

La Jolla Montessori School

Toddler Parent Handbook

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Toddler Parent Handbook

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Welcome

Welcome to La Jolla Montessori School! La Jolla Montessori School provides an educational program of excellence based upon the original Montessori principles of humanity, focusing primarily on the fundamental law of self-construction. At La Jolla Montessori School the child develops his or her own will, self-control, concentration and intellect. Utilizing time tested Montessori principles engenders self-esteem, independence and a sense of responsibility. We are honored that you have chosen our school to nurture, support and love your child. Thank you.

Students of La Jolla Montessori School

La Jolla Montessori School currently accepts children ages 18 months to 6 years. Children begin their education in the Toddler environment at the age of 18 months and continue in the same environment until about 2 ½ or 3. When the child is ready, around this age, they can move on to the Primary environment. The Primary program is a 3 year program and includes Kindergarten. Children are ready for 1st grade upon completion of the Primary program. We offer a 5-day program for the toddler students, and you have the choice of a full or half day program.

Classroom Guidelines

The Montessori Environment is a prepared environment designed to aid your child in their search for independence, concentration and happiness. Children need an interactive, hands-on, educational environment to become self-motivated and successful learners. Here, children are free to explore with their senses in order to fully understand the world around them. **They are free to learn at their own pace.** We never push a child academically; the child learns through their own explorations and from others in their environment. Interaction with their peers in a real-life community is necessary. Children require ample time and space to practice and perfect their abilities. The Montessori materials provide children with a variety of interactive experiences including learning activities of practical life, sensorial, language, math, science, history, culture, art, etc. Dr. Montessori

found that children need more than just academics; they need to be allowed to explore their world and society.

Our classrooms are communities. The children care for the environment they learn in, along with the people within. Children will have a job within their community. Our school and classrooms only have one rule and that is the rule of respect. Respect fulfills so many needs within an environment. When a child follows the rule of respect, they will never say or do anything to hurt another child. With respect, the child will care for everything within their environment. Most importantly, with respect, the child will care for their own self. Respect will carry a child confidently and happily through the rest of their life. We ask that you help in fostering this respect. Respect comes in many forms. We respect people by listening to their words and looking them in the eye when we speak with them. We respect people by giving them common courtesies like saying "Excuse me", "Please", "Thank you" and "You're Welcome". We respect the environment by not throwing trash on the floor, by not harming animals, by caring for books we read, etc. These small considerations show respect and model respect for our children. This leads to a child feeling appreciated and cared for. Once a child feels respect, they will in turn give that respect to their immediate environment, including the animals and people within it.

Admissions Policy

It is the policy of La Jolla Montessori School to admit students without regard to race, culture, color, creed, national and ethnic origin, sex, religion or disability. When the parent or legal guardian of a child identifies that a child has special needs, the Head Teacher and the parent or legal guardian will meet to review the child's care requirements. La Jolla Montessori School does not discriminate on the basis of special needs. The program accepts children with special needs as long as a safe, supportive environment can be provided for the child. In staff hiring and student enrollment we encourage diversity.

Parents will be given a 30-day notification of any tuition changes. We ask the same of you. If you need to leave LJMS for any reason, please give the school 30 days written notice so that we may fill the spot. If you need to modify your daily or daycare schedule, please give us at least two weeks' notice to be sure we have the space to make those changes.

Consistent with our philosophy of providing the best and most relevant service, all admissions are on a trial basis. We reserve the right to observe and evaluate each child to see where he/she would best fit within our environment and without.

Dress for Success

We ask that you send your child to school dressed in comfortable, non-restrictive clothing. It is most important that the children learn to remove their own clothing if needed. This leads to confidence and independence. We know how adorable children's clothes can be, but it is in the best interest of the child that they wear loose fitting, casual clothes. Please dress your child in pants with elastic waists (no jeans/pants with buttons or snaps), roomy shirts and, if needed, short dresses (so the hem does not drag, get stepped on, or fall in the toilet!). Please do not send your child in onesies or overalls as this inhibits their independence with toilet training. Short sleeved shirts are preferable in order to maximize your child's success with their work in the environment. We also ask that you send your child with appropriate shoes. In contemplating shoes for your child, please buy something that they can put on and remove on their own, preferably Velcro or slip-on shoes. We also ask that you bring a pair of indoor shoes to stay in the classroom environment for the school year. These indoor shoes allow for independence as the child is helping to remove their outdoor shoes and put on their indoor shoes more than once a day. They also allow for a happy transitional time at the beginning of the school day because it offers a consistent routine they will become comfortable with!

Please bring three spare changes of clothing (socks, pants/shorts and top) and a package of wipes to your teacher. Your teacher will let you know when replacement items are needed. Please **label all clothes** brought to school, especially jackets as those are often misplaced. We urgently ask you: **Please do not allow your child to wear clothes depicting violent acts or cartoon characters** (like Thomas, Disney, Hello Kitty etc). It is very important that we keep La Jolla Montessori

School a neutral, friendly and non-distracting place and we do not condone violent play of any kind. Thank you.

Toileting Policy

We are happy to offer our support in the toilet training process. We recognize that children are capable of amazing things at much younger ages than they get credit for. And toileting is one of them! We offer a loving, natural environment for a child to learn to use the toilet all by themselves. Your child will have multiple role models as there are many others who are using the toilet with success each day. Once a child acclimates to their environment, we recommend sending them to school in underwear. Bring in several pairs and we'll consistently encourage and remind the child to use the toilet throughout the day. You'll be pleasantly surprised to find your child excitedly indicating when they need to use the toilet and learning how to pull down and up their pants. We want as much success and joy for your child in this development, so we'll work closely with you throughout the process. Before you know it your child will be using the toilet comfortably and will have such pride and joy in their accomplishment! For your information, we use the following terms when speaking to your child about this process: pee, poop, toilet, and bottom (and if necessary, to refer to: vagina and penis). Please be sure to follow suit so there isn't any confusion!

Arrival and Departure (no transportation services will be provided by LJMS)

School Attendance is required 5 days a week, except for holidays.

Please see the school calendar for details.

Toddlers

School starts promptly at 8:45

Please drop your child off between 8:30 and 8:45.

Half Day school ends promptly at 12:30.

Please pick your child up between 12:15 and 12:30.

Full Day school ends promptly at 3:00.

Please pick your child up between 2:45 and 3:00.

Every child entering LJMS is capable of walking into the school on their own two feet, and what a great feeling of independence when a child realizes that their parents trust them! Please do not carry your child in as this communicates a dependent message to the child and discourages independence. We ask that you park your car and walk your child through the Toddler playground gate to your child's classroom. Please make your goodbyes **cheerful and brief**. Make sure that when you say good-bye you tell them what a wonderful day they will have! If you show hesitation, then the child may feel that this isn't a safe or fun place and could feel anxiety. We want school to be a wonderful experience for each child and you can help in many ways. When it is time to pick your child up, please come to the same gate after parking your car.

When you drop your child off and pick them up in the afternoon, *please sign your child in and out on our sign in/out clipboard*. **This is a state mandated law.** Children must always be brought to school by a parent or other authorized adult and be signed in. Sign-in sheets are located in the classroom. You must record the correct time and sign your full name when you bring your child in and at the end of the day. **A child who appears to staff to show signs of illness may be excluded from class and will have to be taken home.** We will not allow your child to go home with anyone who is not on your emergency card, so please do not send anyone to get your child who is not on this list. Anyone on your emergency list picking up your child must have their ID ready to show the Teacher every time. The time of arrival and departure with your signature next to each is required everyday. Please note that we will charge a late fee for late pick-ups. Our rate is \$15 for the first 5 minutes and \$1 per minute thereafter. Please be prepared to pay this fee upon picking up your child.

If you arrive early for school in the morning, please park in the lot and wait with your child. When school starts you may walk them to the school door, say a brief and happy goodbye before allowing them to walk in independently. If you arrive after the class start time (8:45), please drop your child off at the office and we will walk them back. Please be sure to arrive on time (not early or late) to pick up your child after school as we have many different schedules for pick-up. It is very important

that there is order at pick up and drop off times to keep the children safe and happy. Please make sure that everyone in your family understands the importance of these requests, including nannies, grandparents and anyone else who may possibly bring your child to school or pick them up. Thank you.

Extended Day Program Options

La Jolla Montessori School offers an Extended Day Program (EDP) before and after school to all students. Parents may drop their child off at school at 7:30 in the morning and they may also use our EDP services after school until 5:30 pm. The prepaid EDP rate is \$7 per hour. Please note that we will charge a late fee for late pick-ups. Our rate is \$15 for the first 5 minutes and \$1 per minute thereafter. Please be prepared to pay this fee upon picking up your child. Please fill out an EDP application/schedule to let us know your needs each month. We charge \$9.00 per hour (and any part thereof) for drop-in EDP. Please call the front office 24 hrs. in advance to check for availability for drop-in EDP.

Student Attendance Policy

Dr. Montessori found through her observations that children have a great need for order. Children need firm consistency and repetition to find their boundaries and limits set upon them by their environment and our society. In respecting this need of the child we would like to stress the importance of your consistent and prompt arrival to school every day that your child is well. If you are having a hard time getting your child out the door in the mornings please see the Administrators as they have many helpful ideas. It is also very important that your child comes to school everyday that they are well so that they will feel more comfortable as they are familiar and happy within their environment.

Ill Health Policy

The School's Health Policy and STATE LAWS REQUIRE that you KEEP YOUR CHILD HOME if you notice **any sign of illness** such as temperature, sore throat, headache, excessively runny nose, cough, diarrhea, vomiting etc. **within 24 hours of class time** (with no exceptions, even a Doctor's note). Your child may return to school when they are symptom free (without medication) for 24 hours. If your child needs to stay in from outdoor activities, it is best to keep them home. It is very difficult to keep one child inside while the others are all outside. We will ask any child that we see to be sick, unhealthy or contagious to be picked up and brought home immediately. We understand how hard it may be to take off work, but please consider how unhappy your child feels at school when they are sick and uncomfortable. If a child spends one extra day resting during an illness, it is probable that they will heal more quickly. Please keep your child home during signs of illness. Please let us know if your child has any contagious disease, such as chicken pox, whooping cough or measles, so other parents can take necessary action. We are required by law to keep records of contagious diseases. Additionally, if your child has suffered a more serious injury (broken/fractured bone, reactive bee sting, concussion, etc.) please see the Director before attendance for specific guidelines on returning to school. Thank you.

Entering the Classroom

It is very important that all adults understand a very important aspect of the Montessori environment. Dr. Montessori saw (and we still see today) that our world, our society is made for adults. Everything the child comes into contact with is adult-sized and it is very rare for children to have real things of their own. A Montessori environment is created solely for the children. Every single thing is made with a child in mind. Even the teacher's desks are very small so that they blend into the environment. The pictures are hung at the child's eye level. The lamps, chairs, tables, shelves and materials are all made specifically for children. Most importantly these are real objects, not plastic, but real wood, glass and metal objects just like adults use. You can begin to see what a wonderful sanctuary this is for children! We call this place the "Children's House" and the teachers understand that they

intrude upon this special space and try to always kneel or sit. The children understand quite quickly that this is their place and when adults enter their environment they become uncomfortable. We ask you, please, to stay outside of the classroom. We have created spaces for parents to observe their children and the classroom. It is a special privilege for parents to use the "observation chair" which is placed just inside the classroom door so that the parents will not be distracting the children from their work. Please use this chair for quiet, reflective moments of pure observation. If you need to come in to the room for any reason, please come to the office and allow an office staff person to get the teacher if needed. Please make sure that everyone in your family understands the importance of this request, including nannies, grandparents and anyone else who may possibly have contact with our school. Thank you.

Medication and Medical Emergencies

If your child must use medication during school hours you may bring it to the office at the appointed time and administer it yourself. We do not have a nurse and are not allowed to give medication to the children. Please do not send medicine in lunch boxes, as other children will have access to it. Please refrain from sending cough drops if possible. Thank you.

If your child requires an Epi-Pen for an allergy, please be sure your Pediatrician indicates as such on the Physician's report and bring two (2) Epi-Pens to the front office before the first day of school. We will keep one in the classroom's first aid kit and one in the daycare room's first aid kit. Please bring all relevant paperwork from your doctor to be included.

If your child has a medical or dental emergency, we will first call the necessary emergency services and then contact the parents. If a child needs to go to the hospital, then a staff member will accompany them if a parent is not available and stays until the parent has arrived. It is very important to completely fill out your emergency information paperwork so that the staff can call anyone needed in an emergency.

Field Trips

As the children are quite young, we will not be going on field trips as a rule. If an event does come up, then we will provide you with rules, regulations and transportation arrangements as needed.

Nutrition/Lunch

As you can imagine we stress healthy snacks and lunches for you and your children. We offer snacks of fruit, grain, vegetables or dairy every morning and afternoon. We try to introduce your child to many new fruits and vegetables so they may discover what they enjoy. We ask the same of you for breakfast and lunch.

Breakfast is a very important meal in the day and we ask that your child get some form of protein during breakfast as they are expending a lot of energy during school. Fruit is also important as it is a complex carbohydrate and will last longer than the quick fix of pop tarts or other like items. We suggest eggs, whole grain breads or muffins, fruits, hot cereals, and yogurt as a good start to the day. These foods have "staying power" and your child will be happy to work all morning. Proper food will feed the brain, allowing it to function at a higher level!

We ask for the same nutrition at lunch. Please send your child to school each day with a nutritious lunch (LJMS only provides snacks). Please send **Protein:** meat, fish, chicken, boiled egg, yogurt, cheese, cottage cheese, almond butter etc., **Vegetables:** carrot, tomato, celery, cucumber, jicama, peas, corn etc., **Fruits:** banana, apple, orange, grapes, melons, peaches, plums etc., **Grains:** please send whole grain foods and seeds (no loose nuts). Please cut food into bite size pieces for further independence of the child. When a child does not like a food in their lunch box, we will wrap it back up and send it home to you so that you may discuss with your child why they did not like it and therefore not send it again. We request that you do not bring desserts to school. The Montessori method has a strong base in real-life activities and materials. For this reason, we ask that you supply "real" and healthy items in your child's lunch, not heavily processed and packaged foods like lunchables and go-gurts. Thank you.

Items from Home

We know that some children feel the need to bring things from home to school, whether for comfort reasons or just to share with friends. We do understand this need but have seen the unhappy consequences of allowing this. Please discourage children from bringing anything to school from home. If something does come, we will hold it for the child outside of the classroom. Too often others touch a child's favorite toy or animal, which will often cause the owner distress. Please avoid this by leaving all cherished items in the car. Thank you.

Parent Communication and Participation

Unfortunately, the teachers are not available to discuss in detail your child's day at arrival or dismissal time as that time is needed to say hello and goodbye to the children. If you need to speak with your teacher you may call the office to leave a message for the teacher to call you back during naptime, their break or after school, you may send a note into school with your child asking the teacher to call you, or you may call the teacher before or after school each day. Each teacher has also made their email address available for parents to contact them. Open and ongoing communication with all our families is of the utmost importance to us. Parent participation takes many forms: observing your child in the classroom setting, sharing one of your talents or skills with the class; assisting with material preparation, field trips or fundraising activities.

Grievance Policy

If a parent is having a problem with any aspect of the classroom, then we ask that they first meet with their child's teacher to discuss the issue. If the issue cannot be resolved then a meeting should be set up with the parent, teacher and Administrator. If the parent is still not satisfied with the Administrator's end decision, then the parent should notify the Board of Directors in writing. Parents should follow the same procedure if unsatisfied with a policy or program at La Jolla Montessori School.

Discipline Policy

Each teacher finds their own voice when it comes to disciplining the children. We do not believe in punishments or "time outs" for a child having problems working, concentrating, listening etc. We understand that toddlers are still learning to talk and that they will often use their hands to get a message across. The teachers constantly work with the children to encourage speaking their happiness or displeasure with another child. This is why the ratio for toddlers is so low (6:1), it takes energy and time to model the correct words and behavior for each child. We know that each teacher will find a way to help the children through any problems they may be having. The Director is always available to consult or brainstorm new ideas for working with children. There are only certain times when a teacher may have to rely on removing a child from the environment and that would be when a child's behavior is disruptive, cruel or unsafe to the child or others. These behaviors cannot and will not be tolerated by the staff of La Jolla Montessori School. If we have a child continuing to be unsafe after we have explained our concerns to them, then they will be removed from the classroom. We cannot endanger other children. We stand by our non-negotiable discipline on aggressive behavior. Every time a child is physically aggressive to another person they will be removed from the immediate environment. If their aggression is severe (example: multiple biting or hitting incidences) we will ask you to meet with the Teacher and Director to discuss the possibility of using a shadow to correct the behavior or the child's removal from school. We feel this is so important for the safety of all the children in each environment. There will be no corporal punishment or violation of children's rights at La Jolla Montessori School.

Birthdays/Holidays/Celebrations

On each child's birthday (or a date of your choice if their birthday is not during the school term), your child may bring a special educational gift for the classroom (like a special book). Please ask your child to wrap their gift and present it to the classroom on their special day. The child will then be allowed to open it and share it with all of their friends.

Please do not send party invitations or gifts to distribute as this causes hurt feelings if each child is not included in your child's "out-of-school" birthday celebration. We recommend using Evite and will provide email addresses as needed.

On the date selected for your child's celebration, the children sit together as the teacher shows pictures of your child's life so far. We ask that you prepare a page of pictures so that we can all see what your child looked like when born as they grew to two! Children enjoy hearing about their life no matter how many times it is done. We will take good care of the pictures and return them to you after the pictures have been on display for a week or two. In ensuing years you will add on to the story and send the same pages plus one for the next year's celebration in the primary program. Please see your teacher for more information and please make all celebration arrangements in advance with the head teacher.

Religion

La Jolla Montessori School has no affiliation with any religious orientation or organizations.

Smoking/Drugs/Alcohol

SMOKING, DRUGS OR ALCOHOL IS NOT PERMITTED ON SCHOOL PROPERTY AT ANY TIME.

Soliciting

There shall be NO soliciting on the premises except by salespersons previously cleared by the Administrators or Board of Trustees. The school roster is for personal use only and may be not used for solicitation unless approved by the Administration.

Parent Handbook Agreement

*Please sign and return this sheet to the LJMS office within two weeks of receiving your handbook.
If you have any questions, you may address them with the office at that time.*

I, _____, have read and understand the information outlined in the La Jolla
Parent/Guardian

Montessori School Parent Handbook. By signing below, I agree to follow the policies and procedures described in the Handbook.

Signature _____ Date: _____
Parent/Guardian

Signature _____ Date: _____
Parent/Guardian