



INTRODUCTION

Lynn O'Dowd has experienced and created the process for reaching your full potential at any age and it involves getting outrageous and Going GaGa. This process helped her, at midlife, to leap from being a corporate time management consultant to a Rock 'n' Roll singer and keynote performer.

Lynn has overcome Thyroid cancer, walked on 40 feet of burning hot coals, and successfully run her own business for 17 years. But none of this compares to the frightening challenge of daring to go out of her comfort zone to perform at levels she never thought possible.

Lynn's keynote performance will help you pick up the process to Unleashing Your Inner Superstar and recognizing that it's never too late to realize your full potential for greater success and happiness in business and life.