

## June @ EMA



### **It's Summer Time!**

Welcome to EMA for our summer programming! Just a few reminders about this summer. EMA is open from 6:00 to 6:00 PM based on your WRAP approved hours. If your child is going to be gone, please call and ask for a Family Worker or Program Manager so they can let the classroom know! The phone number at EMA is: (319) 235-0383. Dusty is the Program Manager at EMA, but Angie, Angela and Ashley will also be between sites if you need them! Sarah and Yolanda will be the Family Workers at EMA this summer and Trista is also available if needed!

You may now enter the building and masks are optional. If you still prefer for your child to wear a mask during the day, please let their teacher's know! As some restrictions are lifted, we still ask that you and/or your child not come in when you are not feeling well. Depending on symptom(s), we also may require a doctor's notes to return.

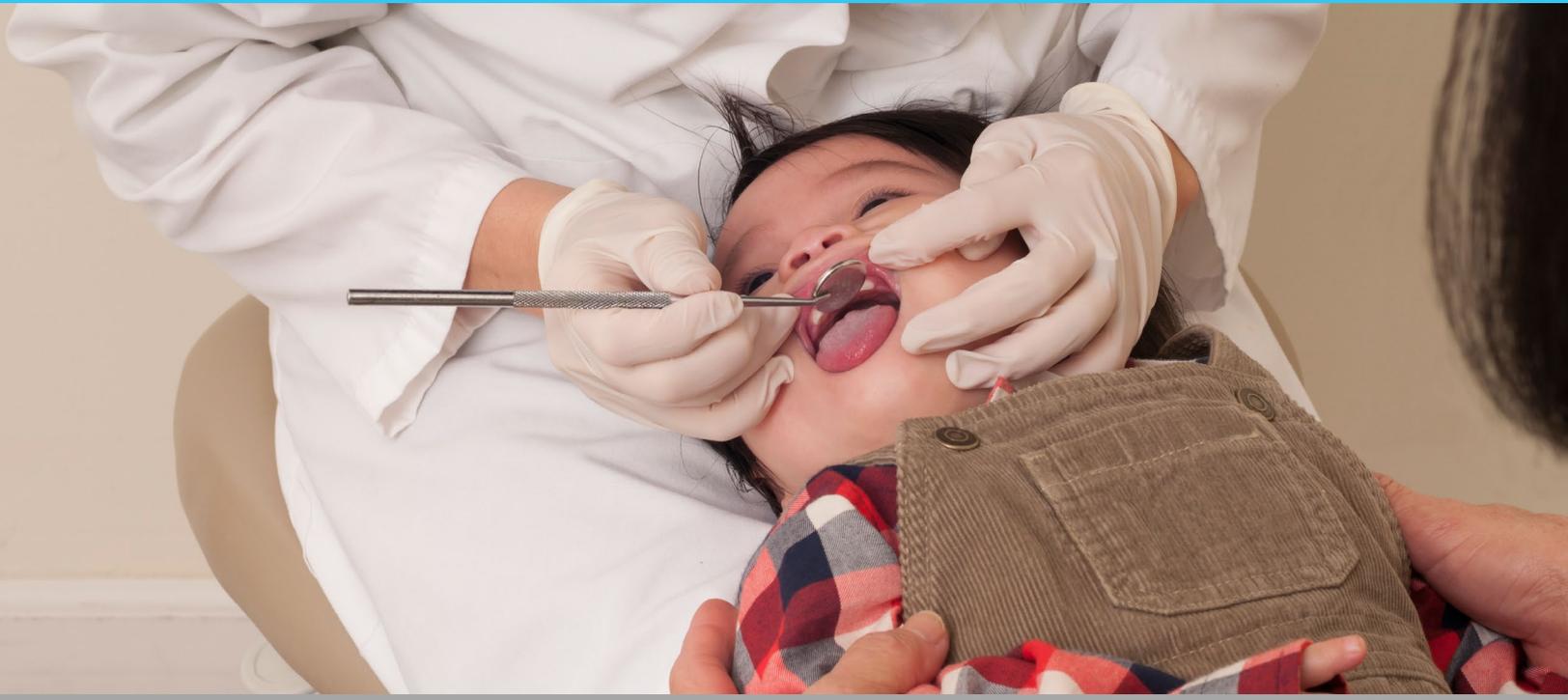
There is now a new way to sign your children in and out. Please make sure to use the iPad located near the cubbies or inside the door of the classroom, click on your child's name, sign and save! If you need any assistance, please let someone at the Family Worker desk or in the classroom know and they will be glad to help you!

This month the classrooms will be learning about balls and exploring all the fun that comes with them! Children will continue to go outside unless our weather chart indicates the heat is too dangerous. Due to safety concerns, please make sure your child has closed toe shoes on to help reduce tripping or falling.





# Healthy Habits for Happy Smiles

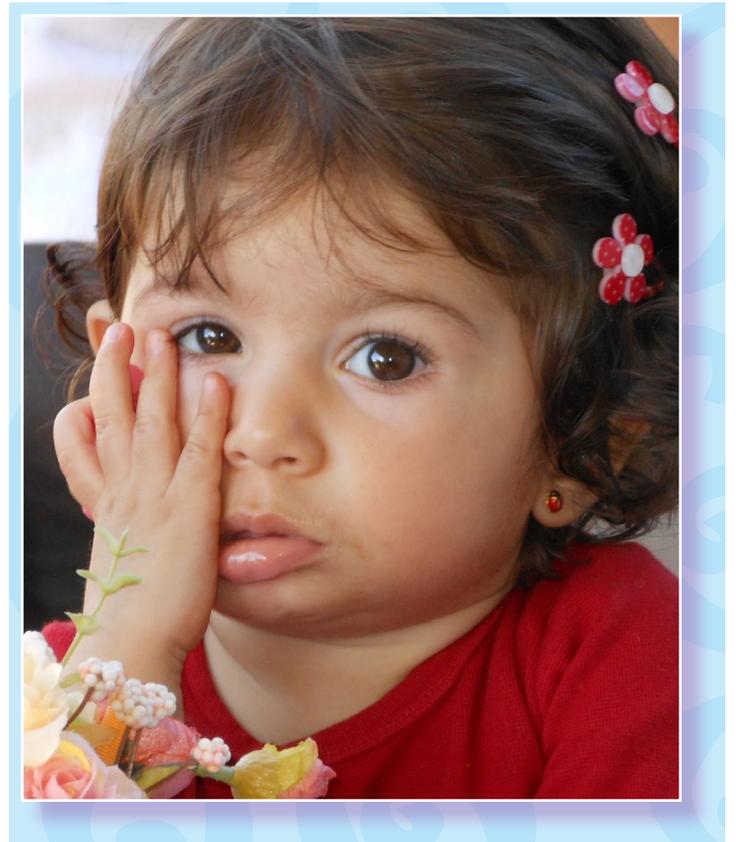


## Giving First Aid for Your Child's Oral Injuries

Injuries to the head, face, and mouth are common in young children. Even when parents do their best to keep children safe, oral injuries can happen. Most oral injuries happen when young children are learning to walk. The top front teeth are injured most often.



*School readiness begins with health!*



Tips to help you know what to do for common oral injuries:

- **Tongue or lip injured.** Clean the injured area. Press a clean washcloth on it to stop bleeding. Keep your child's head up and facing forward to prevent choking. Put ice, wrapped in a clean washcloth, on the area to reduce swelling. If bleeding doesn't stop after 30 minutes, take your child to your child's dentist or doctor right away. If the dentist or doctor is not available, take your child to the nearest urgent care center right away.
- **Tooth chipped or cracked.** Clean the injured area. Contact your child's dentist or an urgent care center right away. Have your child rinse with water, if possible. If there is bleeding, press a clean washcloth on the gum around the tooth to stop it.
- **Tooth knocked out.** Contact your child's dentist right away. Do not try to put a baby tooth back into the mouth. Clean the injured area. If there is bleeding, have your child bite on the area with a clean washcloth for 15 to 30 minutes to stop it.
- **Tooth knocked loose, moved, or pushed into gum.** If your child's tooth has been knocked loose, moved forward or backward, or pushed into the gum, contact your child's dentist or an urgent care center right away. Have your child rinse with water, if possible. Press a clean washcloth on the gum around the tooth to stop bleeding.
- **Toothache.** If your child has a toothache, it is likely that the tooth has a cavity. Make a dental appointment as soon as possible to find out what the problem is and get treatment.



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ADMINISTRATION FOR  
**CHILDREN & FAMILIES**



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