

Get a Life!

Ephesians

Alive!

Lesson Nine

Get a Life!

Page 2 of 4, Lesson Nine

Ephesians

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

Ephesians 4:1

Alive!

Lesson Goal: To help students to understand that with Christ, they are spiritually alive.

Scripture: Ephesians 2:4-7; John 3:16; Romans 3:22-24;

In the last lesson, we discussed spiritual death. We said that every human is spiritually dead until they ask God to give them life through Christ. In our Scripture lesson today, we find the Apostle Paul excited about the very good news that God wants to give us life.

He says that the great love of God makes it possible for us to be made alive with Christ.* Do you remember that Jesus, after He had been crucified on the cross, was buried. He was dead. However, on the third day, He was alive again. How did that happen? The Bible says that God made Jesus alive again. And God is willing, according to Paul, to use the very same power that gave Jesus physical life to give us spiritual life.

Think about what it was like for Mary, Jesus' mother. She saw Jesus die on the cross. She was there watching as He took His last breath. We can be sure that she went home that day so very, very sad. She probably didn't sleep much that night. Her friends began to gather to offer their sympathy. They all said kind things and reminded her of all the great things Jesus had done. They talked about His childhood and how as a boy He had helped his earthly father, Joseph, as he built things. We can be pretty sure that she thought back to all the promises that God made to her when Jesus was born. She remembered the angel saying that Jesus would occupy "the throne of His father David, and He will reign over the house of Jacob forever, His kingdom will never end." (Luke 1:32, 33) Now He was dead. All her dreams and hopes for the future were gone.

Then on that morning, the first day of the week, only three days later, He was alive. Alive! It was a miracle. It was something that only God could do. There is something else that only God can do. Only God can make a spiritually dead person come to life. Only God can create spiritual life.

Ephesians has been talking to us about spiritual death...controlled by Satan... with no hope of any future other than death. Then in verse four, chapter two, Paul says, "But because of His great love for us..." That word "but" changes everything. We have been hearing bad news, then Paul says, "But..." and everything changes. We go from the helplessness of humanity to the love and grace of God.

Alonzo got caught in rushing water. He was playing in the street while it was raining very hard. It was really good fun. However, he stepped toward the curb, and the water was a lot deeper and moving a lot faster than he

Get a Life!

Page 3 of 4, Lesson Nine

Ephesians

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

Ephesians 4:1

Alive!

thought is was. Suddenly he was knocked off his feet and dragged by the rushing water down into the creek. He managed to grab a tree branch, that stuck out over the creek, and hold on. He shouted as loud as he could, calling for help. A man who lived next to the creek heard him. He hurried out and began to wade toward Alonzo. He had a hard time staying on his feet, stumbling several times. Just as Alonzo was about to lose his grip, the man reached him, and, floating down stream until he could brace himself on some trees, he helped Alonzo to safety.

Alonzo was helpless and faced certain death until someone who was strong enough and cared enough, came to rescue him...save him. Ephesians tells us that not only does God care enough, but He is powerful enough to save us from being “objects of wrath.” (Ephesians 2:3) That means God saved us from getting what we deserve...that is eternal death.

Jesus told us, Himself, “I am the way and the truth and the life.” (John 14:6) We can follow Him, because He is the way to eternal life. We can believe in Him because He is the ultimate truth. We will find, as we follow and believe in Him real, eternal life. God wants you to have eternal life so much that He sent His only Son, Jesus, to make that possible.

To get there, you should follow the five steps of “How to begin a personal relationship with God,” found at the bottom of the Student Worksheet.

Memory Verse: “But because of His great love for us, God who is rich in mercy made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.” (Ephesians 2:4, 5)

*Underlined sentences in the Teacher’s Guide appear in the Student Worksheet with blanks to be filled in by the student during the lesson. Words in the Student Worksheet may not appear exactly as printed in the Teacher’s Guide.

Student Worksheet

Get a Life!

Page 4 of 4, Lesson Nine

Ephesians

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

Ephesians 4:1

Alive!

Memory Verse: “But because of His great love for us, God who is rich in mercy made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.” (Ephesians 2:4, 5)

>Paul says that the great _____ of God makes it possible for us to be made _____ with Christ.

>The Bible says that God made Jesus _____ again. And God is willing to use the very same _____ that gave Jesus _____ life to give us _____ life.

>Only God can make a spiritually _____ person come to life. Only God can create _____ life.

>We have been hearing bad news, then Paul says, “But...” and _____ changes. We go from the helplessness of _____ to the _____ and _____ of God.

>Ephesians tells us that not only does God _____ enough, but He is powerful enough to _____ us from being “objects of wrath.” (Ephesians 2:3) That means God _____ us from getting what we deserve...that is eternal _____.

>We can follow Jesus, because He is the _____ to eternal life. We can _____ in Him because He is the ultimate _____. We will find, as we follow and believe in Him real, eternal _____. God wants you to have _____ life so much that He sent His only Son, _____, to make that possible.

How to begin a Personal Relationship with God:

First, believe that there is a God.

Second, believe that Jesus, God’s Son, was sent to earth to die so that you can have a relationship with God.

Third, ask God to forgive your sins in Jesus’ name. Jesus’ death on the cross paid the price of every sin you commit.

Fourth, ask Jesus to be your Savior and the Lord of your life.

Fifth, believe that He has answered your prayer and be ready to live for him all the rest of your life.