

# JUNE MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>B:</b> Orange, Egg Patty <b>L:</b> CN Hamburger Patty on WG Bun Green Beans Corn <b>S:</b> Carrot Sticks/Milk	<b>2</b> <b>B:</b> Pears/WG Cheerios <b>L:</b> Pineapple Chicken over WG Rice Mixed Vegetables <b>S:</b> Apple Slices/Yogurt	<b>3</b> <b>B:</b> Peaches/WG Oatmeal <b>L:</b> WG CN Cheese Pizza Cheesy Broccoli Mixed Fruit <b>S:</b> <u>★Strawberries</u> /Milk	<b>4</b> <b>B:</b> Banana/Yogurt <b>L:</b> WG Tuna & Noodles Peas Peaches WG Chips/Salsa + <b>S:</b> Milk
<b>7</b> <b>B:</b> Mandarin Orange/Turkey Sausage <b>L:</b> Chicken Salad on WG Bread Carrots Apple Slices <b>S:</b> Pears/Yogurt	<b>8</b> <b>B:</b> Peaches/WG Oatmeal <b>L:</b> CN Meatloaf Mashed Potatoes Peas WG Bread <b>S:</b> Hummus/WG Pita	<b>9</b> <b>B:</b> Orange/wg Blueberry Muffin <b>L:</b> Chicken Tacos on WG Tortilla Refried Beans Mangos <b>S:</b> Applesauce/Grahams	<b>10</b> <b>B:</b> Mixed Fruit/WG Toast <b>L:</b> Sloppy Joes on WG Roll Coleslaw Baked Beans <b>S:</b> <u>★Strawberries</u> /Milk	<b>11</b> <b>B:</b> Banana/WG Cheerios <b>L:</b> WG Mac & Cheese Stewed Greens Fruit Cocktail Salad <b>S:</b> Orange/String Cheese
<b>14</b> <b>B:</b> Apple/WG Cheerios <b>L:</b> CN Hamburger Patty Stewed Tomatoes Green Beans WG Rice <b>S:</b> Peaches/Yogurt	<b>15</b> <b>B:</b> Orange/WG Toast <b>L:</b> CN Grilled Italian Chicken on WG Bun Carrot Sticks Blueberries <b>S:</b> Mix Fruit/Milk	<b>16</b> <b>B:</b> Pears/WG Oatmeal <b>L:</b> WG Rock & Roll Beef Wraps Peaches Cottage Cheese <b>S:</b> wg Breadstick/Marinara	<b>17</b> <b>B:</b> Applesauce/Turkey Sausage <b>L:</b> WG Chicken Alfredo <u>★Tossed Salad</u> Apricots <b>S:</b> <u>★Strawberries</u> /Milk	<b>18</b> <b>B:</b> Banana/Yogurt <b>L:</b> WG CN Maxi Stick Marinara Sauce Carrot Sticks Apple Slices <u>★Cucumbers</u> <b>S:</b> WG Sunchips
<b>21</b> <b>B:</b> Pears/CN Egg Patty <b>L:</b> WG CN Chicken Patty Roasted Root Veg. Blueberries <b>S:</b> Apple/WG Grahams	<b>22</b> <b>B:</b> Mix Fruit & Oatmeal <b>L:</b> Hmong Beef WG Rice Mixed Vegetables Mandarin Oranges <b>S:</b> Pineapple/Milk	<b>23</b> <b>B:</b> Strawberries/WG Toast <b>L:</b> Honey Mustard Chicken Slider on WG Bun Green Beans Applesauce <b>S:</b> Pears/Yogurt	<b>24</b> <b>B:</b> Orange & WG Chex <b>L:</b> Beef Goulash over WG Noodles Corn Mixed Fruit <b>S:</b> <u>★Strawberries</u> /Milk	<b>25</b> <b>B:</b> Banana/WG Cheerios <b>L:</b> WG CN Fish Patty Mashed Potatoes Tropical Fruit <b>S:</b> <u>★Kohlrabi</u> /Milk
<b>28</b> <b>B:</b> Mixed Fruit/Yogurt <b>L:</b> Asian Tuna Burger on WG Bun Sweet Potato Fries Pears <b>S:</b> Kiwi/Milk	<b>29</b> <b>B:</b> Orange/WG Toast <b>L:</b> WG CN Cheese Pizza Tossed Salad Applesauce <u>★Cucumbers</u> & <b>S:</b> String Cheese	<b>30</b> <b>B:</b> Apple Slices/Turkey Sausage <b>L:</b> CN Hamburger Patty on WG Bun Broccoli Peaches WG Chips/Salsa + <b>S:</b> Milk		

Menu subject to change. WG= Whole Grain. ★Local Item Substitutions may provided for Early Head Start due to choking hazard.

**Milk served daily with breakfast & lunch.** Whole milk for children 12-24 months old, low-fat milk to children 2+, water available all day.

Menus developed following USDA CACFP menu planning guidelines. "This institution is an equal opportunity provider"