

# Special Diet Suggestions

Marley's strives to meet all dietary needs and goals, but is not a gluten free environment. Although we are confident that our recipes meet your needs, potential migration of ingredients in a commercial kitchen disallows us from claiming that a product or menu item is 100% gluten free. If you have severe allergic conditions, please understand that we do not make and guarantee of purity.

## GLUTEN FREE OPTIONS

### APPETIZERS

#### CRAB & SHRIMP DIP

SUBSTITUTE TORTILLA CHIPS FOR PITA

#### SPINACH & ARTICHOKE DIP

SUBSTITUTE TORTILLA CHIPS FOR PITA

#### MARLEY'S FRIES

#### BUFFALO CHICKEN SKINS

#### CHIPS

HOUSE SEASONING OR BBQ

#### MARLEY'S NACHOS

CHEESE, CHICKEN, BEEF, OR PULLED PORK

#### WINGS (bone-in only)

EXCLUDE CITRUS CHIPOTLE SAUCE

### SANDWICHES & BURGERS

Any Sandwich or Burger Item can be served without bread making them Gluten Free.

#### EXCEPTIONS:

Crab Cake (panko breading)

Fish Sandwich (beer battered)

Cajun Flank Wrap (beer marinade)

Veggie Burger (breading fill)

Remove Onion Rings on Main St. Burger

### SOUPS & SALADS

FRENCH ONION - EXCLUDE CROUTONS

Any SALAD Can Be Made Gluten Free

\*Please Note our Steak for Salads is prepared with a Beer Marinade\*

EXCLUDE CROUTONS

### GLUTEN FREE SIDES

FRENCH FRIES, CHIPS, VEGGIE OF THE DAY, BROCCOLI, SIDE SALAD NO CROUTONS, BAKED POTATO, & COLESLAW

**\*NOTE THE ABOVE FRIED PRODUCTS ARE GLUTEN FREE BUT ARE COOKED IN OIL THAT NON-GLUTEN FREE ITEMS HAVE COME IN CONTACT WITH\***

### ENTREE EXCLUSIONS

All of our entrees are gluten free with the following **EXCEPTIONS:**  
Chicken Cordon Bleu, Crab Stuffed Pretzel Chicken, Beer Battered Fish, Crab Cakes, Stuffed Shrimp, & Land and Sea Stack

**WE DO OFFER GLUTEN FREE PASTA FOR an additional \$3!**

-----**QUESTIONS? RESTRICTIONS? MODIFICATIONS? JUST ASK**-----

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of food borne illness.

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## VEGAN OPTIONS

**Our Vegetables are sautéed in soy butter and we use soybean oil in our fryers**

**\*Please note our brick oven dough does contain yeast\***

### APPETIZERS

**CHIPS WITH HOUSE SEASONING OR BBQ**  
EXCLUDE RANCH DRESSING  
**MARLEY'S NACHOS**  
EXCLUDE QUESO, MEAT, & SOUR CREAM  
**PRETZELS**  
EXCLUDE BEER CHEESE & SPICY MUSTARD

### SIDES

**SIDE SALAD, APPLE SAUCE, FRENCH FRIES, CHIPS (REGULAR OR TORTILLA), WAFFLE FRIES, SWEET FRIES, VEGETABLE OF THE DAY, & BROCCOLI**

### SALADS

**ALL SALADS, EXCLUDE CHEESE & MEAT**  
**DRESSINGS AVAILABLE: BALSAMIC VINAIGRETTE, ITALIAN, & FRENCH**  
**OUR HERB WRAPS ARE 100% VEGAN**

### GARDEN VEGETABLE WRAP

**EXCLUDE PARMESAN PEPPERCORN DRESSING & COLESLAW**

### VEGGIE BURGER

**SUBSTITUTE SALT & PEPPER ROLL FOR HERB WRAP - EXCLUDE COLESLAW**

### VEGETABLE RAMEN

## BRICK OVEN SELECTIONS

**\*Please note our brick oven dough does contain yeast\***

**VEGETABLE FLATBREAD OR MARGARITA FLATBREAD EXCLUDE CHEESE**  
**VEGETABLE CALZONE EXCLUDE CHEESE AND BUTTER GARLIC SPREAD**

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