

Get a Life!

*Ephesians*

Alive!  
With  
Christ

Lesson Ten

# Get a Life!

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## *Ephesians*

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

Ephesians 4:1

### Alive! With Christ

**Lesson Goal:** To help students to understand the Christian's new life with Christ.

**Scripture:** Ephesians 2:4-8; Psalm 84:11; II Timothy 1:9;

Our Scripture lesson tells us that we are made alive with Christ. This means that as Christ is alive, so is every Christian. We need to look back at what the aliveness of Jesus means.

We remember that He was born to Mary in the normal way humans are born and that He lived his life just like any other human. He was not super-human. He got hungry, felt pain, laughed, cried, experienced loneliness, got tired, and knew all other human experiences. He was tempted to sin, just like we are. He was human. Some think that the fact that He was also God meant that He didn't have to deal with life like we do. However, the Bible says otherwise.\*

So, we have a person who lived with all the difficulties, limitations and temptations that we do. He was arrested and crucified. And, as we said in the last lesson, He really died. He died just like all humans die. But, He came back to life. And that new life is the kind of life that every Christian will ultimately have. Now, His body is eternal. His life extends beyond this world and time. He is more heavenly than earthly.

Every believer will be raised up to live with God in Heaven, just as Jesus was raised up. And it is already a done deal. Our life with God and Jesus in Heaven is more than a promise, it was finished when Jesus rose from the dead and ascended into Heaven.

Let's say that you were moving to a new city. You needed a place to live. A friend of yours who loved you and wanted you to be cared for decided to help. That friend sent a car to get you. Your transportation to the new city was cared for. That friend bought a new house for you to live in and furnished it with the best furniture available. Your home in the new city was cared for. It wasn't something that this friend promised and then worked on providing when you got ready to move, it was already a done deal.

That's the way it is with our future. God provided a way for us to be in His presence forever. He sent Jesus to make that possible. Jesus came to earth, lived a perfect life showing us how to live, then went to Heaven and is there, preparing a place for us. ( John 14:1-4) It's a done deal.

All this was done, according to Ephesians 2:7, so that God could show us and all the world that He loves us

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and to show us how kind He is. His generosity, His grace, is just that amazing. The Apostle Paul says it so very well, “For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God.” (Ephesians 2:8)

How are we made alive? What does this new life mean? The second chapter of Ephesians tells us clearly. We are made alive by the power of God and this new life is with Christ. Right now, while we are alive, we have a preview of Heaven: We understand and experience the love of God. We know the peace of God that we discussed in an earlier lesson. We know the security of God because we understand His promise of eternal life. When we die, life doesn’t end, we just move on to a new place with a new body. Everything about us that is perishable will have disappeared. Everything about us will be perfect. (I Corinthians 15:51-54)

There is an old hymn that says it very well, “He breaks the power of cancelled sin, He sets the prisoner free.”

When we are made alive by Jesus, we are truly free. We are free from the power of sin that keeps us from experiencing the love of God. We are free to live our lives without fear, because we know God is in control. We are free from the threat of eternal death, which is the payment for sin. We are free from worries about the future, because we know that God has prepared a place...a fabulous place, Heaven...for us when we die.

Alive! With Christ...talk about getting a life, this is the best.

**Memory Verse:** “For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—not of works so that no one can boast. (Ephesians 2:8)

\*Underlined sentences in the Teacher’s Guide appear in the Student Worksheet with blanks to be filled in by the student during the lesson. Words in the Student Worksheet may not appear exactly as printed in the Teacher’s Guide.

# Student Worksheet

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**Memory Verse:** “For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—not of works so that no one can boast. (Ephesians 2:8)

>Jesus was \_\_\_\_\_. Some think that the fact that He was also \_\_\_\_\_ meant that He didn’t have to deal with life like \_\_\_\_\_ do. However, the \_\_\_\_\_ says otherwise.

>Jesus’ body is \_\_\_\_\_. His life extends beyond this world and \_\_\_\_\_. He is more heavenly than earthly.

>Every believer will be raised up to \_\_\_\_\_ with God in Heaven, just as \_\_\_\_\_ was raised up. And it is already a \_\_\_\_\_.

>Our life with God and Jesus in Heaven is more than a \_\_\_\_\_, it was completed when Jesus \_\_\_\_\_ from the dead and ascended into \_\_\_\_\_.

>Jesus came to earth, lived a \_\_\_\_\_ life showing us \_\_\_\_\_ to live, then went to \_\_\_\_\_ and is there, preparing a place for \_\_\_\_\_. ( John 14:1-4) It’s a \_\_\_\_\_.

>We are made alive by the \_\_\_\_\_ of God and this new life is with \_\_\_\_\_.

>When we die, we just move on to a new \_\_\_\_\_ with a new \_\_\_\_\_. Everything about us that is \_\_\_\_\_ will have disappeared

### How to begin a Personal Relationship with God:

First, believe that there is a God.

Second, believe that Jesus, God’s Son, was sent to earth to die so that you can have a relationship with God.

Third, ask God to forgive your sins in Jesus’ name. Jesus’ death on the cross paid the price of every sin you commit.

Fourth, ask Jesus to be your Savior and the Lord of your life.

Fifth, believe that He has answered your prayer and be ready to live for him all the rest of your life.