

Flu Information

Influenza Season Arrives Early

Prevention:

Flu shots are available through your healthcare provider, area clinics, pharmacies, and local health departments. It is not too late to get a flu shot. Flu shots take 2 weeks to become effective and are from a dead virus and do not cause the flu. Additional information on seasonal flu is available on the website of the [Center for Disease Control](#).

Students, staff and parents with flu-like symptoms should stay home until at least 24 hours after they no longer have a fever (without the use of fever-reducing medicine).

If your child is home from school with the flu or flu-like symptoms, please notify the office that your child is home with flu or flu-like illness. This will assist the District and the Health Department in monitoring the spread of the flu.

U.S. Center for Disease Control (CDC) – [The Flu: A Guide for Parents, La influenza: una guía para los padres](#)

[DSHS Flu Information](#)

[CDC Flu Information](#)

[Texas Flu Information](#)

Flu Near You Tracker

[Guidelines for School Administrators](#)

[Families Fighting Flu](#)