

CANYON RANCH.

wellness resort | LENOX MA

IMPACT 2019

Are You Ready?

Are *They* Ready?

Designing Your Professional Impact for the Year

Canyon Ranch – Lenox, MA

March 20 - 22, 2019



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**SEPARATE ~ DECOMPRESS ~ THINK ~ REFLECT ~ CONNECT ~
STRATEGIZE ~ GROW ~ IMPACT**

Join me and an intimate group of Senior Level Executives, Business Owners, and Entrepreneurs for a 3 day, 2 night escape to Canyon Ranch where we will truly dig in, reflect, and dedicate precious time to invest in you as a leader, and your goals and strategy for 2019.

I am so honored to partner with you! Can't wait to launch this incredible year together.

Sue

Sue Salvemini,
Author, Executive Coach
Founder & President, Focal Pointe, Inc.

**Canyon Ranch Daily Schedule for
March 20 - 26, 2019 COMING SOON**

**NOTE: Our Agenda and Sessions will
be customized to maximize your
opportunity to enjoy all that happens
at Canyon Ranch!**

www.canyonranch.com

**YOUR
DAILY SCHEDULE**

Program Includes



- Daily guided sessions customized for each of you to maximize your ability to think, reflect, create and refine your strategy to reach your goals in 2019.
- Group time together connecting, sharing and learning from each other. **Group is limited to 6-12 participants.**
- One individual/private 45-minute coaching session with me to be to be scheduled in time slots noted before or during program.
- Time and space for you to do “your own thing” – think, meditate, exercise, walk, hike, snowshoe, yoga, participate in fitness classes, sleep, indulge in the facility, join a group, join a class ...however and whatever you need to energize yourself for the remainder of the year.
- Complete use of the facility and programs on all three days (see schedule at <https://www.canyonranch.com/lenox/plan-your-stay/#scroll-down> schedule updated on a weekly basis).
- All of your amazingly, delicious, gourmet meals – 3 daily.
- Luxurious Deluxe King Room, sleeping in a cloud-soft, king-sized bed with Mascioni® linens, pillow menu with more than a dozen options for sleep.
- Round-trip transfers from Bradley Int’l Airport (Hartford, CT) or Albany Int’l Airport (Albany, NY) or Rensselaer (Albany, NY) Train Station
- All taxes – Canyon Ranch is a no-tipping resort.

Note: In addition to the vast menu of complimentary programs, classes and use of the spa and facility that is included in your package, Canyon Ranch also offers a robust menu of services for an additional fee. These services are not included in the all-inclusive price, however, you are welcome to indulge in them at your own expense.

*Rates are based on **Single Occupancy**. Please call to review options for **Double Occupancy**, **Team Rates**, or additional requests.*

Complete Coaching, 2 Day Program and Package Valued at: \$3,937
Offered for You at a Discounted Rate of:

\$1845 for Early Bird Registration before February 27, 2019

\$2095 for Registration Feb 28 – March 13, 2019

Email me or call for more information and to reserve your spot!

Sue@focalpointeinc.com cell: 508-523-6254

DRAFT AGENDA*

The goal of the program (and agenda) is to provide an environment for guided thinking, reflection and the opportunity to step away from your place of work, reflect on your goals, aspirations, barriers and challenges without the interruption of the “stuff” or day-to-day “noise,” and design a solid and executable plan for the remainder of the year, both professionally and personally.

Wednesday, March 20

- 7:00 – 1:00 Arrival at leisure and open access to use Canyon Ranch
1-1 Coaching* Block Time as preferred
- 1:00 – 3:30 **Welcome & Introductions**
Program Launch - Creating the Business and Culture You Want
Whether working independently, or leading a company or team within a larger organization, how do you create the work environment you want, and a place where talent and results are maximized? In this session we will explore understanding your Core Values, Personal Vision and strategies to help others achieve the same to maximize your success and desired results.
- 3:30 – 6:00 1-1 Coaching* Block Time (3 Slots)
Reflection & Application / Self-Guided Time to enjoy Canyon Ranch
- 6:00 – 9:00 Group Reception & Dinner

Thursday, March 21

- 7:00 – 8:00 1-1 Coaching* Block (1-2 slots)
- 8:00 – 9:00 Group Breakfast
- 9:00 – 10:30 **Program – Uncovering the Barriers that Slow You Down**
Despite the grandest of visions and commitment to implement, roadblocks get in our way. During this session, you will reflect on what truly is holding you and your business back, or merely slowing you down, and initiate a solid strategy to overcoming these barriers. You will be introduced to Energy Leadership© a unique approach and model designed to support your attitude and ability to quickly identify barriers, and swiftly work through them, minimizing unproductive time and maximizing forward progress and results.
- 10:30 – 12:00 1-1 Coaching* Block (2 slots)
Reflection & Application / Self-Guided Time to enjoy Canyon Ranch
- 12:00 – 1:30 Working Group Lunch

DRAFT AGENDA* continued

Thursday, March 21 continued

- 1:30 – 3:30 1-1 Coaching* Block (2-3 slots)
Reflection & Application / Self-Guided Time to enjoy Canyon Ranch
- 3:30 – 5:30 Program – Maximizing Your Impact
What kind of impact do you currently have? What would you like to have? During this time we will review 3 Areas for guaranteed impact: Investing in Development, Understanding the Power of Genuine Gratitude, Praise & Recognition, and Learning how to truly Listen to Hear. We will review concepts outlined in the recently published book, **Leadership By Choice: 7 Keys for Maximizing Your Impact and Influence in the Workplace...Right Where You Are** (Salvemini, Capucia Publishing 2018), and expand upon them through sharing Best Practices. Finally, you will identify the area/s where you can implement these strategies immediately, and we will close the session with immediate application.
- 6:00 – 9:00 Group Reception & Dinner

Friday, March 22

- 7:00 – 8:00 Group Activity (Highly encouraged but always optional) –
Walk, Yoga, TBD based on Group interests
- 8:00 – 9:00 Group Breakfast
- 9:00 – 10:45 Program – Bringing It Together
Application and implementation are key to all learning. Achieving results and having strong ROI is mission essential. During this session, we will review the business implications of how creating the culture you desire, gaining the ability to swiftly overcome barriers, and growing as an inspirational and impactful leader can and will profoundly impact your bottom line. You will have the opportunity to directly identify the correlation and financial impact of these choices, and strategize how to sustain and grow yourself and your businesses accordingly.
- 10:45 – 12:00 Working Group Lunch
- 12:00 – 2:00 Program Wrap Up & Close
- 2:00 – close Free to use Canyon Ranch

*Agenda will be finalized based on participants' interests and upon publication of Canyon Ranch Schedule for the week. Everything will be done to allow participants to be able to access programs and services of interest provided by Canyon Ranch and synergistic with the program. 1-1 Coaching Sessions will be scheduled upon registration and/or upon arrival and program start.