



Next CBC Meeting - August 19, 2019

The Tailwind 080719



CYCLE SEQUATCHIE

Good news! The **Lyndhurst Foundation** is going to give us funds to help pay for the **Cycle Sequatchie post-ride farm-to-table lunch buffet!** And **Village Volkswagen** is going to sponsor the **Cumberland K.O.M. Challenge**. They're also going to donate some prizes for the winners of the challenge and have offered the use of their vehicles for our course marshals.

We're still short on volunteers but at least we're finally getting some big ticket sponsors. Progress!

I know the Cycle Sequatchie seems a long way off but it will be here before we know it. CBC is responsible for this event and we need participation from our members. We need volunteers. We always had great support from our members for the 3-State and we need it again for this event. [You can find a list of volunteer opportunities for the event by clicking here.](#)

We still need more volunteers!

In addition to offering a fun cycling event for both locals and out-of-towners, the ride will serve as the primary fundraiser for the club, much as the 3 State 3 Mountain Challenge was for many years. As a first-year event, our expectations for revenue are modest, but we believe the ride has great potential to turn into a significant fundraising event.

To reach that point, we need this first year to be a success. So please help us spread the word about the ride, and consider getting involved as a volunteer. [You can find a list of volunteer opportunities for the event by clicking here.](#) All volunteers will receive an event t-shirt along with lunch & beer tickets!

We are especially looking for help with the rest stops and would love to have someone step up to help with recruiting & coordinating the volunteers. If you would like to take a lead role at a rest stop or with the volunteer effort as a whole, please let us know and we'll get you plugged in!

Of course if you want to do the ride, by all means [sign up!](#) We want all of our club members to participate in whatever way feels right.

You can find more details about the event at: CycleSequatchie.com

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Shannon Burke
Velo View Bike Tours
veloviewbiketours.com
423.834.8388
Join us OCT 5th for Cycle Sequatchie!



**Boom Days/DeSoto State Park Bike Weekend
September 19-23**, 2019**

SAVE THE DATE!!! (See Latest update: at end of writeup)

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The Boom Days Celebration in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! ****YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS****

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

Latest update:

September will be here before we know it! Time to lock down your plans for a fun weekend.

Supported bicycle tour to the park from Chickamauga (52 miles) or drive directly to the park. Rides available every day!

There are still some campsites/cabins/lodge rooms available. You are responsible for your own reservations. Check the DeSoto Falls State Park website:

<https://www.alapark.com/parks/desoto-state-park>

Camping only dates are September 19-22

Bike tour plus camping dates are September 20-23

**In order to organize the weekend, please contact Peggy Olson to let her know you're coming and where you're staying. (also with any questions)

pbiker10@yahoo.com

(920) 412-0999

New database shows best cycling routes in area

Bikeways of the Scenic South—www.scenicbikeways.com—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearance**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

George Perry's **Trickem Route**, lead by Peggy Olson. George's routes are always fun but this is an especially fun one. The route's southern point is almost the northern point of the Pocket ride's route. Just a beautiful area. Front row: Peggy Olson, Pete Williams, Sharon Tingley, David Bennett. Second row: Mike Hartline, Patti Nihells, Windy Scott, Daisy Blanton, Beverly Short and Chuck (photographer).



Beverly Short leading the climb on one of the many hills.



Same folks from behind. Patti Nihells in back.



Chuck's CBC Friday Riverwalk Ride. Down by the Lilly Pond.

The riders on the Riverpark Leisure 20-30 on August 2 were: John Oakey, Mike Hartline, Dennis Jones, Fred Buttner, Marty Pinson, Kerry Kerlin, Brandi Jones, Sue Newton, Beverly Short, Gray Fletcher, Howard Rowe, Peggy Olson, Joe Wheeler, Patti Nihells and Chuck (photographer). Daisy Blanton arrived later.



The **Pocket Ride** was really good as always. It was getting really hot on the way back up E Armuchee Rd so some of the riders went on. We never got a group picture. Just a few taken along the way. Patti Nihells and Peggy Olson at the entrance to The Pocket.





Some of us stopped to cool off after the hot ride up E Armuchee Rd and before the ride back to the start. Patti Nihells, Daisy Blanton, Teresa Huckaby, Sharon Tingle, John Oakey, Mike Hartline and Chuck (photographer).



On our recharge stop at the Farmer's Market last **Sunday, the Riverwalk Gang** posed with longtime market vendor Bob "The Saw Man" Maddox. Well into his 80s, Bob has been playing the Musical Saw since he was 13 (used to also play the sax, but arthritis took that skill away). While obviously an old time instrument that probably not too many people play anymore, Bob has added current technology to his performance.

If you look closely at the pic, you can see a cell phone strapped to his right knee which is connected to a Bluetooth speaker attached to his hip. The phone plays background tracks that enhance his live Saw presentation.

Very interesting fellow to speak with. You may connect with Bob via RobertTheSawMan@gmail.com. If you get over to Famer's Market any Sunday between now and October, he will most likely be there – playing his heart out.

Kerry Kerlin, Mike Hartline, Shane Ham, Bob "The Saw Man" Maddox, Sue Newton, Patti Nihells, and Rich Rudner (Chuck "Chicken Man" Puglisi took the pic).



We rode to **Catlett Gap** on Tuesday. (Another of George Perry's many routes.) It was a really nice, short and sweet ride. We finished just as it was beginning to get hot. It had been overcast for most of it. Tony Thompson, Art Thompson, Peggy Olson, Patti Nihells, Beverly Short and Daisy Blanton (photographer).



Unfortunately Tony Thompson had a flat. But he was so fast at fixing it that he was thru before I returned from looking for a proper woods spot. Gave us all a welcome break.



Weekly CBC Birthdays

August 8 - August 14

Danny Heithold, 8/10; Gary Jamerson, 8/11; Joe Lodato, 8/14

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of August

Kathy Barton, Steve Harwood, John & Chris Vass

Membership Renewals Due in the Month of September 2019

Larry Akens, Walt & Vanessa Amador, Tom & Susan DuBose, David & Kathy Eargle, James & Melissa Gill, Calley Hornbuckle, Doug Irish, Stef Nemeth, David & Joyce Nesbitt, Scott Packer, Richard Sacilotto, Lisa Simmons, James & Virginia Trimble

[Renew Online](#)

2019 May CBC Meeting Minutes & 2019 July CBC Meeting Agenda

2019 June Annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/June-2019-mtg-minutes.pdf>

2019 July annual meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/CBC-General-meeting-agenda-7-15-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities

<https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, Aug 8, 9:30 AM - Urban Ride - Big Biscuit Ride - Bring your climbing bike for this favorite! We're going to the Big Biscuit!

Ride time is 9:30am from the Herbert Fry Center, on the Riverwalk. We'll warm up a little bit before we climb up and over Missionary Ridge on Crest Road to get to the Big Biscuit for a treat. (Their strawberry shortcake biscuits are awesome!) After that, we'll wind around to St. Elmo and Downtown Chattanooga to get back onto the Riverwalk. This is a 33 mile, no drop ride. We will regroup often during the climb and stay together as a group for this ride. Our overall average will be 11-13mph.

Here is the route on Ride With GPS:

<https://ridewithgps.com/routes/26775009>

Bad weather or poor road conditions will cancel this ride.

Ride Leader: Peggy Olson, pbiker10@yahoo.com, (920) 412-0999

Thursday, Aug 8, 6:00 PM - Battlefield - A, B, C Groups -

A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, Aug 11, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the

Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit

higher!<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Aug 10, 8:30 AM - NOT the Autour de Lookout - No mountain climbs here! But that does not mean this route is flat either. This is a tour of Chattanooga Valley, Chickamauga, and the Battlefield before returning thru St Elmo. We'll leave a half hour before the GFP folks do their thing and will follow the same route for 1st 9 miles or so before doing our own thing.

RWGPS app & GPS download are here >>>> <https://ridewithgps.com/routes/30768375>

Cindy & Lou might have lunch at Mojo Burrito after the ride. Daisy will.

DETAILS

- 8:30 am
- Food City - St Elmo, 3801 Tennessee Ave, Chattanooga, TN
 - 35 miles MOL
 - Expected pace at ride's end ... 11-13 mph
 - No drop ride
 - 1 Store stop about mile 15

Ride Leader >>> Lou Pape (423 580 3691)

Saturday, Aug 10, 9:00 AM - Autour de Lookout - This is a repeat of the ride led by Thomas Hand back in February.

MEET: Food City St Elmo Parking Lot --- To the left and behind the gas station island as you enter the parking lot...near the eastern edge of parking lot.

THE RIDE: See Link. Just under 50 miles. We head to Route 136 via back roads through Chattanooga-Chicamauga Valley. Over Lookout via 136 into Trenton, then back roads to Lookout Valley; back to St. Elmo via Cummings Highway.

- Store stop at mile 16 just before start of climb.
- 14-15 mph average (Much slower on climb! We'll regroup at top).
- No Drop, but please be capable of maintaining the stated pace.

Ride Leader: Sharon Russell 423-240-2700; slr.tnruss@gmail.com

Sweep: Peggy Olson, pbiker10@yahoo.com, (920) 412-0999

<https://ridewithgps.com/routes/30749943>

Sunday, Aug 11, 10:00 AM - Sunday Riverwalk/Downtown Group Option Ride - Riding downtown Chattanooga and nearby areas on Sunday – when vehicles and people are minimal – becomes really enjoyable. In fact, downtown transforms into this glorious "ghost town" where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride.

This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark's Hubert Fry Station, but the riders may select from routes such as:

Touring Fort Wood – lots of older, restored homes and businesses.

Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Rich Rudner, 954-261-1828 - rudherr@comcast.net

Ride Length: Approx. 20 miles

Average Speed: 11-13 mph

Rest/store stops: Available

This is a no-drop ride.

Monday, Aug 12, 6:00 PM - Beginner Ride - Note: At the time of the newsletter, we did not have a ride leader for this ride for this week. Check the CBC calendar before coming to be sure there will be a leader.

Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break?

Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun!

Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Leave from the parking lot across from the Friends of the Festival office, 180 Hamm Rd, Chattanooga TN 37405.

Monday, Aug 12, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop. Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rw.tnruess@gmail.com

Tuesday, Aug 13, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

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