optimization and well-being. You can learn more about Jeff, and his WHY, at JeffSmithMD.com

JEFF SMITH, MD - EXTENDED BIO

Dr. Jeffrey M. Smith is a practicing Orthopaedic Traumatologist, Director of the San Diego Orthopaedic Trauma Fellowship, and a physician coach. With over 20 years of experience within an academic and private practice, he has learned to cope with the ups and downs of being a performance-driven surgeon and even experienced some episodes of burnout during his career. Through his personal experience and research, he has developed his own methodology for performance improvement - The 8 PRACTICES of Highly Successful Surgeons, techniques that address resilience training, professional development, leadership training, surgeon wellness and burnout prevention. Dr. Smith continues to be driven by his passion to positively impact the lives of his patients recovering from injury as well as other Surgeons to transform their habits inside and outside the operating room with the goal of creating sustainable, lifestyle-friendly surgical practices.