

Youth News and Updates!

Dates to remember:

Jan. 3 – Zoomed in Photo Challenge

Jan. 10, 17, 24 & 31 – Sunday School on Zoom at 10:30am.

Jan. 17 – Fundocry on Zoom at 4pm

Jan. 24 – Fundocry on Zoom at 4pm



Hey there awesome Trinity Youth! We will 'gather' at least once a month as a group for connection, games, check-in time, fun and prayers. On the first Sunday of each month, we will meet at 6pm for one hour to connect.



January Youth Group – Close up Photo Challenge!

Join us for a guessing game of sorts. Pastor Jen will show extreme close up pictures and you need to guess what it is. If you have close up pictures you would like included in the challenge, please get them to PJ via text or email by Jan. 1.

Sunday Funday School

via ZOOM!

We will meet at 10:30am on January 10, 17, 24 & 31.

Youth in grades 7-12 are welcome to chat, share highs and lows, pray, learn, talk and play games with Greg Mazurek, Gwen Weiser, Pastor Jen and special guests.

Text or email Pastor Jen revdee@comcast.net for the link. Friends are welcome!

Parents/Youth... we need your help!

In this socially distanced time, Pastor Jen is still connecting with your youth.

Please make sure she has your email address (you can send it to her at revdee@comcast.net) and a cell phone

for you and your youth. Many thanks!



HELPING HARVEST

thanks you!

Thank you Elly & Lauren Graboski with friends Laci & Sydney, Chase Templeton, Alex Malone, Ady Rothermel, Emma Drobnick, Mama K, Vicar Scott and Pastor Jen for helping to fill holiday boxes and emergency food boxes for folks in need. Thanks for joyfully serving!



Hey all...I (Pastor Jen) have been deeply grateful for the opportunity to see your faces, hear your voices and pray together through many different Zoom gatherings.

I know it's not the same as gathering in a Sunday School room, or the social hall or in my kitchen with pizza or waffles or both, but I hope that you know that you are connected in and to this place and the family of Trinity.

If you're feeling a little overwhelmed in any given moment, take a moment to try this short countdown: 3-2-1.

First, take deep breath.

Then write down **3** things you are thankful for.

Then, take another deep breath.

Then write down **2** words that describe how you are feeling in that exact moment.

Then, take another deep breath.

Then write down **1** thing that you could use God's help with.

Then, take another deep breath and say, "Dear God, thank you for loving me. Thank you for (the 3 things you are thankful for). God, today I really feel (the 2 words you listed). Please be with me as I feel this way. And God, please help me with (the 1 thing you listed). Thanks. Be with me this day and especially this moment, in Jesus' name I pray, Amen.



If after all of the above, you still need some support, text me, I'm here. (air hugs!)