

Fort Ord Trail Run

Aid Station Information

50K (Start 7:30 AM)					
AS Distances	Distance to Next AS	Total Distance	4 Hours	6 Hours	10 Hours
Start to Sandstone Ridge	4.8	4.8	8:05 AM	8:25 AM	9:00 AM
Sandstone Ridge to Sandstone Ridge	3.6	8.4	8:35 AM	9:05 AM	10:10 AM
Sandstone Ridge to Skyline	3.8	12.2	9:00 AM	9:50 AM	11:25 AM
Skyline to Creekside	5.8	18.0	9:50 AM	11:00 AM	1:15 PM
Creekside to Toro	6.6	24.6	10:40 AM	12:15 PM	3:25 PM
Toro to Finish	6.4	31.0	11:30 AM	1:30 PM	5:30 PM
Total Mileage		31.0			

25K (Start 8:00 AM)				
AS Distances	Distance to Next AS	Total Distance	Leader	5 Hours
Start to Skyline	4.5	4.5	8:27 AM	9:30 AM
Skyline to Toro	4.5	9.0	8:55 AM	10:55 AM
Toro to Finish	6.4	15.4	9:35 AM	1:00 PM
Total Mileage		15.4		

10K (Start 8:30 AM)		
AS Distances	Distance to Next AS	Total Distance
Start to Skyline	3.2	3.2
Skyline to Finish	3.1	6.4
Total Mileage		6.4

Denotes cutoff