



BEAUTY
FOUNDATIONS
•clinic•



COME ON IN,

Treat Yourself

WELCOME TO

Beauty Foundations

A clinic where beauty, luxury and comfort all intermingle. Our highly ethical and experienced professionals will cater to your beauty needs in a personable and relaxed environment. You are always welcomed to our top-notch facility with a warm smile and are exposed to our cutting-edge technology. Our skin experts will put a care plan in place to achieve your beauty goals.

LIVE A LITTLE

Treat Yourself

We believe that self care is more than just an occasional treat to yourself; self care is necessary for your overall wellbeing. As licensed professionals, we do not need to cut corners or compromise quality in order to provide you the best service. Medical Aesthetic treatments are more affordable than you think; we offer the most competitive rates in Durham Region.



** If you have a wedding coming, please ask us for special packages.*



Skin Treatments

DERMAPLANING

You have layers upon layers of dead skin cells on your face, contributing to some of your most annoying skin issues: dullness, wrinkles, breakouts, you name it. Dermaplaning will deliver deep exfoliation while removing pesky vellus hair (peach fuzz). Enzymatic exfoliation and a hydrating mask will follow your dermaplaning treatment, quenching your skin's thirst and returning the healthy youthful glow to your skin.

SUBLIME™ RF FACIAL CONTOURING

Sublime radio frequency facial contouring can improve the laxity in your face and neck for a youthful, refreshed and rejuvenated appearance. The firming effects of the Sublime treatment will help tighten and smooth your skin's texture. This is a non-invasive procedure, suitable to treat all skin types for sagginess, loss of elasticity, or textural irregularities.

SUBLATIVE™ REJUVENATION

Sublative rejuvenation is a unique procedure which uses radio frequency to deliver an effective, controlled ablative and non-ablative fractional treatment for under-eye laxity, hooded eyelids, fine lines along with chest, and for neck and forehead wrinkles. Each pulse delivers radio frequency energy to signal your body to regenerate collagen and fibrinogen, yielding improved skin tone and texture.



MEDICAL MICRO-NEEDLING (CIT)

Collagen induction therapy (CIT), commonly known as micro-needling, triggers your skin's natural repair processes by causing controlled micro-injuries with a cluster of very fine needles. This promotes collagen and elastin production, improving the appearance of fine lines, wrinkles, acne, surgical scars, stretch marks and skin texture.



Laser Treatments

A laser treatment at Beauty Foundations Clinic is a medical procedure performed by a qualified, competent practitioner using only the best equipment of the industry. Our true optical lasers can safely treat ALL skin types and effectively deliver the results you desire. We do not use inferior IPL technology.

LASER HAIR REMOVAL

Laser Hair Removal is the process of removing unwanted hair by destroying the hair follicles with a LASER, not IPL which is solely intended for minor skin treatments. At Beauty Foundations Clinic, we use only Candela laser systems for hair removal. Candela lasers are the best in the industry. No matter what skin type you have, we can safely remove your unwanted hair. Permanent results can be realized in as little as 6 treatments.

HYPERPIGMENTATION TREATMENT

Our 532nm optical laser is ideal for the treatment hyperpigmented lesions, seborrheic keratosis, freckles and sun damage. This advanced laser treatment will help your skin to regain a more evenly toned appearance. It is available for broad areas or as a treatment focused on a specific lesion.

ROSACEA TREATMENT

Our 1064nm optical laser is an effective tool in shrinking the superficial capillaries that contribute to your rosacea. With continued treatment, it will minimize the flushed, red appearance of your skin.

ACNE TREATMENT

Our Spectra™ laser is a great solution for the treatment of acne scars, erythema and active acne (papules, pustules, nodules and cysts). It destroys p-acne bacteria, reducing inflammation and sebum production while stimulating collagen regeneration.



TATTOO REMOVAL

Our Spectra™ laser targets the ink particles that make up your tattoo and breaks them into tiny fragments that your body can absorb. Over a course of treatments, your tattoo will fade away.

OTHER TREATMENTS

We can safely remove and cauterize skin tags and warts. Ask us about sclerotherapy to treat spider, reticular and varicose veins.



Facials

BEAUTY FOUNDATIONS DELUXE FACIAL (75 minutes)

Our signature facial is luxurious and tailored to your needs, a real treat for your skin. It includes deep exfoliation, dermaplaning, painless extractions, skin tightening, medical-grade serums, a customized mask, ozone and aromatherapy. Together, these treatments will help your skin absorb the active ingredients found in all the products used for your facial.

MINI FACIAL (30 minutes)

This facial gets right to the point. It is an excellent choice for young women and men that already have good skin but want a quick pick-me-up to maintain their skin's healthy appearance while their time is limited. A perfect choice for freshening up dull skin and returning glow. It includes microdermabrasion, an enzyme peel and a hydrating mask.



JESSNER™ PEEL

A Jessner™ peel is a special blend of resorcinol, lactic acid and salicylic acid that will help decrease your skin's oil production, heal your acne and prevent future breakouts. This treatment is an advanced medical chemical peel. It can also help to diminish scars, fine wrinkles and sun damage. It includes microdermabrasion, extractions, several peel layers and a retinol booster.

HYDRAFACIAL MD™ TREATMENTS

This system uses a unique, patented Vortex-Fusion delivery system to exfoliate and hydrate skin. Its spiral design delivers painless extractions and removes dirt from clogged pores, all while infusing your skin with a series of medical-grade serums, tailored to suit your needs.



HOLLYWOOD CARBON PEEL

This laser-peel procedure is the favorite of Hollywood stars for ultimate skin rejuvenation. It helps to remove age spots, fine lines, freckles, melasma, acne and even acne scars. It brings the results of an advanced medical chemical peel without the down time or the discomfort of peeling skin. It includes dermaplaning, carbon peel, laser skin toning, extractions and a customized mask infused with ozone.

DERMA-GOLD INFUSION

This unique blend of neuromodulators, hyaluronic acid and serums customized to your needs will have your skin glowing, dewy and your pores tight. It returns your facial glow with hydrated and picture ready skin. Our Dermal Gold infusion is a great add-on to your facial or on its own.



Injectables

At Beauty Foundations Clinic, we can safely administer injectable treatments below your skin's surface. Our clinic is elegant, serene and well equipped. Our knowledgeable and professional staff are duly licensed to perform these controlled acts which are overseen by our medical director. You are in good hands with us.

PLATELET RICH PLASMA (PRP) THERAPY

Platelet-Rich Plasma therapy uses your own blood prepared in a centrifuge to isolate plasma, where a high concentration of nutrients and platelets reside. This plasma is then injected back into the areas where you need to promote cell growth and stimulate your collagen production. It provides deep skin hydration to maintain your youthful looking skin and it is an advanced therapy for the stimulation of your tissue and hair growth. Typical treatment areas are your hands, face, neck, and your scalp - for hair growth. Ask us how PRP can help you with plantar fasciitis, joint pain and sports injuries.

DERMAL FILLER THERAPY

Dermal fillers act directly to replenish your lost volume due to aging, reshape your facial features and to restore your skin's hydration and glow. Continued treatments encourage collagen production which will contribute to longer lasting results. Treatment results are immediate. Typical treatment areas are your cheeks, tear troughs, nasolabial folds, cheek hollows, jawline, chin, marionette lines, hands and of course, your lips.

BOTOX™ & DYSPORT™ TREATMENTS

Botox™ and Dysport™ are neuromodulators which act to relax the muscles that cause your wrinkles. Full results are realized 7 to 10 days after your treatment.

Typical treatments are for angry lines, forehead lines, crow's feet, under-eye wrinkles, the corners of your mouth and chin dimples. These treatments can also be used for face slimming, to prevent grinding of teeth, or as a facial treatment. Gather five to eight of your closest friends and you can have your own private Botox party. Call us for specifics.



LIPOLYSIS FAT MELTING TREATMENTS

Our Lipolysis Fat Melting treatment is a series of deoxycholic acid injections designed to permanently melt your fat. Deoxycholic acid is a naturally occurring molecule in your body that aids in the breakdown and absorption of dietary fat. Once injected into the fat deposits of your body, it destroys the fat cells. They can no longer store or accumulate fat and are reabsorbed naturally by your body. Typical treatments are for love handles and double chin. This treatment can also be effective with your arms, inner thighs, bra-line, back and abdomen.

Luxury, Quality, Comfort

At Beauty Foundations Clinic, beauty translates to confidence. Our staff recognizes that beauty comes in all sizes and personalities, so it is our commitment to helping you discover your best self. Our facility will offer a luxurious and comfortable environment for you to indulge in. Our services—approved Health Canada products—and equipment will be of the utmost quality during your treatment. We are women that dedicate ourselves to helping people find confidence within their own unique beauty, and together we will achieve your beauty goals.

START WEARING YOUR BEAUTY
WITH CONFIDENCE



BEAUTY
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CLINIC

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