

Creation Central

Lesson 7



Lesson 7

Day 7 of Creation

Rest

Memory Verses

I rejoiced with those who said to me, "Let us go to the house of the Lord."
Psalm 104:19

O Lord, our Lord, your greatness is seen in all the world. Psalm 8:9

Scripture

And so the whole universe was completed. By the seventh day God finished what He had been doing and stopped working. He blessed the seventh day and set it apart as a special day, because by that day He had completed His creation and stopped working. And that is how the universe was created.

Genesis 2:1-4 (GNT)

Observe the Sabbath and keep it holy. You have six days in which to do your work, but the seventh day is a day of rest dedicated to me. On that day no one is to work - neither you, your children, your slaves, your animals nor the foreigners who live in your country. In six days I, the Lord, made the earth, the sky, the seas, and everything in them, but on the seventh day I rested. That is why I, the Lord, blessed the Sabbath and made it holy.

Exodus 20:8-11 (GNT)

Come to me, all of you who are tired from carrying heavy loads, and I will give you rest. Take my yoke and put it on you, and learn from me, because I am gentle and humble in spirit; and you will find rest. For the yoke I will give you is easy, and the load I will put on you is light.

Matthew 11:28-30 (GNT)

Lesson

What have we learned over the last few weeks about the things God made? What did God make on the first day? (day and night) And what did He make on the second day? (sky) What about the third day? (earth, sea and plants) And the fourth day? (sun, moon and stars) The fifth? (sea animals and birds) And the sixth? (animals and people—Adam and Eve)

We have learned about God creating so many things, wonderful things that work together so well. But when God completed the world - He rested. He stopped the work that He had been doing. He told us to do the same, to make this day different. That day mentioned in the Bible is the Sabbath day. It is the day that the Jewish people go to the temple (their church) and then rest, on Saturday. We set aside a different day for rest and for a special time with God. We do this on Sunday (even though we talk to Him and spend time with Him each day.) But Sunday is to be different, because of God. It is the day that we should stop working and should focus on God in a special way. And we should do it until He returns.

Right now, while we are still on earth, growing and learning, our parents must always work so that we can have food and clothing. One day you will do the same.

Just like there is one day of the week for rest, there will be a time when we can rest forever with God in heaven! The only problem is that not everyone will go there - only the people who believe in Jesus and choose to follow Him. Even though it is the best place ever (because we will always be with God) there are some people who don't want to go. Do you want to go? Do you already know if you will? Have you already made a decision to believe in Jesus? If so, we will be there together. Let's talk about your decision. Do you have any questions?

Activities

Take the opportunity this week to have the children help you plan Sunday's Bible Study/Worship time. Share with them a little about the story and have them help you choose music. Share with them about choosing music that makes us think about God. Let them help you prepare your activities, too.

If you have access to a hammock, hang it and help the children take turns in the hammock.

Provide lounge chairs and beach blankets. Enjoy a restful time with your children.

Snacks

Fruit drinks with a straw and little umbrella

To review the previous days of creation, make a “Creation Concoction.” Begin with an empty bowl to remind us that in the beginning there was nothing, except God. Add the following:

Day 1—Cool Whip (for day), Chocolate Chips (for night)

Day 2—Mini Marshmallows (for sky)

Day 3—Crushed cookies (for earth), Blue instant gelatin powder (for sea), coconut—colored green (for plants)

Day 4—Yellow candy pieces (for sun), white candy pieces (for moon), star or sugar sprinkles (for stars)

Day 5—Gummy fish and gummy birds (for fish and birds)

Day 6—Animal crackers (for animals)

**I rejoiced with those
Who said to me,
“Let us go to the house
of the Lord.”
Psalm 122:1**

**O Lord, our Lord,
Your greatness is seen
in all the world.
Psalm 8:9**

Psalm 8:9

L P O U Q I V Y W M I Y C L D
 Z L J E V S X M O Y W A E I W
 S H E E P T E O L O R D U Z N
 Q M D Q R A L K F U A C V X O
 Y Y E K N D D L A R U B N E O
 T S U M W R E S Q G M E J D H
 V T C Z A O M D S R S A I I B
 N D I N A L L T H E W O R L D
 Q S C A L R R I N A I U W E A
 G V R F L U C B Z T F N L I J
 Z D A T U O X B S N T F E E L
 S W Q B W D I S S E E N B X W
 F P U J O B H S P S E X E I N
 C L V M M J Y N I S H O T Z R
 L A T L I J C J Q F R E O R W

Find each word of the verse below in the word search above.

O Lord, our Lord, your greatness is seen in all the world.

Psalm 8:9

KEY**Psalm 8:9**

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| Z | L | J | E | V | S | X | M | O | Y | W | A | E | I | W |
| S | H | E | E | P | T | E | O | L | O | R | D | U | Z | N |
| Q | M | D | Q | R | A | L | K | F | U | A | C | V | X | O |
| Y | Y | E | K | N | D | D | L | A | R | U | B | N | E | O |
| T | S | U | M | W | R | E | S | Q | G | M | E | J | D | H |
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| Q | S | C | A | L | R | R | I | N | A | I | U | W | E | A |
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