



FREE COUNSELLING FOR WOMEN

RIVERDALE IMMIGRANT WOMEN'S CENTRE (RIWC) offers **free counselling** to all those who identify as **female** and have experienced any form of **violence**. While we are particularly sensitive to the needs of immigrant and refugee women, **ALL** women are welcome.

ARE YOU A WOMAN AGED 16+ WHO HAS EXPERIENCED...?

Abuse and assault?
(physical, sexual, emotional and/or mental)
Violence?
Distress or depression as a result of trauma?
And live within the GTA?

Our Services:

- One-to-one violence against women counselling; crisis counselling
- Safety planning for women and their children as needed
- Information, education & advocacy
- Internal referrals and referrals to community resources

Languages:

- English
- Hindi
- Tagalog
- Tamil
- Malayalam

FREE AND CONFIDENTIAL SERVICES

For more details, visit us at:

www.riwc.ca

Email us at:

vawcounselling@riverdalehub.ca

Or call us at:

[647-395-3605](tel:647-395-3605)

Riverdale Immigrant Women's Centre
1326 Gerrard St. East
(south of Greenwood subway)

