

Metaphysics Defined by Rev. Danielle

Metaphysical Science is truly a way of seeing, living, and being on this earthly plane. It encompasses and allows for acceptance of all no matter their beliefs, religious or otherwise. People often ask me if Metaphysics is a Christian based religion, and I say yes of course to that, but not in the traditional manner taught in our society! Jesus was most likely the most well known Metaphysician of all time! But God is not a white man sitting on a throne inviting one soul to heaven and sending another to an eternal hell. Those types of sentiments were just ways to maintain control over the general population. Metaphysics holds there is one mind in the universe, and all minds are inseparable from the one great mind. All of us are individualized expressions of this one great mind with a soul and a soul purpose. Now the definition of who or what the one great mind is has been referred to throughout the ages in various ways in various cultures, all of which essentially have the same meaning: Universal Mind, Creator, Cosmic Mind, Infinite Mind, Spirit, God Mind, God to name a few. We have the profound ability to tap into God, the Creator, Higher Self, Universal Consciousness, or whatever resonates with a person through the practice of deep meditation. I think of Metaphysics as simply a truth based and Oneness based belief system, and based on a science and ideology that is presently quite limited in North America. Metaphysics understands that we are energetic beings vibrating and spinning at various frequencies, attracting the energy frequency that we are emitting at any present moment. Just like our earth spins and has magnetic charges at both poles. Really, the more our souls learn and grow, the higher a frequency to which we will all vibrate; hence, raising our consciousness and awareness overall. Our own sense of personal existence is a conditioned belief based on society's lack of awareness of what we truly are. As science catches up with the truths that metaphysicians have intuitively discovered and presented in the past, the answers to the questions regarding the relationship between man/woman, mind, and the universe are making more sense and finding increasing acceptance. Our souls and life force energy are connected through quite simply a "collective universal consciousness", or oneness with all that is. Dr. Carl Jung was onto something back in the day when he introduced his theories and concepts on The "Collective Unconscious and Conscious thought", and Archetypes of the mind, which he called "idea energies" that exist at a very deep level of a person's mind. What I've learned is having an open mind and a loving intention to practice meditation will extinguish any doubt you may have had prior to beginning and committing to the journey. You don't have to take anyone's word for how things work, discover for yourself. Be patient with the process. Meditation takes practice and a kind pace; often waking up from our limited human egos is like getting awake with a bucket of ice water in the face!



Metaphysics Defined by Dr. Masters, Founder International Metaphysical Ministry

Traditionally, the word **Metaphysics** comes to us from Ancient Greece, where it was a combination of two words – Meta, meaning over and beyond – and physics. Thus, the combination means over and



beyond physics. In the definition found in most dictionaries, Metaphysics is referred to as a branch of Philosophy that deals with First Cause and the Nature of Being. It is taught as a branch of Philosophy in most academic universities under the label of “Speculative Philosophy.”

In today’s world, however, the word Metaphysics has become a description of many fields of interest. When one expresses an interest in Metaphysics, that interest may be in any one or a combination of the following subjects:

Philosophy, Religion, Parapsychology, Mysticism, Yoga, ESP, Dreams, Jungian Psychology, Astrology, Meditation, Self-Help Studies, Positive Thinking, Life After Death, Reincarnation, etc.

The common denominator of these and all similar subjects, of course, deals with an exploration of Reality, and in the idealistic sense, how such knowledge may benefit human life on this earth, both individually and collectively. If, then, this is the aim of such interests, it is why most professional Metaphysical Practitioners regard Metaphysics as a Spiritual Philosophy of life. All but a very few practitioners in Metaphysics today have a pivotal point of some sort of Spiritual Philosophy in whatever system or teaching of Metaphysics they are engaged. It is important to understand this, especially when reviewing the legal technicalities of being a professional Metaphysician.

If we were to travel from one Metaphysical teacher or organization to another, we would find people engaging in different things, all under the label of Metaphysics. This could be a wide range, such as yogis, mystics, astrologers, positive thinking teachers, meditation teachers, graphoanalysts, spiritual healers, self-help teachers, etc. The range is wide, but again the basic denominator is the search for truth, purpose and meaning in life, which cannot be isolated from basic spiritual questions. All of these fields, therefore, are regarded as part of Metaphysics by the University of Metaphysics and the International Metaphysical Ministry.

There are many paths humans may travel on the way to finding Truth. There is an old proverb which states, “No matter what path a human may travel, it is My Path; no matter where he walks, it leads to Me.”

In a more absolute sense, we like to think of Metaphysics as dealing with the basic questions of life, i.e., the relationship of man, mind, and the universe, which leads to answers to the age-old questions of anyone who has truly paused to reflect on life by asking the most fundamental questions of all – “who am I; what am I; where have I been, and where am I going?”