



Young Onset Parkinson's Disease

About Parkinson's • For Parkinson's • By Parkinson's

You Are Not Alone!

Whether you are newly diagnosed, have been living with Parkinson's disease for a while, or you're the Care Partner of someone who does, you can join a Support Group of peers.

Young Onset? Diagnosis Before Age 50

Our group focuses on the unique challenges faced by people who develop Parkinson's disease early in life. People with Young Onset Parkinson's disease have unique challenges such as working full-time, supporting dependents, and struggling to achieve long-term financial stability. Learn from others who have first-hand experience, get questions answered, discuss symptoms, medication options and share resources. Our group is made up of warm, smart, welcoming, funny, optimistic people who began dealing with PD at a younger age.

When and Where Do We Meet?

2 nd Sunday of each month 6:00 – 7:30 pm North Park, San Diego	For more information and directions to the meeting venue contact David Higgins at 619-565-0411 or david@drhiggins.net
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Who Should Attend?

Anyone diagnosed with Parkinson's disease before age 50, as well as their care partners, family, and friends, are welcome. All UCSD-sponsored Parkinson's Support Group meetings are free and open to anyone regardless of where you get your medical care.

Take Control

Parkinson's disease is different for everyone. Optimizing your health requires collaboration with your physician. Symptoms and treatments vary widely from person to person. Learn what works for others and apply that knowledge to your care.

For More Information

For more information contact David Higgins at 619-565-0411 or david@drhiggins.net.