New Jersey Crisis Resources
Students

Helplines and Hotlines

2nd Floor Youth Helpline (NJ Specific)
If you are between the ages of 10 and 24, live in New Jersey, and need to talk about an issue or problem that you are facing, call or text anytime 888-222-2228

Text Home to 741-741

Addiction and Substance Abuse Resources
Addiction Hotline of NJ 800.238.2333
Al-Anon/Alateen 888.425.2666
NJ Connect for Recovery 855.562.3737
NJ Quitline 866.NJ.STOPS

LGBTQ+ Resources
Garden State Equality www.gardenstateequality.org
Trans Lifeline 877.565.8860
True Colors United 212.461.4401
The Trevor Project (LGBTQ+ Support) 866.488.7386
Text “START” to 678678
www.thetrevorproject.org

Family and Domestic Services
Runaway Hotline 800.786.2929
Catholic Charities 800.360.7711
National Child Abuse Hotline 800.422.4453
180 Turning Lives Around (Sexual Assault) 888.264.7273
American Anorexia/Bulimia Association of NJ 800.931.2237
NJ AIDS/ATD Hotline 800.624.2377

In any emergency situation please call 911 or visit your local emergency room.