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2	<b>Psychiatric Emergency:</b>	
3	<b>911</b> Please let the dispatcher know you are calling regarding a person who has a mental illness and <b>request a CIT (Crisis Intervention Training) trained officer</b> , if possible.	<b>911</b>
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5	<b>PES</b> (Psych Emergency, San Mateo Medical Center, 222 39th Ave, San Mateo)	(650) 573-2662
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7	<b>24 Hour Crisis Lines:</b>	
8	Crisis Line - Star Vista	(650) 579-0350
9	American Foundation for Suicide Prevention AFSP.org	(800) 273-TALK
10	Aging & Adult Services (to report Elder Abuse in San Mateo County)	(800)675-8437
11	National Domestic Violence Hotline	(800)799-SAFE
12	National Sexual Assault Hotline	(800) 656-HOPE
13	National Teen Dating Abuse Helpline	(866) 331-9474
14	The National Suicide Prevention Crisis Line & Veterans Crisis Line	(800) 784-2433
15	Child & Adolescent Hotline & Prevention Program (Starvista)	(650) 567-5437
16	Childhelp National Child Abuse Hotline	(800) 4-A-Child
17	CORA (Community Overcoming Relationship Abuse) Domestic Violence	(650) 652-0800
18	24 hour Hotline	(800) 300-1080
19	Gay, Lesbian, Bisexual, Transgender National Help Center	(888) 843-4564
20	Rape Trauma Services Crisis Line & Support	(650) 692-7273
21	Parental Stress Hotline	(888) 220-7575
22	Suicide Prevention & Crisis Services (24 hr) (thru WellSpace Health). Calls from all ages, a person does not have to be suicidal to talk with one of the crisis line counselors. <b>Text</b> the word HOPE to 916-668-4226 or <b>call</b>	(800) 273-8255
23	Veterans Crisis Line (also Suicide Prevention Crisis Line) (800) 273-8255 and Press 1 or (800) 784-2433	(800) 784-2433
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25	<b>Crisis Intervention</b>	
26	<b>FAST</b> (Family Assertive Support Team) Mobile Support: outreach support team for crisis intervention, transportation & homelessness or in danger of becoming homeless.	(650)368-3178
27	Ian Adamson, Director	Pager # (650) 371-7416
28	Matt Sweeney	Pager # (650)371-0407
29	<b>AOT Assisted Outpatient Treatment:</b> County team connects individuals with treatment to help them get the care they need (developed from Laura's Law) Criteria: 1)psychiatric hospitalization or incarceration 2 or more times in past 36 month 2)threats or acts of violent behavior towards themselves or others in past 48 months.	(650)372-6125
30	<b>Serenity House</b> , Crisis stabilization & respite center, (alternative to hospitalization & is voluntary, must call first for pre-approval),3701 Hacienda St, San Mateo	(650)204-9695



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65	<b>Correctional Programs:</b>	
66	<b>Mcguire Correctional Facility</b> : 300 Bradford St, Redwood City	(650)363-4969
67	<b>San Mateo County Jail (new jail)</b> : 1590 Maple St, Redwood City	(650) 363-4310
68	<b>Correctional Mental Health Service:</b> Carlos Morales	(650) 573-2037
69	<b>Jail Chaplain:</b> Michael Murray	(650) 364-4664
70	<b>Pathways Program</b> : alternative path thru the criminal justice system for those with	(650) 802-3351
71	serious mental illness, Isaac Frederick	
72	<b>Private Defender Program</b> , 333 Bradford St # 200, Redwood City 94063	(650) 298-4000
73	<b>Root &amp; Rebound</b> , <a href="http://www.rootandrebound.org">http://www.rootandrebound.org</a> , provides direct support to people with arrest and conviction histories - as well as their family members. Reentry Legal Hotline every Friday	(510) 279-4662
74	<b>Service Connect</b> (housing, case mgmt, transportation, etc. for soon to be released inmates), 550 Quarry Road, 2nd Floor, San Carlos, who are enrolled in Post-Release	(650) 508-6745
75	<b>Service League</b> , 727 Middlefield Rd, Redwood City	(650)364-4664
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79	<b>Employment:</b>	
80	<b>California Clubhouse</b> (Educ, Employ & Social Activities), 210 Industrial Rd, #102, San Carlos	(650) 539-3345
81	<b>Center for Independence</b>	
82	San Bruno: 1590 El Camino Real, Suite C	(650) 589-8994
83	San Mateo: 2001 Windward Way, #103	(650) 645-1780
84	<b>NOVA Workforce</b> , non-profit employment and training agency	(650) 581-0058
85	1777 Borel Pl, Suite 500, San Mateo	
86	<b>Vocational Rehabilitational Services, Department of Rehabilitation</b>	(650) 802-6482
87	550 Quarry Road, San Carlos 94070 (Wendy Jordan, Dir)	
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91	<b>Grief Support</b>	
92	<b>Center of Living with Dying</b> (grief and loss support), Santa Clara County	(415) 377-4845
93	<b>Compassionate Friends</b> (Volunteer run org - Support Group for families who have lost a child or family member through suicide, not spouse/partner) Can call/text 415-377-4845 or email: <a href="mailto:tcfburlingameca@gmail.com">tcfburlingameca@gmail.com</a>	(650) 652-0659
94	<b>Kara, Grief Counseling</b> , 457 Kingsley Ave, Palo Alto (1-1 support, support groups, peer counseling, suicide survivor support group, Spanish speaking call # 650-614-1491)	(650) 321-5272
95	<b>Mission Hospice</b> , (bereavement drop-in support, counseling, also <b>Suicide support</b> ), 1670 South Amphlett Boulevard Suite 300, San Mateo 94402	(408) 727-5775

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96	<b>Open To Hope.org</b> (resources,podcasts, youtube, etc)	
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102	<b>Hospitals:</b>	
103	<b>San Mateo Medical Center - Psych Emergency (PES)</b>	(650) 573-2662
104	Inpatient Nursing Station (3 A/B)	(650) 573-3787
105	Inpatient Discharge Planner	(650) 573-3760
106	222 W. 39th Ave, San Mateo General Reception	(650) 573-2222
107	<b>Mills-Peninsula Hospital - Psych Emergency</b>	(650) 696-5915
108	100 S. San Mateo Drive, San Mateo General Reception	(650) 696-5400
109	<b>Kaiser Permanente Medical Group</b>	
110	1400 Veterans Blvd, Redwood City 94063	(650)-299-4777
111	2001 Junipero Serra Blvd, Suite 650, Daly City 94014	(650)-991-6200
112	<b>Stanford Hospital</b> - Inpatient Psychiatric Clinic, 300 Pasteur Dr, 2nd Floor, Stanford	(650)723-5001
113	H Unit (locked)	(650) 725-9958
114	G Unit (open)	(650)723-3696
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116	<b>Legal Assistance:</b>	
	<b>Bay Area Legal Aid</b> , Restraining Order Clinic, Hrs 9:00 a.m. M, W, F & 1:00 pm W. 1048	(800) 551-5554
117	El Camino Real, Suite A, Redwood City 94063	
118	<b>Catholic Charities - Refugee &amp; Immigrant Services</b> , 36 37th Avenue, San Mateo	(650) 295-2160
	<b>Community Legal Service</b> , 2117 University Ave, East Palo Alto (Housing, Immigration,	(650) 326-6440
119	Economic Placement)	
120	<b>Housing Emergency Legal Aid</b>	(650) 517-8911
121	<b>Legal Aid Society</b> , 330 Twin Dolphin Dr #123, Redwood City	(800) 381-8898
		(650) 298-4000
122	<b>Private Defender Program</b> - San Mateo County Superior Court appoints the Private Defender to represent all individuals financially eligible for counsel at public expense.	
	<b>LIBRE Project</b> , SMC by educating individuals about their rights re immigration issues	(650) 363-4117
123	Also <b>Northern Calif. Rapid Response &amp; Immigrant Defense Network</b> Hotline: (203) 666-4472	
124	<i>We do NOT make recommendations for any particular attorney. The following is a list of attorneys known to be familiar with Special Needs Trusts &amp; Probate matters.</i>	
125	Robert Brady (Probate, LPS Conservatorship) 702 Marshall, Redwood City	(650) 364-4700
126	Ellen Cookman (Trust, Probate, Estate Planning) 2400 Geng Rd, Palo Alto	(650) 690-2571
127	Easterbrook, Alex (Monday's works at Private Defender Program	
128	Baron Miller (Special Needs, Trust) 1390 Market St, #1204, San Francisco	(650)365-6193
129	Cynthia Starkey, 1670 S. Amphlett Blvd, #214, Office 10, San Mateo	888-972-3454

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130	Catherine Raye-Wong (Special Needs) 909 Laurel Ave, San Carlos	(650) 591-7352
131	<b>San Mateo County Conservator's Office</b> - Danielle Lacampagne Main # Direct -(650) 599-1034	(650) 363-4117
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135	<b>Shelter &amp; Housing:</b>	
136	<b>Affordable Housing/Section 8:</b> SM housing.org, 264 Harbor Blvd, Bldg A, Belmont	(650) 802-3300
137	<b>Caminar</b> (Hawthorne House, Eucalyptus House & Redwood House)	(650) 372-4080
138	<b>HIP Housing</b> : Home Sharing Program	(650) 348-6660
139	<b>Mateo Lodge, Inc</b> : 420 Cassia, Redwood City (provides services with Outreach, Support & temporary housing (Casia House, Wallys & Humbolt House)	(650) 363-8125
140	<b>Maple Street</b> , 1580 Maple St, Redwood City (Mental Health Assoc. Emergency Shelter	(650) 364-1150
141	<b>Safe Harbor Shelter</b> : 295 N Access Rd, South San Francisco,(Samaritan House shelter - referral required)	(650) 873-4921
142	<b>Spring Street Shelter</b> : 2686 Spring Street, Redwood City (Mental Health Assoc. Emergency Shelter for the homeless , need referral from Fair Oaks to go to)	(650) 365-5772
143	<b>Project Sentinel:</b> Housing dispute resolution, i.e. rent increase, deposits, notices,	(650) 321-6291
144	<b>Samaritan House:</b> 4031 Pacific Blvd, San Mateo, CA 94403	(650) 341-4081
145		
146	<b>Social Security, Medicare, Medi-Cal, SSI and SSDI:</b>	
147	<b>Center for Independence</b> (Can provide help w/filling out forms & assist w/calls)	
148	San Bruno: 1590 El Camino Real, Suite C	(650) 589-8994
149	San Mateo: 2001 Windward Way, #103	(650) 645-1780
150	<b>San Mateo County Human Svcs Agency</b> : Resource Center Provides social svc eligibility for health coverage, MediCal, CalFresh, Calworks, CAPI & general assistance & employment svcs, also provide mail pick up, & emergency services: food vouchers, etc. Stop in to make appt: 400 Harbor Blvd, Bldg B, Belmont	(650) 802-7507
151	<b>Social Security:</b>	
152	800 South Claremont, #10, San Mateo Hours 9 am - 4 pm and	(800) 772-1213
153	601 Allerton St, 2nd Floor, Redwood City Hours 9 am - 3 pm, except Wed 9 am-12pm	(800) 772-1213
154	355 Gellert Blvd #201, Daly City, CA 94015	(800) 772-1213
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156	<b>Senior Resources:</b>	
157	<b>Ageing &amp; Adult Services (TIES Teamwork Ensuring Elder Support):</b> Support services on	(800) 675-8437
158	<b>Alzheimer's Association</b> 24/7 Helpline alz.org	(800) 272-3900
159	<b>Eldercare.gov</b> (to find free legal resources)	(800) 677-1116

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160	<b>Friendship Line</b> (24/7 warmline) - for Senior and Disabled 55+ (thru Older Adult Mental	(800)971-0016
	Healthy Aging Response Team ( <b>HART</b> ),Transportation,Shelter,Food,In-home	
161	Support,Health & Wellness, 101 Lake Merced Blvd, Daly City	(650) 991-5558
162	<b>HICAP</b> Health Insurance Counseling and Advocacy Program Medicare benefits, provide	(650) 627-9350
163	<b>Institute on Aging</b> 1660 South Amphlett Blvd. Suite 330 San Mateo, Supprt svcs	(650)424-1441
164	Older Adult System of Integrated Svcs ( <b>OASIS</b> ): provides psychiatric medication	(650) 573-3689
165	<b>Peninsula Family Service</b> , 24 Second Ave, San Mateo - Senior Peer Counseling extension #4389	(650) 403-4300
166	<b>70 Strong</b> - activities & services for older adults	(650) 780-7547
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170	<b>Veterans:</b>	
171	<b>Department of Veterans Affairs</b> - for health benefits	(877) 222-8387
172	<b>Department of Veterans Affairs</b> - for general benefits	(800) 827-1000
173	<b>Help for Homeless Veterans</b>	(877) 424-3838
174	<b>National Center for PTSD</b> (Post Traumatic Stress Disorder)	(802) 296-6300
175	<b>Swords to Plowshares:</b> Support Svcs for homeless and low income Veterans (case	(510) 844-7500
176	<b>VA National Family Call Center</b>	(888) 823-7458
177	<b>Veterans Crisis Line</b> (also Suicide Prevention Crisis Line) 800-273-8255, <b>Press 1</b>	(800) 273-8255
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180	<b>Youth</b>	
181	<b>Al-anon/Alateen</b> (7-19 yrs old) Family Groups	(650) 592-7935
182	<b>BEAM</b> (Bipolar Early Assessment) Bipolar treatment program ages 14-35 (Felton.org), 1108 S. El Camino Real, San Mateo	(650) 458-0026
183	<b>Children's Health Council</b> (Clinical & therapy/support groups for teens) help@chconline.org 650 Clark Way Palo Alto, CA 94304	(650) 688-3625
184	<b>Crisis Text Line</b> - text: 741741, 24/7 Crisis Support (text only)	text 741741
185	<b>Eating Disorder Program Stanford.</b> Will take patient/Family & Legal Guardian referrals, also take mediCal. ( <b>ages 9-24</b> )	(650) 498-4468
186	<b>Edgewood Center</b> , supports youth & their families w/mental health issues, with	(415) 681-3211
187	<b>Drop-in Center South</b> , 604 Price Ave, Redwood City ( <b>ages 18-25 only</b> )	(650) 517-8211
188	<b>Drop in Center North</b> , 931 W. San Bruno, Ste. 2, San Bruno ( <b>ages 18-25 only</b> )	(650) 832-6797
189	<b>Gatepath</b> (Family resource center for all special needs)	(650) 259-8500
190	<b>Parents Helping Parents</b> (resource for special needs children) 1400 Parkmoor Ave # 100, San Jose	(408) 727-5775
191	<b>Safespace</b> , (for ages 12 thru 26) 708 Oak Grove Ave, Menlo Park, Community Engagement Center, and 1162 and 1166 El Camino Real, (offers clinical services,individual and outpatient therapy) (650) 717-4417 & (650) 304-3906	
192	<b>San Mateo County Pride Center</b> , 2021 S. El Camino Real, San Mateo	(650) 591-9623

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193	<b>Star Vista</b> (Counseling/Crisis Intervention): Main Office 610 Elm St #212, San Carlos	(650) 591-9623
194	Suicide Prevention & Crisis Services (24 hr) (thru WellSpace Health). Calls from all ages, a person does not have to be suicidal to talk with one of the crisis line counselors. <b>Text</b> the word HOPE to 916-668-4226 or <b>call</b>	(800) 273-8255
195	The Trevor Project - Crisis & suicide prevention for LGBTQ youth	(866) 488-7386
196	<b>The Vibe</b> , for teens (middle school thru age 19) , opportunities to volunteer through the	(650) 286-3254
197	<b>Your House South</b> , thru Starvista, 24 hour crisis line, a safe haven for runaway and homeless youth, 394 Sequoia Ave, Redwood City	(650) 367-9687
198	<b>Other Resources:</b>	
199	<b>Asian Community for Mental Health</b> (for Mandarin speaking clients)	(510) 451-6729
200	<b>BEAM</b> (Bipolar Disorder Early Assessment & Management) 1104 S El Camino Real, San Mateo (Beam = x2654)	(650) 458-0026
201	<b>California Clubhouse</b> (Educ, Employ & Social Activities), 210 Industrial Rd, #102, San Carlos	(650) 539-3345
202	<b>Caminar</b> (Must be referred thru BHRS), 2600 S. El Camino Real, #200, San Mateo	(650) 372-4080
203	<b>Heart &amp; Soul</b> (Educ & Social Activities) 210 Industrial Rd, # 205, San Carlos	(650) 232-7426
204	<b>Ombudsman Services of San Mateo County</b> , community dedicated to protecting the rights of residents living in long term care in San Mateo County including advocacy efforts addressing issues that range from quality of care issues to egregious abuse.M-F, 8:30 am – 4:00 pm	(650) 780-5707
205	<b>Patient's Rights San Mateo County</b>	(866) 816-8639
206	<b>ReMind</b> (Prevention & Recovery in Early Psychosis) 1104 S El Camino Real, San Mateo (for Schizophrenia diagnosis only) (formerly called PREP)	(650) 458-0026
207	<b>San Mateo County Patient's Rights Advocates</b>	(650) 341-1889
208	<b>Star Vista</b> (Counseling/Crisis Intervention): Main Office 610 Elm St #212, San Carlos	(650) 591-9623
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