

NORTH AND SOUTH CAROLINA NAR-ANON FAMILY GROUPS

Virtual and In Person Meetings – updated 10.13.2020

NORTH CAROLINA

Asheville – meets online

Monday 7 PM
Email ashevillenaranon@gmail.com for meeting info

Belmont – meets outside

Tuesday 7 PM
216 North Main St.
Contact Danny 704.473.0927 for more info

Cary – meets online

Thursday 8 PM
Email carynaranon@gmail.com for meeting info

Charlotte – meets online

Saturday 6 PM
Email emlebet@yahoo.com or eleniss@bellsouth.net for meeting info

Monday 7 PM – meets online
Call Michele 704.904.6843

Tuesday 8 PM
Email lindacdav@gmail.com or chrisvan59@gmail.com for meeting info

Durham – meets online

Monday 8 PM
Email naranondurham@gmail.com for meeting info

Elizabeth City – meets in person

Monday 8 PM
1400 Edgewood Dr.
Call Vickie 252.377.7164 for more info

Gastonia – meets online

Monday 6 PM
Call or text Dayna 704.575.3260 for meeting info

Greensboro – meets online

Tuesday 7:30 PM
Call Janet at 336.749.9009 for meeting info

Thursday 7 PM – meets online
Email hisglory928@yahoo.com for meeting info

High Point – meets outside

836 W. Lexington
Email mpetticord1@gmail.com for more info

Hope Mills – meeting in person

Thursday 5:30 PM
4456 Legion Rd
Email pattersonlunie@gmail.com for more info

Kill Devil Hills – meeting in person

Thursday 7 PM
111 W. Carlton Avenue
Email debbiehj52@gmail.com for meeting info

King – meets online

Tuesday 6PM
Email realmc1958@gmail.com for meeting info

Lewisville – meets online

Monday 7:30 PM
Call Allison 336.416.3300 for meeting info

Matthews – meets online

Tuesday 7 PM
Call Chris 704.604.5060 for meeting info

Morehead City – meets in person

Tuesday 6:30 – 8 PM
3900 Bridges St.
Contact 252.222.3888 for more info

Nashville – meets by conference call

Tuesdays 7 PM
Call Laurinda 225.567.3061 for meeting info

New Bern – meeting in person

Wednesday 6:30 PM
422 New Street
Call Karen 252.675.8460 for meeting info

North Raleigh – meeting in person

Tuesday 8 PM
6894 Litchford Rd.
Call Paul 919.741.1659 for more info

Pilot Mountain – meets online

Thursday 8 PM
Call Gaynell 336.325.6493 for meeting info

Raleigh - meets online

Monday 7 PM
Call or text Jean 919.441.2553 for meeting info

Wednesday 7:30 PM – meets online
Call Betsy 910.494.5568 for more info

Wilmington – meeting in person

Tuesday 7 PM, Newcomer Mtg 6:30 PM
1510 Beasley Rd
Email aliciar98@hotmail.com, dennisk@uncw.edu for more info

Winston-Salem - meets outside, bring chair
Monday 12 noon
3543 Robinhood Rd.
Email maggiewerkman@gmail.com for more info
Winterville – meets online
Thursday – 7 PM
Email missesbrown08@aol.com for meeting info

SOUTH CAROLINA

Aiken - meets online

Tuesday 6:30-7:30
Call or text Trudy 803.270.5149 for meeting info

Columbia – meets in person

Monday 6 PM
2512 N. Beltline Blvd.
Email colanaranon@gmail.com for more info

Greenville – meets in person

Saturday 10:30 AM
1108 Pelham Road
Call Gloria 864.809.3215 for more info

Hilton Head – meets online

Tuesday 6:30 PM
Text or call Sherry 703.217.0259 for meeting info

Myrtle Beach - meets online

Sunday 7 PM
Thursday 7 PM
Email naranonmb@yahoo.com for meeting info

Rock Hill – meets online

Thursday 6:30 PM
Call or text Dawn 803.415.2867 for meeting info

VIRGINIA

Danville – meeting in person

Thursday 6 PM
1064 Franklin Turnpike
Entrance is from back parking lot
Email gracenanaranon@gmail.com or contact Jane 434-713-4404 for more info