

Health History Form

Name: _____ Date: _____

What is the reason for your visit today? _____

Approx. date when problem began: _____ Briefly describe how it began: _____

What is your biggest goal for therapy? _____

How would you rate your current health? EXCELLENT—VERY GOOD—GOOD—FAIR—POOR

Please rate your ability to complete daily tasks: EXCELLENT—VERY GOOD—GOOD—FAIR—POOR

Smoke/chew tobacco (#/day _____)	Y / N	Stroke (date: _____)	Y / N	Pregnant (# weeks: _____)	Y / N
Drink alcoholic beverages (#/day: _____)	Y / N	Cancer (site: _____)	Y / N	Sexually Transmitted Disease	Y / N
Use of illegal substances	Y / N	Seizures/Epilepsy	Y / N	Rheumatoid Arthritis	Y / N
High Blood Pressure	Y / N	Bowel/Bladder Dysfunction	Y / N	Osteoarthritis	Y / N
High Cholesterol	Y / N	Acid Reflux or Ulcers	Y / N	Osteoporosis/Osteopenia	Y / N
Diabetes	Y / N	Bleeding Disorder	Y / N	Scoliosis	Y / N
Heart Attack	Y / N	Thyroid Disorder	Y / N	Chronic Pain	Y / N
Cardiac Bypass	Y / N	Hepatitis	Y / N	Recent Infection	Y / N
Pacemaker	Y / N	Kidney Disease	Y / N	Headaches/Migraines	Y / N
Congestive Heart Failure	Y / N	Lyme Disease	Y / N	Dizziness or Fainting	Y / N
Angina/Chest Pain	Y / N	Lupus	Y / N	Anxiety	Y / N
COPD	Y / N	Fibromyalgia	Y / N	Depression	Y / N
Emphysema	Y / N	Multiple Sclerosis	Y / N	Other mental health history: _____	Y / N
Asthma	Y / N	Other medical history: _____	Y / N		

If you answered YES to any of the above, please explain further: _____

Prior surgeries/injuries and dates: _____

Please list all prescription or over-the-counter medications: _____

Please list any allergies: _____

To the best of my ability, I have given and included all pertinent medical information.

Client Signature: _____ Date: _____

Health History reviewed by student therapist and licensed supervisor and used in determining plan of care.

Student Therapist: _____ Date: _____

Licensed Supervisor: _____ Date: _____