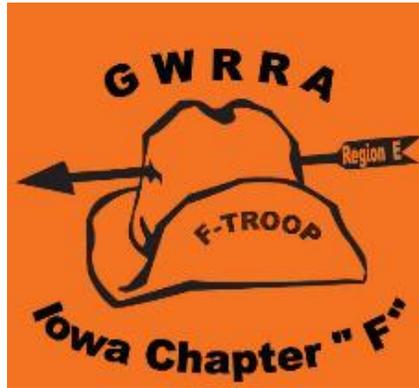




## Friends for Fun, Safety and Knowledge



Chapter F meets  
The third Saturday  
of the month  
(except December)  
and pandemics!

at:

During the pandemic we will  
be meeting at various places  
Watch FaceBook, email and  
newsletter for monthly  
meeting place

Volume 10 Issue 11 November 2020

### OVER 25 YEARS OF FRIENDS FOR FUN, SAFETY AND KNOWLEDGE



#### Iowa District Team [www.gwrra-iowa.com](http://www.gwrra-iowa.com)

**District Director:** John & Yvette Moravec  
iamoravecfam@yahoo.com  
**Assistant Director:** Randy Heath  
**Treasurer:** Melissa Catron and Mark Smidt  
**Rider Education:** Greg Hayes  
**Motorist Awareness Coordinator:** Sue Thompson  
**Assistant MAC:** John & Barb Kilmer  
**University Coordinators:** Roxanne Oder &  
Roger Munson  
**Membership Enhancement:** position open  
**Ride Coordinator:** Don & June Detwiler  
position open January 1

#### Chapter F Team [www.iowa-f-troop.org](http://www.iowa-f-troop.org)

**Chapter Director:** Pete & Cheryl Sayers  
sportjugglingcompany@yahoo.com  
**Membership Enhancement:** Brad & Kim Snyder  
bos.1987@hotmail.com  
**Treasurer:** Eileen & Dave Lathrop  
**COY:** Eileen & Dave Lathrop

#### Team GWRRA [www.gwrra.org](http://www.gwrra.org)

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**Director of GWRRA University:**  
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**Director of Motorist Awareness:** Mike & Barri Critzman—itsawingthing@hotmail.com  
**Executive Director Overseas:** Dan & Rachel Sanderovich—dan.sanderovich@gmail.com



## Notes from your Chapter Directors

Hello Chapter F – Let's practice an Attitude of Gratitude. As we approach Thanksgiving, take a moment to name some positive things in your life that you are Thankful for. It is easy during these tough times to be negative. Our emotional health will fare much better if we take a positive approach. As we look at our Chapter, we're thankful that we

were able to hold most of our scheduled events this year. Sometimes we had to get creative and think we'll see more of that in the near future. I want to remind each of us to make decisions for ourselves without passing judgement on another Chapter members decision. We will still email out the meet 'n eat locations for those who feel comfortable dining-in at restaurants under current guidelines. We will host our November Get2Gether at HyVee. Pete and Brad stopped into HyVee's restaurant this Saturday and formulated a plan. This past Saturday, there were only 2 occupied tables, with plenty more socially-distanced seating available.

We do plan on having the Chapter Christmas Party at St. Isidore Catholic Church (603 6<sup>th</sup> Ave) in Springville beginning at 11 a.m. on December 5<sup>th</sup>. The party will be held in a large room in the church and we will make every effort to make this a safe and fun event! Currently, by proclamation of the Governor of Iowa, groups over 25 are required to wear masks, except while eating or drinking.

So, you might wonder; What are these events going to look like? we'll try and give you a preview here. It's important for our community that we observe the rules our leaders have set forth, for good reason. Operating within those boundaries, we can still have meaningful and fun times together. The November Gathering will take place in the Hy-Vee Café on Oakland Rd, instead of the Club Room. It will be a breakfast visit, instead of a meeting. We'll sit at any available table, in very small groups, facing others in our group, and chat politely across the aisles. This should be a fun time to visit and see our friends this month before the holidays.

The Christmas Party is our end of year celebration and it is important to celebrate! Our space is large and we feel confident that we can set up the room in a new way to allow us to have this event. A little feedback from you will help us in planning an event that most feel comfortable in participating in. We welcome and encourage everyone's responses to the following questions. Are you comfortable coming to this event? Do you want to participate but you're not comfortable in attending in person? Would you like an online option for raffle prizes or the 50/50? Would you like a drive through option for a plated meal? Would you come to this event? Take a moment and give us some feedback

[sportjugglingcompany@yahoo.com](mailto:sportjugglingcompany@yahoo.com)

We're looking forward to seeing off the year 2020, and we're looking forward to the hope and expectation for a great 2021 to come. It's going to be good, because you all are there, that's what makes this association great, it's being Friends for Fun, Safety and Knowledge together!

Pete and Cheryl Sayers

Senior Directors, Iowa Chapter-F



### Notes From Your Chapter MECs

Hello F Troopers,



Big smiley face. Hope this finds all in the troop happy and healthy. Seems like both are getting harder to accomplish each day. Pardon me but this year is like a big ol' something that needs a plunger to get it gone.

Christmas is coming though and along with it the chance to spend lots of money to get our mind off from whatever.

Let us keep in mind though that Lord willing and the creek don't rise we will all be here in 2021 so let's just plan for that. Gather all your thoughts, well maybe not all. Just the ones that dream of going places and doing things and write them down as we will once again be asking for your help in filling the chapter calendar. Dream of a chapter trip next year also and let us know where that dream takes you. Let me know if I am along on that dream so I can plan accordingly.

Getting about time for the bike to go on the lift for the winter go through. Stay tuned for any surprise parts that may appear.

Going to leave you with a few things for thought.....

The space between your eyebrows is called your glabella.

Your stomach growling is called a wamble.

The tiny table in the middle of your pizza box is called a box tent.

Your tiny toe or finger is called minimus.

Finding it difficult to get out of bed is called dysania. (I have this!)

Lastly, that bad sick feeling you get when you eat or drink to much is called crapulence.

Hmmmm, makes sense, it starts with crap.

Brad and Kim  
Chapter MEC's

## NOTES FROM EILEEN

Please wear a mask. I heard how the various masks only protect people you come into contact with, not yourself, and then I heard how masks do give you some protection. . . . Either / or who really knows? I choose to believe that masks do protect you if the person you are talking to also has a mask. (Plus social distancing.) Today I heard that One out of Five people you run into has the disease. Wow, one out of five people. That is astronomical, unbelievable or only plain devastating. Devastating to people like me who are soaring towards 70 years old. I do not want to get this virus let alone die from it. I don't find laying in a bed struggling to get a breath a way to die, might as well throw me in the river and leave me. Since we don't have mercy killing what is my options?

I stay isolated. If I do go out we social distance and also wear masks. If someone comes into my air space I remind them please social distance or I start coughing towards them. (I do have a mean streak.) You would be surprised at those that don't trust my mask. They do social distance with a sorry and then stare at me to judge my next move.

I dream of our old ways of not having to worry about our freedom. Since we have been under attack and at war with this, all I can do is believe what I believe and trust in the knowledge of the professionals. Come on President Trump give it up and share your coordination. Remove the chains and let us dance amongst the flowers again. Allow us to share a meal and comradery again without our mouths covered. I wonder if this is the new world? For now, Please Wear That Mask. It can't hurt and maybe you can save our lives.

Eileen and Dave Lathrop  
Chapter Treasurer

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*Chapter Anniversaries*  
*November 26 –John & LeAnn Knupp*  
*December 18 –Dave & Eileen Lathrop*

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*Chapter Birthdays*  
*December 1 –Rocky Dales*  
*December 5 –Pete Sayers*  
*December 6 –Mike Huffman*  
*December 12 -Sue Thompson*



## From your District Educator



The October edition of the Iowa District Newsletter included an update to the GWRRA Levels Program. It might be a little complicated so I am attempting to simplify and add to it. Knowing me, I

probably won't make it simpler, but I can try. Obviously, since we have not been able to hold first aid, CPR or any riding classes since COVID there are a number of people who would not be current in their Levels status. As a reminder, CPR and first aid certifications are good for two years. Our riding courses, which include the ARC, ARC-R, TRC and TRC-R courses, are good for three years. However, you might be able to find a CPR, First Aid or riding course that is approved by GWRRA that is being offered by another organization.

For all of you that are not MFA, Rider Course or University Instructors or Trainers there is a grace period from January 1, 2020 to July 15, 2021. This mostly concerns people in Level 4, the Master Riders. They can become Senior Master Riders, Grand Master and Life Grand Master, which recognizes how long a person has been a Master Rider continuously, or for an equivalent number of years. Those are 5, 10 and 15 years. The Rider Education Database, which keeps track of everyone's Level for those that are in the Levels program, does not automatically keep track of this grace period. I need to enter information and I will try to get everyone affected by this updated. If you are concerned about this then please contact me by email at [hayeswing@gmail.com](mailto:hayeswing@gmail.com) and I would make sure that I have you updated in the database. But, I will try to update those affected on my own.

Some other districts have started holding both riding classes and CPR. We wanted to make sure that we can do this safely so we have held off on CPR classes. I tried finding a weekend that would work for a riding class but I was not able to find a classroom since many places are not open to outside groups at this time. We are tentatively still planning on the Iowa Safety Weekend next May. If your chapter is interested in a CPR and/or First Aid class then please contact me and I will see what we can do.

If you are a MFA, Rider Course or University Instructor or Trainer, and there are currently only eight of us, I will contact you directly to let you know how we can stay current with our levels.

For the rest of the District, we do plan to hold enough classes in 2021 so that everyone can get their classes that need or want them. It is not too hard to find a place to hold a CPR or First Aid class and our instructors are willing to travel to different parts of the District. The riding course are a bit more difficult to find a large enough parking lot that we can use, so we have been very lucky with the DMACC campus in Ankeny. But, if you know of a place closer to your chapter that we can use with permission, please contact me and we will see if we can get a riding course set up there.

If you have any questions about your level or anything about this article, please contact me by email at [hayeswing@gmail.com](mailto:hayeswing@gmail.com).

Until next month, stay safe and stay healthy,

Greg Hayes

District Rider Educator

**Bonus! Double dose of District Rider Educator articles this month!  
Here's November's article.**

From your District Educator,

I am not sure how timely my article is for you. However, I am writing this on November 15th and I am hoping to be able to ride a little more this season, possibly this coming Thursday. But, I am thinking ahead about the end of the riding season. By the time you read these you may have already winterized your motorcycle. We are a diverse group and surely there are people who are a lot more fanatical than I about prepping their motorcycle for a winter slumber. I am more of one of those riders that need a few reminders to take care of their bikes. So, for those who are like me, I offer some suggestions.

Here is a checklist for winterizing my motorcycle.

1. Clean and dry it. You might consider covering your bike as well once it is completely dry.
2. Fill the tank with gas. I'll switch to a non-ethanol for at least the final fill up.
3. Add a gas additive, such as Sta-Bil, to help keep my gas fresh over the winter.
4. Connect my battery to a battery tender. Do not use a trickle charger.
5. If my oil has been in the bike for a while I'll replace it so that contaminants in the oil cannot harm my engine.
6. Recheck the air in the tires as it gets colder. Cold temperatures causes the air in the tires to lose pressure. You don't need to overdo this. When it gets to be -20F in the winter there will be less air pressure but it is not like you are going to go out and ride it in that weather.
7. Double check where I stand on preventive maintenance items, such as the motor oil, the final drive oil, spark plugs, etc. I want the bike ready to ride when it warms up next year, or during a warm spell during winter.
8. Take out extra items in the various storage areas of the bike. I can put these in a box and store them indoors. Freezing temperatures might be harmful to some of the items I carry in my storage.
9. Lastly, I will do a T-CLOCS inspection to catch anything I may have missed. I'll certainly do another T-CLOCS inspection before I get it out to ride again.

Until next month, stay safe and stay healthy,

Greg Hayes

## CHAPTER EVENTS



**Saturday, November 21**— HyVee 32nd St & Oakland Rd, Cedar Rapids. Join us at 8 am in the dining room for breakfast. This will be strictly sociable, just to get out and see people.

**Saturday, December 5**—2020 Chapter F Holiday Party and Potluck. St Isadore Catholic Church, 603 6<sup>th</sup> St South, Springville. Doors open at 11:00, bring your mask, a side dish to share and item(s) for the raffle, if you want. Social distancing will be practiced.

**Sunday, January 3, 2021**—Chapter Calendar Planning and Soup Lunch. Watch for updates.

**Saturday, January 16** — Monthly Gathering. HyVee 32nd St & Oakland Rd, Cedar Rapids. Join us at 8 am for breakfast, if you like. Information starts at 8:30 am. Please watch for updates.

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## EVENTS AROUND THE DISTRICT



**September 23-24 Iowa District Rally**—Quality Inn & Suites, 2200 W Burlington, Fairfield. Watch for updates.

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## INTERNATIONAL EVENTS



**Wing Ding 43**  
**Springfield MO**  
**June 29 – July 3, 2021**





**2020 Chapter F Holiday Party and Potluck**

**Saturday, December 5**

**St Isidore Catholic Church**

**603 6<sup>th</sup> St South, Springville**

**Festivities began at 11:00 am and will wrap up**

**(punintended) around 2:00 pm**

**Chapter will provide meat, please bring a dish to share,  
if you like.**

**Feel free to bring something for the raffle, if you like.**

**Hope to see you all there!**





## Ramblings from a Wandering Mind

I don't know why I'm having such a hard time getting motivated to get the newsletters done. I'm sure it has to do with it being such a year. Since I don't get out much, I don't have anything to look forward to. 😞 But, a new year will come soon, with it hopefully the ability to get out and among people again. AS much as I love my dog, he's just not much for conversation. I even think he's tired of me being home all the time!

With the holidays rapidly approaching, please be careful with who and where you celebrate. You need to not only watch out for yourself, but for those you may not even know. Remember anyone can be asymptomatic and spread it to someone else. I don't want to harp on that, but please be careful.

Chapter I has cancelled their party this year, expect others to do so also. Watch FaceBook and email for updates. Better safe than sorry. Please make sure to read Eileen's article for more. I'm done.

Let's celebrate the upcoming new year and hope for much better things to come. Be thankful for what you have, and remember one year without family for the holidays is better than not having the family at all.

Until next time stay safe and travel safe.

Sue T

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Don't forget to patronize and thank our major sponsors!

