


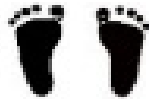


**SEPTEMBER ACTIVITIES**

		WEDNESDAY - SEPT. 1	THURSDAY - SEPT. 2	FRIDAY - SEPT. 3	
BILLIARDS: MON. & WED. 12 - 3; FRI. 8-3 TUES. & THURS. 11 - 3  DON'T FORGET 2021 MEMBERSHIP DUES - \$15		10:45 - 11:45 MERIDIAN LIBRARY 10:45 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	10:00 FIT & FALL 11:45 SENIOR GOLDMINE 12:00 LUNCH 1:00 HAND & FOOT	12:00 LUNCH 1:00 PINOCHLE  BINGO DOORS OPEN 4:30	
MONDAY - SEPT. 6	TUESDAY - SEPT. 7	WEDNESDAY - SEPT. 8	THURSDAY - SEPT. 9	FRIDAY - SEPT. 10	SAT. - SEPT. 11
 CENTER CLOSED	10:00 FIT & FALL 11:00 MOM & <u>DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS	10:00 KNIT & LOOM 10:45 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	10:00 FIT & FALL 12:00 LUNCH 1:00 - REGENCE SEMINAR 1:00 HAND & FOOT 1:00 BOOK CLUB	9:30 - 1:00 FOOT CLINIC 11:00 RICHIE KENT EXP. 12:00 LUNCH 1:00 PINOCHLE BINGO DOORS OPEN 4:30	 8:30 - NOON
MONDAY - SEPT. 13	TUESDAY - SEPT. 14	WEDNESDAY - SEPT. 15	THURSDAY - SEPT. 16	FRIDAY - SEPT. 17	SAT. - SEPT. 18
10:00 CHAIR YOGA 10:30 VENDOR TABLE H & R BLOCK 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	10:00 FIT & FALL 11:00 ALZHEIMERS SUPPORT GROUP 12:00 LUNCH 1:00 ART CLASS	10:45 - 11:45 MERIDIAN LIBRARY 10:45 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	10:00 FIT & FALL 11:00 COUNTRY ROADS W/BILL & CAROLYN 12:00 LUNCH 12:30 - 1:15 ATTORNEY * 1:00 HAND & FOOT	11:00 MUSIC BY ALI 12:00 LUNCH 1:00 PINOCHLE  BINGO DOORS OPEN 4:30	 "AND FRIENDS" 5:30 - 9 P.M. \$5 PER PERSON
MONDAY - SEPT. 20	TUESDAY - SEPT. 21	WEDNESDAY - SEPT. 22	THURSDAY - SEPT. 23	FRIDAY - SEPT. 24	
10:00 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	10:00 FIT & FALL 10:30 - 11:45 - BLOOD SUGAR TESTING * 11:00 PRIME TIME <u>SWINGERS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING	10:00 KNIT & LOOM 10:45 TAI CHI 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	10:00 FIT & FALL 12:00 LUNCH 1:00 - REGENCE SEMINAR 1:00 HAND & FOOT	11:00 THE LEFTOVERS 12:00 LUNCH 12:30 ASSOCIATION MEETING 1:00 PINOCHLE BINGO DOORS OPEN 4:30	
MONDAY - SEPT. 27	TUESDAY - SEPT. 28	WEDNESDAY - SEPT. 29	THURSDAY - SEPT. 30		
10:00 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	10 - 11:30 HEALTH FAIR 10:00 FIT & FALL 11:00 SENIOR <u>JAMMERS</u> 12:00 LUNCH 1:00 ART CLASS	10:45 - 11:45 MERIDIAN LIBRARY 10:45 TAI CHI 11:00 HEARTFELT <u>COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	10:00 FIT & FALL 10:30 GAIL CUSHMAN AUTHOR 12:00 LUNCH 1:00 HAND & FOOT 1:00 - IDAHO ESTATE PLANNING	FOOT CLINIC  STONEBRIDGE HOME CARE SOLUTIONS 208-866-3907 TEXT FOR APPT. *  	
VISIT OUR WEBSITE AT: <a href="http://www.meridianseniorscenter.com">www.meridianseniorscenter.com</a>		<b>* MEMBERSHIP REQUIRED</b>			