

Pacifica Foothills Trail Run

Turn by Turn Directions

10K = Pink Loop

Half Marathon = Yellow Loop > Pink Loop

30K = Yellow Loop > Pink Loop > Pink Loop

10K (6.0 Miles)

Direction	Color	Course	Distance in Miles	
			Segment	Running
		Start: Old Trout Farm Picnic Area		
Head East	Pink	Connector Trail	0.5	0.5
Continue Straight	Pink	Valley View Trail	1.3	1.8
Turn Left	Pink	Weller Ranch Trail	0.4	2.2
Turn Right	Pink	Hazelnut Trail	3.6	5.8
Turn Right	Pink	Plaskon Nature Trail	0.1	5.9
Turn Right	Pink	Connector Trail	0.1	6.0
			Miles: 6.0	

Half Marathon (13.2 Miles)

Direction	Color	Course	Distance in Miles	
			Segment	Running
		Start: Old Trout Farm Picnic Area		
Head West	Yellow	Old Trout Farm Trail	0.4	0.4
Turn Left	Yellow	Brooks Creek Trail	0.9	1.3
Turn Left	Yellow	Montara Mountain Trail	0.9	2.2
Turn Left	Yellow	North Peak Access Road	1.1	3.3
Turnaround	Yellow	North Peak Access Road	1.1	4.4
Turn Right	Yellow	Montara Mountain Trail	1.8	6.2
Veer Right	Yellow	Old Trout Farm Trail	0.4	6.6
Turn Left	Yellow	Old Trout Farm Trail	0.4	7.0
Turn Right	Yellow	Plaskon Nature Trail	0.2	7.2
Turn Right	Yellow	Connector Trail	0.2	7.4
Continue Straight	Pink	Connector Trail	0.3	7.7
Continue Straight	Pink	Valley View Trail	1.3	9.0
Turn Left	Pink	Weller Ranch Trail	0.4	9.4
Turn Right	Pink	Hazelnut Trail	3.6	13.0
Turn Right	Pink	Plaskon Nature Trail	0.1	13.1
Turn Right	Pink	Connector Trail	0.1	13.2
			Miles: 13.2	

Pacifica Foothills Trail Run

Turn by Turn Directions

10K = Pink Loop

Half Marathon = Yellow Loop > Pink Loop

30K = Yellow Loop > Pink Loop > Pink Loop

30K (18.9 Miles)

Direction	Color	Course	Distance in Miles	
			Segment	Running
		Start: Old Trout Farm Picnic Area		
Head West	Yellow	Old Trout Farm Trail	0.4	0.4
Turn Left	Yellow	Brooks Creek Trail	0.9	1.3
Turn Left	Yellow	Montara Mountain Trail	0.9	2.2
Turn Left	Yellow	North Peak Access Road	1.1	3.3
Turnaround	Yellow	North Peak Access Road	1.1	4.4
Turn Right	Yellow	Montara Mountain Trail	1.8	6.2
Veer Right	Yellow	Old Trout Farm Trail	0.4	6.6
Turn Left	Yellow	Old Trout Farm Trail	0.4	7.0
Turn Right	Yellow	Plaskon Nature Trail	0.2	7.2
Turn Right	Yellow	Connector Trail	0.2	7.4
Head East	Pink	Connector Trail	0.3	7.7
Continue Straight	Pink	Valley View Trail	1.3	9.0
Turn Left	Pink	Weller Ranch Trail	0.4	9.4
Turn Right	Pink	Hazelnut Trail	3.6	13.0
Turn Right	Pink	Plaskon Nature Trail	0.1	13.1
Turn Right	Pink	Connector Trail	0.1	13.2
Continue Straight	Pink	Connector Trail	0.3	13.5
Continue Straight	Pink	Valley View Trail	1.3	14.8
Turn Left	Pink	Weller Ranch Trail	0.4	15.2
Turn Right	Pink	Hazelnut Trail	3.6	18.8
Turn Right	Pink	Plaskon Nature Trail	0.1	18.9
Turn Right	Pink	Connector Trail	0.1	19.0
			Miles: 18.9	