



D&D SPORTS MED
DENTON • SANGER • AUBREY

Dry Needle Therapy

Low risk, inexpensive treatment option with minimal to no pain at all



Effective in managing pain associated with:

- Neck pain
- Back pain
- Shoulder pain/ Frozen shoulder
- Headaches/Cerviogenic headaches
- Knee pain
- Hip pain
- IT Band syndrome

Call us at D&D for more information or to schedule your next appointment

Dry needling is used to treat pain and dysfunction caused by muscle problems, headaches, and some nerve problems

How it works

- Dry needle therapy changes the way your body senses pain (neurological effects), and by helping the body heal stubborn spasms associated with trigger points (myofascial effects).

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