

## Leaving The Grind Behind - Trailer

She walked into the bathroom stall and closed the door behind her so she could have a moment to let the tears flow. The frustration of her boss's interaction was just a bit too much to take, but she wouldn't let him see her cry.

Scenarios like that happen every day to smart, hard-working women who feel they have no other option than to work for someone else. Although they are underpaid, the consistency of that paycheck is what keeps them going back.

Kathy Goughenour obtained a Master's degree because her boss told her she wouldn't advance in the company without it. When she told her boss of her accomplishment, he unapologetically said that she laughed and smiled too much to be promoted.

What her boss didn't realize was the gift he had given her. Kathy left her corporate 9-5 and struck out on her successful entrepreneurial journey, helping other women build their own successful Virtual Expert® businesses.

"This book is such a compelling story that stokes the fire within, your curiosity, the push to get beyond the 'if only' or 'what if' and take action. The writing is direct, generous, and witty - just like Kathy! From the aspiring VA to those that may need a refresher and gentle nudge to their next level of success, this book has something for everyone to learn and engage with to make their dreams a reality."

*-Karen Hansel, Invictus Enterprises LLC*

*Marysville, Kansas*

"Kathy's book included a lot of useful information on becoming a VA/VE. I loved the clear descriptions and explanations of what she was saying. She provides foundational information on starting your own business. The book captured as much of her personality that can be done with pen and paper. There is so much encouragement in every chapter! The case studies are great examples and so practical!"

*-Debrah Fisher*

*Birmingham, AL*

"I truly enjoyed reading Kathy's book on how to live a full life as a Virtual Expert®. The case studies were encouraging on how the program worked for both those that had prior VA experience, and those that had none. I feel that the message of finding freedom, fulfillment, and financial success is needed now more than ever when we are seeing a majority of employees unengaged in their jobs and not feeling fulfilled or valuable.]"

*-Sarah A Page, CEO, SAP Virtual Resources LLC*

*Superior, Wyoming*

It's time to read *Leaving The Grind Behind* by Kathy Goughenour

If you dream of the day you will be your own boss, grab your copy of *Leaving The Grind Behind* at [Amazon.com](https://www.amazon.com).