



## Welcome to the 4th Annual Middleton Turkey Trot 5k!!

We are so excited to share our Thanksgiving morning with you while raising money for the Middleton Food Pantry and Middleton Veteran's Services! We're over 400+ pre-registered as of today and are confident we'll reach over 500 participants come race day, our BIGGEST turnout to date!!! Woohoo!!!

As we gear up for race day, below are some details you should know to ensure a pleasant racing experience from start to finish.

### Race Snapshot

**When: November 25<sup>th</sup>, Thanksgiving Morning**

**Where: Flint Public Library, 1 S. Main Street, Middleton, MA**

**Start Time: 8AM**

### Pre-Race Packet Pick-Up

Please pick up your race numbers, shirts, etc. at our packet pickup/cocktail social the night before the race from 4-6PM at TrueView Financial located at: 259 S. Main St., in Middleton! (\*Yes you can pickup for your friends)

**Wine, Beer, and Appetizers will be served!** This is a chance to celebrate our community and meet all the good folks involved.

\*We will be collecting dry food/canned foods for the Food Pantry here and on race morning.\*

Parking is available on the side street between TrueView & the Mobil Gas.

## **Race Day Packet Pick-Up**

Race day packet pickup will be open from 6:45AM-8AM inside the Library.

## **Race Logistics**

The library will be opening at 6:45am for people to hang out and utilize the indoor bathrooms if needed. At the start line, we'll ask all those participants seed themselves by pace, and kindly request all strollers, walkers, and all 4-legged friends to line up behind all runners.

## **Race Course**

Race starts & finishes behind the Flint Public Library. Picturesque 5K (3.1 mile) lollipop racecourse on combination paved and dirt roads. Some rolling hills. Course follows the Middleton Pond on paved road for approximately .7 miles before turning into a hard-packed dirt road for another .5 miles. Course will make 1 large loop around residential back roads then return to hard packed dirt and paved along the pond for the last 1.2 miles.

## **Water/Hydration Stop**

We will have 1 water stop sponsored by our friends at CrossFIT WICKED shortly after the one-mile mark before the loop, so runners can get a drink before and/or after the loop. If you choose to bring your own fuel, please do not litter.

## **Race Day Parking**

Parking will be available at the lots at Howe-Manning School, behind Memorial Hall and Middleton Green (1 Central St). Overflow parking will be at Angelica's Restaurant located at 49 S Main St, Middleton, MA. Wheelchair accessible parking will be permitted at the Library's 7 spots on Pleasant St.

## **Porta-Potties**

There will be 3 additional porta-potties on the grass by the starting line and bathrooms inside the Library.

## **Awards & Post Race Festivities**

All race finishers will be given a finisher medal at the Finish Line. We'll be starting awards at approximately 9:15AM.

## **Cash Purse: \$450**

1st place M/F Overall: \$100

2nd place M/F Overall: \$75

3rd place M/F Overall: \$50

## **Awards:**

Top M/F overall runner

Top 3 M/F in each of the following age groups: 12-under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

Largest Team

Fastest Team (2+ people, not gender specific)

\*\*No Double Dipping

Water, coffee (Starbucks!), cocoa and tea as well as bagels from our sponsor Bagel World, bananas, Kate's Real Bars and some other treats will be available post-race for all to enjoy!

## **Race Swag**

Long sleeve race shirts were guaranteed to anyone pre-registered on or before 11/14. After that date shirts will be distributed by your registration date. No shirts will be held or mailed out post event if you do not pick them up.

We'll be selling other Turkey Merchandise including pom-pom hats, masks and fleece beanies at pre-race packet pickup and on race morning. (CASH/CREDIT/CHECK/VENMO)

## **Donation Request**

We are requesting that each race participant bring a canned good/dry good to be donated to the Middleton Food Pantry. If we can all remember to bring one item, we will be donating upwards of 500 canned goods during this particularly important time of year. These can be brought to pre-race packet pickup or on race morning.

## **Thank You To Our Sponsors**

### **TrueView Financial – Presenting Sponsor**

JC Fence, BLC Financial, EXIT Realty, Magical Beginnings, Stair Hopper, Middleton Family Dental, NewFed Mortgage, DiMauro Chiropractic, Middleton Family Medicine, HD Physical Therapy, Goddard School, InMotion Fitness, Richardson's Ice Cream, D&M Civil, Elite Realty Investment, Epic Plumbing, Winfreys, Teresas, Pesce & Associates Attorney At Law, Draper &

Kramer Mortgage, Bagel World, Rizzos, Salem Five Bank, Middleton Karate, Eternal Massage, Crossfit Wicked, Epic Plumbing & Heating and Btone Fitness.

## **Questions**

**If you have any additional questions, please email [info@high5em.com](mailto:info@high5em.com) or call 978-594-7050**

See you on Wednesday at packet pickup or on Thursday morning.

High5!

The Turkey Trot Team