

Grief & Palliative Care Counselling
Family Support Program
Youth Support Program
Camp Erin Toronto
Research & Evaluation
Professional Education & Consultation



416.360.1111 **drjaychildrensgriefcentre.ca**

The mission of the Dr. Jay Children's Grief Centre is to provide care, support, and education to grieving children, youth, families, and communities around death and dying, while building strength, resilience, and hope.



WHO WE ARE

As leaders in the field of children's grief and palliative care, the Centre's innovative programs and services have been developed to provide support, education, and connection to children, youth, and caregivers when an immediate family member is dying or has died. Our team works collaboratively with health care teams, schools, and communities to provide the unique support required to help families cope with terminal illness, traumatic loss, and grief.



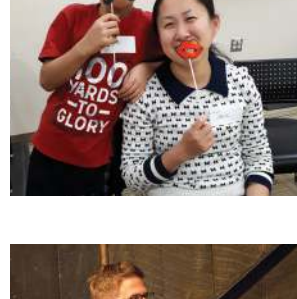
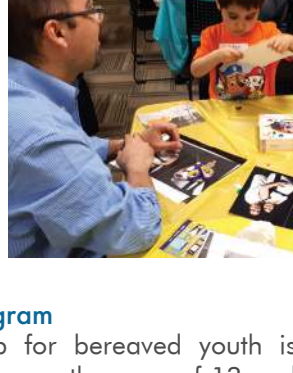
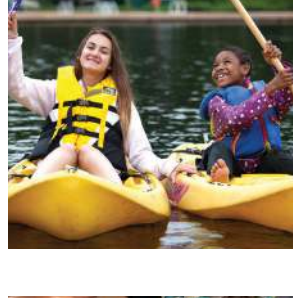
OUR SERVICES

The Dr. Jay Children's Grief Centre provides free counselling services to children and youth who have experienced (or are currently experiencing) a terminal illness and/or death, either personally or in their immediate family.

Individual and Family Counselling

Our counselling services are divided into two streams:

- **Quick Response Program** prioritizes families where death is anticipated and imminent. Program goals include preparing children and families for what to expect, supporting open communication, and engaging in legacy work.
- **Bereavement Program** provides counselling support after a death to normalize grief, encourage emotional expression, provide helpful coping strategies, and support enduring bonds.



Youth Support Program

Our support group for bereaved youth is offered to those between the ages of 13 and 18. The goal of the program is to create a supportive environment where grieving adolescents have the opportunity to connect with same-aged peers through a variety of activities, such as art, music, drama, and sport. Participants are offered opportunities to develop and enhance their leadership skills through a Leaders-in-Training (LIT) program.



Family Support Program

Our Family Support Program focuses on supporting families who have experienced the death of a family member through:

- **Monthly Family Nights**
- **Caregiver Support Group**
- **Information and Education sessions** developed for parents, caregivers, and adult allies.

Camp Erin

Camp Erin Toronto is a 3-day bereavement camp program in Muskoka for children and youth aged 6-17 from the GTA and across Canada. Camp Erin is provided at no cost to families and is open to any child who has experienced the death of an immediate family member or custodial caregiver, regardless of the cause or length of time since the death. Our program includes pre- and post-Camp support events for children and caregivers.



Research and Evaluation

The Dr. Jay Children's Grief Centre collaborates with community partners on various research initiatives to advance grief scholarship and improve society's understanding of the unique impacts of grief, trauma, and terminal illness on children, youth, and families. Our programs and interventions are evaluated on an ongoing basis using a variety of quantitative and qualitative methods. Our findings inform our clinical practice and ensure we continue to offer evidence-based and effective services to our clients.

Professional Education and Consultation

We provide consultation and education to health care professionals, children's mental health providers, boards of education, community partners, and adult allies. To learn more, please contact us.

LOCATION OF SERVICES

Families can be seen in their home or community while the family member is palliative. After a family member has died, sessions take place at our Centre at 250 Davisville Avenue, Suite 405.

COUNSELLING ELIGIBILITY

Family Relationship: Services are offered to support grief related to the dying or death of a parent, sibling, or custodial caregiver.

Age: We accept referrals for families with children under 21. For children aged 4 or younger, support is offered primarily through parent(s)/caregiver(s). All parent(s) and caregiver(s) are eligible for parenting support.

Geographic Catchment: We serve the city of Toronto, including Etobicoke, North York, and Scarborough.

Palliative Referrals: The child's family member, or the child, must have a terminal diagnosis.

Bereavement Referrals: Services are offered to all bereaved children, regardless of the cause of death or time since the death.

ACCESSING SUPPORT

Referrals are accepted from any source, including self-referrals. For a referral form, email our centre at info@griefcentre.org or please click [here](#).

Thanks to the gracious support of our donors, all of our programs and services are provided at no cost to families.

CONTACT US

Dr. Jay Children's Grief Centre
 250 Davisville Avenue, Suite 405
 Toronto ON M4S 1H2
 416-360-1111
info@griefcentre.org

YOUR HELP MEANS

hope TO A GRIEVING CHILD.

Through the generosity of people like you, our work has made a difference in the lives of countless children, youth, families, and communities who are living with terminal illness, traumatic loss, and grief.

Your gift to the Dr. Jay Children's Grief Centre helps to ensure that grieving families have access to the innovative and specialized support they need, when they need it most.

To make a donation, please visit:
drjaychildrensgriefcentre.ca

Our Charitable Registration
 Number is: 841536980RR0001