



*Next CBC Meeting - Mar 18, 2019*

The Tailwind 031319

**CBC Board & Membership Meeting, 6:00 PM, Monday, March 18**

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
  - There will also be an Outreach Discussion.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner.
  - [Current Executive Board Meeting Agenda](#)
    - [Outreach Discussion Agenda](#)

**Spring Fling - March 30, 2019**

Beverly Short, 423/667-9690, [bbshort@comcast.net](mailto:bbshort@comcast.net)

You're Invited to the CBC's Annual

## SPRING FLING CELEBRATION

3 rides: Beginning at 11:00 Intern at 9:00 Long ride at 8:00

**Where:** Soddy Daisy Ballfields &  
Community Center (lunch)

**When:** SATURDAY, March 30th

**Time:** Your ride time Plus  
Lunch from 1 to 3:00

**CONTRIBUTION:**

A crock pot of spring SOUP or  
A bowl of spring SALAD or  
dessert

*Contact Beverly Short or Patti Nihells with your  
contribution choice by March 22.*



### New database shows best cycling routes in area

A new online database highlights tested, safe and scenic cycling routes at a variety of distances in the Sequatchie Valley.

Article in the [Times Free Press, Tues, Feb 12.](#)



### CYCLE SEQUATCHIE

CBC and Velo View Bike Tours are introducing a new cycling tradition in *Sequatchie Valley*! And although this new ride doesn't hit 3 states, it does offer **4 route options** with as little or as much climbing and mileage as you'd like, including a 3-mile timed K.O.M. challenge with prizes!

We've also eliminated all of the urban and industrial sections (no train tracks!), and added a **farm-to-table post-ride lunch** and **outdoor expo** at the finish line. Plus we're lining up a number of activities for non-cycling spouses and families. *There's something for everyone!*

Join CBC and Velo View Bike Tours in Dunlap on **OCTOBER 5th** for the first annual **CYCLE SEQUATCHIE**! Only half an hour from town but a world away from the traffic. Check out [CycleSequatchie.com](http://CycleSequatchie.com) for more info and to sign up!

#### **Annual Cleveland Circuit Ride Announced**

Johnston Woods

Saturday, April 27, 9am

The Cleveland Circuit Ride (CCR) is a fundraising bike ride with three courses through southern Bradley County along the foothills of the Smokey Mountains from which to choose: 25, 50, or 100 km.

In partnership with local businesses like Scott's Bicycle Centre (423-472-9881), the CCR raises money for Family Promise of Bradley County, with all proceeds benefiting the organization. This is a fully supported road ride with SAGs and mobile units on all three courses to assist riders when needed on an unbelievably flat route (for SE TN).

Family Promise is focused on the needs of homeless families; providing both shelter and comprehensive case management necessary to make a family self-sufficient and able to stand unassisted (many of whom return to help uplift others).

The CBC encourages its members to support as many charitable rides as possible. So please try to put this ride on your Spring calendar.

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### Up the Creek, Rome, GA, April 27, 2019

Up the Creek is back for the 29th consecutive year on Saturday, April 27. One of the best rides in all of Georgia for almost 30 years, UTC offers four scenic routes that roll throughout beautiful Northwest Georgia-32, 53, 71, and 104 mile distances. The ride leaves and finishes in downtown Rome, thereby promising great amenities like ample parking, post-ride showers, fabulous local bars and restaurants, and the chance to catch your breath after the ride in the heart of Rome's Town Green. Back again by popular demand, homemade strawberry ice cream at the last SAG stop to tide you over as you roll back to the Forum.

Route distances: 32, 53, 71, 104. <https://www.itsyourrace.com/Event.aspx?id=6484>

**Editor's Note:** In order to provide as much advance notice as possible, we will be using this space to promote area rides on an ongoing basis. The CBC urges all ride sponsors to provide event information as soon as their rides are scheduled.

### New CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>

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**Jerseys, T-Shirts & Socks are available in the CBC Store**

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to 'Clearance' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

**Outdoor Chattanooga**

**Bike the Bunkers**

**Monday, March 18 | 9:30-11:30 a.m.**



Join Outdoor Chattanooga on a guided and equipped "bunker bicycle tour" along the paved trail system at Enterprise South Nature Park. During the 6-mile group ride, Park Rangers will offer a commentary on the history and happenings of the 2,800-acre wooded park that was once used as an old Army Ammunition Plant. This tour is considered an intermediate/moderate bike ride that contains hilly climbs and descents. We ask that participants be confident bike riders. This program is not appropriate for riders using training wheels, e-bikes, tricycles or novice riders. Bring your own bike and helmet or borrow one of ours at no additional charge. Ours bikes are appropriate for riders 5'2" to 6'3". Please make your selection during the check out process. [Register online here](#). For more info or questions call 423-643-6888.

[Bunker Bicycle Tour](#)

**March 18 – Traffic Skills 101 for Bike Commuting – Learn to “drive” your bicycle in traffic**

Learn the rules of the road and riding techniques to be a confident and predictable commuter. Class offered the 3rd Monday of each month. Cost: Free. Our League of

- American Bicyclists Certified Instructors will teach:
- TN State and Chattanooga laws pertaining to bicycles
- Lane positioning and changing
- Signaling and scanning

-Basic bicycle safety and helmet check

Class will be followed by an optional practice ride (in good weather). Open to adults and kids ages 14 and older (when accompanied by an adult). All participants must be able to ride a bicycle.

Don't know how to ride? Come to our monthly Learn to Ride class (2nd Mondays)

Pre-registration is required. Register and learn more:

Email: [info@newoc.mycha.co](mailto:info@newoc.mycha.co) . Call: (423) 643-6888.

**Mountain to Town**

**Thursday, March 21 | 1 - 4 p.m.**

Join Outdoor Chattanooga for a guided downhill bike adventure that starts at the top of Lookout Mountain and ends in downtown Chattanooga. Enjoy scenic views of the city while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the Tennessee River into downtown. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed. Ages 10+ with participating adult. Must know how to confidently ride a bike. [Online registration](#) required in advance as space is limited.

[Mountain to Town](#)



### Ride Pictures

This was a really bad week for riding due to the cold followed by rain. The Riverwalk is still flooded, and Friday and Saturday were both rainy days. So, we rode loops out at Moccasin Bend on Sunday with beautiful weather!

The riders were: Gary Jamerson, Patti Nihells, Daisy Blanton, Becky Buckles, John Oakey, Martha Wentworth, Mike Hartline, and Chuck (photographer).



Different angle.



Becky Buckles



Patti Nihells



Martha Wentworth

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Mike Hartline



Gary Jamerson



Saturday's CBC Morning Ride 1st of the season's Climbing Series. Ride leader was Thomas Jamison. Pictured Gary Burris, Richard and Sharon Russell, Forrest Simmons, Tom Jamison, and Trieu Nguyen. Not pictured was Ed Park, Howard Rowe and Tom Baker himself.

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We had a really nice North GA Lite ride on Tuesday but forgot to take any pictures. We rode from Chickamauga by the 'Pink House' and down to Lake Howard Rd and Hwy 136. The back by Kensington, Boss and Garretts Chapel. 31 miles on a really nice day. Riders were Daisy Blanton, George Perry, Tony Thompson, Mike Hartline and Chuck.

### **Weekly CBC Birthdays**

**March 14 - March 20**

Brenda McElyea, 3/14; Shannon Burke, 3/15; Alton Brazzle, 3/17; Tony Thompson, 3/17; Frances Johnson, 3/18; Susan Lawton, 3/18, Kerry Kerlin, 3/20

### **Monthly Membership Notices**

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

### **Welcome New and Returning Members for the Month of March**

Liz McNelly, Deborah Mynatt, Art O Thompson

### **Membership Renewals Due in the Month of April 2019**

Johnny Barnes, David Bennett, Denise Bishop & Steve Marino, Frank & Shelba Bradford, Tom & Karen Caldwell, Mark Finlayson, Mark Follett, George & Amy French, Bill Funderburk, Caleb Mask, Jeff Mason, David Mixson, Brian Newton, Jennifer Raulston, Wes Rehberg, Robbin & Donna Russell, Shel Thomas, Bobby & Sylvia Ward, Ed Waterhouse

[Renew Online](#)

**2019 January Annual Meeting Minutes & 2019 January Annual Meeting Agenda**

**2019 February Annual meeting minutes.**

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<http://chattanoogaicycleclub.com/wp-content/uploads/2019/03/Feb-2019-mtg-minutes.pdf>

**2019 March annual meeting agenda.**

<http://chattanoogaicycleclub.com/wp-content/uploads/2019/02/CBC-General-meeting-agenda-2-18-19.pdf>

**Outreach Discussion Group Agenda**

<https://chattanoogaicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

**This Week's Upcoming Rides - check the CBC ride calendar for more details and activities** <https://chattanoogaicycleclub.com/ride-calendar/>

**Thursday, Mar 14, Urban Ride - No Ride Scheduled** - It looks like rain but if the forecast improves, check the calendar for a ride.

**Thursday, Mar 14, 6:00 PM - Battlefield - A, B, C Groups** - A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

**A Group**

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 ([benkeim03@hotmail.com](mailto:benkeim03@hotmail.com))

Barry Matlock 423.475.3208 ([barry.matlock@gmail.com](mailto:barry.matlock@gmail.com))

**B Group**

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 ([rwr.tnruss@gmail.com](mailto:rwr.tnruss@gmail.com))

Sharon Russell 423.240.2700 ([slr.tnruss@gmail.com](mailto:slr.tnruss@gmail.com))

**C Group**

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 ([slr.tnruss@gmail.com](mailto:slr.tnruss@gmail.com))

Richard Russell 423.598.1243 ([rwr.tnruss@gmail.com](mailto:rwr.tnruss@gmail.com))

**Friday, Mar 15, 10:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - *The weather looks ok for this day but we have to see if the Riverwalk will be open after all the flooding. Again, check the calendar and if necessary the ride will be moved but it should happen somewhere.*

This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, Mar 16, 10:30 AM - Climbing Series #1-Pigeon Mountain** - Let's get our climbing legs warmed up for the season with a ride up Pigeon Mountain. (It's just a big hill, according to Gray Fletcher.)

This ride starts at the Chickamauga Battlefield recreation field parking lot (gravel) north of Wilder Tower at intersection of Glenn-Kelly Rd and Vittetoe-Chickamauga Rd. There are no bathrooms by this parking lot, but there is one farther down Vittetoe-Chickamauga Road. Meet there and be ready to roll at 10:30am.

This is a 46 mile ride, which scoops down into Georgia for about 25 miles before climbing the mountain. Then, we'll work our way back to the Battlefield.

It's a no drop ride, with an overall average of 13-15mph. There is a store stop before the climb.

Here is the route on Ride With GPS:

<https://ridewithgps.com/routes/26874313>

Bad weather or poor road conditions will cancel this ride. Call if questionable.

Ride Leader- Forrest Simmons, (404) 323-4282, [fsimmons@keelpoint.com](mailto:fsimmons@keelpoint.com)

**Sunday, Mar 17 - No Ride Scheduled** - Please add one.

**Monday, Mar 18, 6:45 PM - Beginner Ride** - This is a beginner ride. Approximately 11 miles all flat with a couple slight small rises. Ride takes about an hour. No one left behind regardless of pace. Ride leader is John Hubbard, 423/432-9748, [johnhubbard46@yahoo.com](mailto:johnhubbard46@yahoo.com).  
The meet location is on Moccasin Bend in the parking lot across from the office for Riverbend Festival (Friends of the Festival).

**Tuesday, Mar 19, 11:00 AM - N GA Lite** - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.  
Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)



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You are an active member of the Chattanooga Bicycle Club

**Our mailing address is:**

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Chattanooga, TN 37401

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