



Crystal Jonas, President and Owner

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DUNS:
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CAGE:
4ZCJ6

Certifications:

Small Business --- Veteran Owned --- Woman Owned

NAICS Codes:

611430	541611	541612	541618	561110
611210	611310	611699	611710	923170

Core Competencies: Emerging to Experienced Leaders Training

- **Positive Influence and Negotiation for Leaders:**

Transform challenging relationships, overcome your biases and their objections, resolve conflict

- **Leading all generations:**

Recognize what energizes some, yet deflates others. Inspire respectful, engaged teamwork

- **Super-achieving leaders (Time and stress management):**

Attempts at overachievement = burnout. These 7 habits = exponential results and epic achievements

- **Fast track ramp up for emerging leaders (2 day course):**

Quickly increase positive influence, tactfully resolve interpersonal conflicts, increase engagement and accountability, develop a more collaborative team, embrace, adapt & successfully navigate change. Coach others to peak performance.



Bio:

- Seminars presented in all 50 states & overseas
- Former Assistant Professor at USAF Academy
- 10 – time published author
- Since 2003, over 2000 training days delivered

Past Performance

- US Army Special Operations Command (Airborne) **(USASOC)** – Presentation Skills
- Housing and Urban Development **(HUD)** – Emotional Intelligence
- **City and County of Denver** – Team Building
- US Department of Agriculture **(USDA)** – Presentation Skills
- Federal Emergency Management Agency **(FEMA)** – Change & Priority Management
- Nat'l Oceanic and Atmospheric Admin **(NOAA)** – Conflict Management
- Bureau of Land Management **(BLM)** – Power Up Your Productivity
- US Forest Service **(USFS)** – Emotional Intelligence

Differentiator

- Successfully delivering crystal clear communication, public speaking and leadership development programs to high tech, analytical and data-driven professionals since 1991.
- Programs backed by solid science and field-tested. Content is interesting, proven and engaging. Each participant leaves with a clear step-by-step plan for immediate use.

Credit cards accepted