

“DIGITAL GENERATION” RESOURCES

Read this first! Collier & Magid’s “Online Safety 3.0: A Refreshing Approach to Internet Safety” www.tinyurl.com/OnlineSafety3-0 (Link is just the intro. Be sure to click thru to 8-page manifesto! The best thing you’ll read on Internet Safety! Digital Citizenship!)

SOFTWARE FILTERS & MONITORS:

www.software4parents.com (a collection of various software options for your computer) Includes NET NANNY MOBILE (for phones and eBLASTER MOBILE for Android) LET KIDS KNOW WHEN SOFTWARE INSTALLED & HOW IT WORKS! DON’T SPY! (The best software is installed online, not by consumer, so can’t be disabled by consumer or kids) Call cell phone service provider for filter options on phones. Also: www.covenanteyes.com www.screen.guide (comprehensive parental control of ALL devices--@SisterB24 swears by it!) www.safekids.com www.safeteens.com (great, simple ideas for parents and youth themselves, includes “Family Contract for Online Safety” that both kids and parents sign)

www.clearplay.com & www.vidangel.com "language," sex, violence etc., wiped from DVDs & streaming so whole fam can watch

CATHOLIC/CHRISTIAN BOOKS: "Connected Toward Communion: The Church and Social Communication in the Digital Age"

Zsupan-Jerome, "The Church and New Media" Vogt, "The Social Media Gospel" (good for old fogey beginners) Gould

SECULAR BOOKS: “Talking Back to Facebook” by James Steyer, founder of www.common sense media.org; “Alone Together: Why We Expect More from Technology & Less from Each Other” & “Reclaiming Conversation” by MIT’s Shirley Turkle; “Virtually You: Dangers of the E-Personality” Elias Aboujaoude; “Price of Privilege: How Parental Pressure & Material Advantage Are Creating a Generation of Disconnected & Unhappy Kids” & “Teach Your Children Well: Parenting for Authentic Success” by Dr. Madeline Levine; “Glow Kids: How Screen Addiction is Hijacking Our Kids & How To Break the Trance” Dr. Nicholas Kardaras

www.vatican.va Must-read Vatican documents on media: “Dawn of a New Era,” “Rapid Development” (JP2). Also read the recent, short addresses by the popes for "World Communications Day" at www.vatican.va

MEDIA LITERACY ORGANIZATIONS/CONFERENCES/TRAINING/CURRICULUM:

www.media.pauline.org: (Daughters of St. Paul) ML certification for catechists & teachers & other resources; www.SQPN.com (Catholic new media leaders, yearly conference); www.medialit.org (Center for Media Literacy); www.NAMLE.net (Nat’l Ass’n for Media Literacy Education—formerly AMLA); www.NAMLEmarketplace.org (all kinds of curriculum); www.frankWbaker.com (great resources for education & getting started with ML); www.catholicvideogamers.blogspot.com (for teens and parents, written by Chicago seminarians and friends); www.connectsafely.org, www.sheriffs.org (click on “Safe Surfin’ Foundation” for free CDs with videos/files/.pdfs/tests for kids, teens, parents/communities); www.fbi.gov also has internet safety info (but only about predators, not comprehensive); "The Pope App" keep up daily with all things papal, www.xt3.com (worldwide social networking World Youth Day & pope uses); www.common sense.org (rating for & by parents for all things media. it's secular, but excellent & detailed); www.PluggedIn.com (Focus on the Family=ALL things youth & media!); www.MasterMediaIntl.org (get a monthly prayer calendar to pray for who's who in media!); Mass readings/Liturgy of Hours app: www.ibreviary.org; Movie Reviews for older teens/young adults/adults: www.HellBurns.blogspot.com; www.tinyurl.com/bestMLarticles;

www.tinyurl.com/MediaLiteracySlideshare (fun way to introduce ML); www.tinyurl.com/DigitalGenerationResources

NEWS LITERACY: www.CenterforNewsLiteracy.org, www.TheNewsLiteracyProject.org, www.tinyurl.com/NewsLiteracy, www.tinyurl.com/BestCatholicNewsSources

PORN PREVENTION AND RECOVERY RESOURCES: [www.ReclaimSexualHealth.com\(Catholic\)](http://www.ReclaimSexualHealth.com(Catholic)) & www.candeocan.com (secular)

(confidential sites w/information, accountability & help), www.PornKillsLove.com “Out of the Darkness” DVD (interview w former porn star turned Christian & others) from www.anteroompictures.com, Accountability websites: www.thekingsmen.us, www.IntegrityRestored.com, www.fortifyprogram.org, Matt Fradd's book "Porn Myth" contains ALL the science/studies

COMPREHENSIVE porn prevention and recovery resources (always being updated): www.tinyurl.com/PornPreventionResources

COMPREHENSIVE Theology of the Body resources (always being updated): www.tinyurl.com/bestTOBresources

MUST-HAVE MEDIA LITERACY / MEDIA MINDFULNESS BOOKS:

--“Media Mindfulness—Educating Teens About Faith & Media” Sr. Gretchen Hailer & Sr. Rose Pacatte (easy-to-use lesson plans!)

--“Our Media World” Sr. Gretchen Hailer & Sr. Rose Pacatte (Media Literacy/Media Mindfulness K-8) (easy-to-use lesson plans!)

--“Imagining Faith with Kids: Unearthing Seeds of the Gospel in Children’s Stories” (tots to tweens) by Mary Margaret Keaton

--“How To Watch Movies with Kids,” by Sr. Hosea Rupprecht

MUST-READ MAGAZINES (to keep informed--not for kids, e-subscriptions available):

“Entertainment Weekly” (the latest on ALL entertainment media, but fairly serious journalism, even tho’ it looks like a tabloid)

“WIRED” (computers, internet, futuristic technology)

EASY MEDIA STRATEGIES FOR FAMILIES

--Media is comprehensive: CONTENT, TECHNOLOGY, CULTURE, INSTITUTIONS, AUDIENCES

--We CHOOSE HOW WE USE media. We can change, go back, adapt, re-think, modify, perfect!

--How can I use media in a way that respects HUMAN DIGNITY and never destroys it?

--How can I make MEDIA WORK FOR ME AND MY FAMILY and never against us?

"Everything is ours and we are Christ's and Christ is God's." --1 Corinthians 3:22

We can make media work for us through:

- DISCIPLESHIP—We need to follow, glorify & imitate Jesus in everything we do, including media.
- DISCERNMENT—We need to make good media choices (media technology use and media content).
- DISCIPLINE—Practice makes perfect. We need self-mastery, to be in control of media rather than it controlling us. *"We shape our tools and then our tools shape us." --Marshall McLuhan*

--CONTROL IS FOR THE MOMENT, COMMUNICATION IS FOR A LIFETIME. (Talk at length with your kids about media so they process, think, agree, decide, gain skills to make good choices on their own.)

"Choose, appportion, accompany & correct young people's media use." --Blessed Fr. James Alberione

--We need to PRAY about our media use: it's powerful, it's everywhere, and it's the stuff of our lives.

--All media are virtual reality. VIRTUALITY IS REAL. Real in appearance and effects. In media, a partial gift of the bodily presence is there, but the full gift of the bodily presence is not.

--Bodies are not optional. We need to give each other the GIFT OF OUR FULL BODILY PRESENCE. Face time and undivided attention is the best form of communication. Other mediated forms are secondary. The people bodily present to us always have precedence (rather than people we can communicate with through media).

--There are 3 SACRED PLACES (tables & altars) where we DON'T NEED SCREENS or mediated communication.

- CHURCH: God is present
- FAMILY TABLE: the images of God are present
- MASTER BEDROOM: the primary image of God, "male & female He created them," are present

If it's absolutely necessary to use media in these 3 places, intentionally excuse yourself, take care of the matter in another space, and then return.

--The Church believes that the MEDIA ARE GIFTS OF GOD, and that we should use them and use them well.

--God is everywhere in the media, especially in human persons. We can't hurt God through media, but we can hurt human beings. We need to focus on how human dignity is respected (or not) in media.

--We need to transfer the Gospel into virtual reality: WWJDO? What Would Jesus Do Online? If we wouldn't/shouldn't do it in person, don't do it online. (The Golden Rule also applies online.)

--"Internet Safety" includes being safe here AND hereafter. Since we are spending 7 hours a day with screens, we are "working out our salvation" partially online.