

# NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS

## Virtual and In-Person Meetings – updated 10.22.2020

### NORTH CAROLINA

#### Asheville – meets online

Monday 7 PM  
Email [ashevillenaranon@gmail.com](mailto:ashevillenaranon@gmail.com) for meeting info

#### Belmont – meets outside

Tuesday 7 PM  
216 North Main St.  
Contact Danny 704.473.0927 for more info

#### Cary – meets online

Thursday 8 PM  
Email [carynaranon@gmail.com](mailto:carynaranon@gmail.com) for meeting info

#### Charlotte – meets online

Saturday 6 PM  
Email [emlebet@yahoo.com](mailto:emlebet@yahoo.com) or [eleniss@bellsouth.net](mailto:eleniss@bellsouth.net) for meeting info

#### Monday 7 PM – meets online

Call Michele 704.904.6843

#### Tuesday 8 PM

Email [lindacdav@gmail.com](mailto:lindacdav@gmail.com) or [chrisvan59@gmail.com](mailto:chrisvan59@gmail.com) for meeting info

#### Durham – meets online

Monday 8 PM  
Email [naranondurham@gmail.com](mailto:naranondurham@gmail.com) for meeting info

#### Elizabeth City – meets in person

Monday 8 PM  
1400 Edgewood Dr.  
Call Vickie 252.377.7164 for more info

#### Gastonia – meets online

Monday 6 PM  
Call or text Dayna 704.575.3260 for meeting info

#### Goldsboro – meets in person

Last Monday of the month 6:30 PM  
1105 Parkway Dr.  
Call Anita 919.223.4059 for more info

#### Greensboro – meets online

Tuesday 7:30 PM  
Call Janet at 336.749.9009 for meeting info

#### Thursday 7 PM – meets online

Email [hisglory928@yahoo.com](mailto:hisglory928@yahoo.com) for meeting info

#### High Point – meets outside

836 W. Lexington  
Email [mnpetticord1@gmail.com](mailto:mnpetticord1@gmail.com) for more info

#### Hope Mills – meeting in person

Thursday 5:30 PM  
4456 Legion Rd  
Email [pattersonlunie@gmail.com](mailto:pattersonlunie@gmail.com) for more info

#### Kill Devil Hills – meeting in person

Thursday 7 PM  
111 W. Carlton Avenue  
Email [debbieh52@gmail.com](mailto:debbieh52@gmail.com) for meeting info

#### King – meets online

Tuesday 6PM  
Email [realmc1958@gmail.com](mailto:realmc1958@gmail.com) for meeting info

#### Leland – meets in person

Thursday 7 PM  
6864 Zion Church Rd  
Call Gina 910.540.2915 for more info

#### Lewisville – meets online

Monday 7:30 PM  
Call Allison 336.416.3300 for meeting info

#### Matthews – meets online

Tuesday 7 PM  
Call Chris 704.604.5060 for meeting info

#### Morehead City – meets in person

Tuesday 6:30 – 8 PM  
3900 Bridges St.  
Contact 252.222.3888 for more info

#### Nashville – meets by conference call

Tuesdays 7 PM  
Call Laurinda 252.567.3061 for meeting info

#### New Bern – meeting in person

Wednesday 6:30 PM  
422 New Street  
Call Karen 252.675.8460 for meeting info

#### North Raleigh – meeting in person

Tuesday 8 PM  
6894 Litchford Rd.  
Call Paul 919.741.1659 for more info

#### Pilot Mountain – meets online

Thursday 8 PM  
Call Gaynell 336.325.6493 for meeting info

#### Raleigh - meets online

Monday 7 PM  
Call or text Jean 919.441.2553 for meeting info

#### Wednesday 7:30 PM – meets online

Call Betsy 910.494.5568 for more info

#### Swansboro – meets in person

Thursday 7 PM  
665 W. Corbett Avenue  
Call Ken 910.548.3993 for more info

#### Wilmington – meeting in person

Tuesday 7 PM, Newcomer Mtg 6:30 PM  
1510 Beasley Rd  
Email [aliciar98@hotmail.com](mailto:aliciar98@hotmail.com), [dennisk@uncw.edu](mailto:dennisk@uncw.edu) for more info

#### Winston-Salem - meets outside, bring chair

Monday 12 noon  
3543 Robinhood Rd.  
Email [maggiewerkman@gmail.com](mailto:maggiewerkman@gmail.com) for more info

#### Winterville – meets online

Thursday – 7 PM  
Email [missesbrown08@aol.com](mailto:missesbrown08@aol.com) for meeting info

### SOUTH CAROLINA

#### Aiken - meets online

Tuesday 6:30-7:30  
Call or text Trudy 803.270.5149 for meeting info

#### Columbia – meets in person

Monday 6 PM  
2512 N. Beltline Blvd.  
Email [colanaranon@gmail.com](mailto:colanaranon@gmail.com) for more info

#### Greenville – meets in person

Saturday 10:30 AM  
1108 Pelham Road  
Call Gloria 864.809.3215 for more info

#### Hilton Head – meets online

Tuesday 6:30 PM  
Text or call Sherry 703.217.0259 for meeting info

#### Myrtle Beach - meets online

Sunday 7 PM  
Thursday 7 PM  
Email [naranonmb@yahoo.com](mailto:naranonmb@yahoo.com) for meeting info

#### Rock Hill – meets online

Thursday 6:30 PM  
Call or text Dawn 803.415.2867 for meeting info

### VIRGINIA

#### Danville – meets online

Thursday 6 PM  
1064 Franklin Turnpike  
Entrance is from back parking lot  
Email [gracenaranon@gmail.com](mailto:gracenaranon@gmail.com) or contact Jane 434-713-4404 for more info