

# June



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## Aqua

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Please note: To better serve all of our members, the 10:00a.m. outdoor classes are 40 minutes in order for us to clear and ready the Waterpark prior to our 11:00a.m. opening.</b></p>					<p>1 8-Intense Cardio-JEN</p>
<p>3 8-Aqua Spin-MK 8:30-H2Otherapy-MOL 9-Liquid Cardio- MK <b>10-WP Ins Choice- LC</b> 5:30-Intense Cardio-MM 6:30-Aqua Spin-MM 7-Liquid Cardio-JEN 8-AD H2Otherapy-JEN</p>	<p>4 8:30-H2Otherapy-MM 9:30-Intense Cardio-MM <b>9:30-WP Boga Bootcamp-MK</b> 10:30-H2Otherapy- MK 10:30-Aqua Tri- MM</p>	<p>5 8-Aqua Spin- MK 8:30-H2Otherapy-DP 9-Liquid Cardio-MK <b>10-WP Aqua Jamz-MOL</b> 5:30-Abs&amp;Buns-MM 6:30-Aqua Tri-MM</p>	<p>6 8:30-H2Otherapy-MM 9:30-Intense Cardio-MM 10:30-H2Otherapy-MD 7-Liquid Cardio-LC 8-H2Otherapy-LC</p>	<p>7 8-Aqua Spin- MM 8:30-H2Otherapy- JEN <b>9-WP Liquid Cardio-MM</b> <b>10-WP Yoga/Stretch-MM</b> <b>10-WP Boga Yoga/Core-Geri</b></p>	<p>8 8-Intense Cardio-JEN</p>
<p>10 8-Aqua Spin- MD 8:30-H2Otherapy-MOL 9-Liquid Cardio- JEN <b>10-WP Aqua Jamz- KEL</b> 5:30-Intense Cardio-MM 6:30-Aqua Spin- MM 7-Liquid Cardio- LC 8-AD H2Otherapy-LC</p>	<p>11 8:30-H2Otherapy-MM 9:30-Intense Cardio-JEN <b>9:30-WP Boga Bootcamp-MM</b> 10:30-H2Otherapy- MM 10:30-Aqua Tri- KEL</p>	<p>12 8-Aqua Spin-DAN 8:30-H2Otherapy-JEN <b>9-Deep Water Dance-KEL</b> <b>NO WP CLASS TODAY</b> 5:30-Abs&amp;Buns-MM 6:30-Aqua Tri-MM</p>	<p>13 8:30-H2Otherapy-MM 9:30-Intense Cardio-MM 10:30-H2Otherapy-KEL 7-Liquid Cardio-MD 8-H2Otherapy-MD</p>	<p>14 8-Aqua Spin- MM 8:30-H2Otherapy-DAN <b>9-WP Liquid Cardio-MM</b> <b>10-WP Yoga/Stretch-MM</b> <b>10-WP Boga Yoga/Core-Geri</b></p>	<p>15 8-Intense Cardio-CD</p>
<p>17 8-Aqua Spin-DAN 8:30-H2Otherapy-JEN 9-Liquid Cardio- MK <b>10-WP Ins Choice-KEL</b> 5:30-Intense Cardio-MM 6:30-Aqua Spin-MM 7-Liquid Cardio-LC 8-AD H2Otherapy- LC</p>	<p>18 8:30-H2Otherapy-MM 9:30-Intense Cardio-MM <b>9:30-WP Boga Bootcamp-MK</b> 10:30-H2Otherapy- MK 10:30-Aqua Tri- MM</p>	<p>19 8-Aqua Spin-DAN 8:30-H2Otherapy-JEN 9-Liquid Cardio- MK <b>10-WP Aqua Jamz- MK</b> 5:30-Abs&amp;Buns-MM 6:30-Aqua Tri-MM</p>	<p>20 8:30-H2Otherapy- MM 9:30-Intense Cardio-MM 10:30-H2Otherapy-MD 7-Liquid Cardio-CD 8-H2Otherapy-CD</p>	<p>21 8-Aqua Spin- DAN 8:30-H2Otherapy-DP <b>9-WP Deep Water Dance-KEL</b> <b>10-WP Yoga/Stretch-KEL</b> <b>No Boga Yoga Today</b></p>	<p>22 8-Intense Cardio-CD</p>
<p>24 8-Aqua Spin-MD 8:30-H2Otherapy-DP 9-Liquid Cardio- JEN <b>10-WP Aqua Jamz- KEL</b> 5:30-Intense Cardio-MM 6:30-Aqua Spin-MM 7-Liquid Cardio-LC 8-ADH2Otherapy-LC</p>	<p>25 8:30-H2Otherapy-MM 9:30-Intense Cardio-JEN <b>9:30-WP Boga Bootcamp-MM</b> 10:30-H2Otherapy- MM 10:30-Aqua Tri- KEL</p>	<p>26 8-Aqua Spin-DAN 8:30-H2Otherapy-JEN 9-Liquid Cardio- MK <b>10-WP Ins Choice-MK</b> 5:30-Abs&amp;Buns-MM 6:30-Aqua Tri-MM</p> <p>-Water shoes highly recommended for classes</p> <p>-Must have 6 people to sustain classes.</p>	<p>27 8:30-H2Otherapy-MM 9:30-Intense Cardio-MM 10:30-H2Otherapy-JEN 7-Liquid Cardio-CD 8-H2Otherapy-CD</p>	<p>28 <b>Aqua Fitness Event @ the Outdoor Water Park. Join us for an awesome workout &amp; try something new!</b> <b>9:00am-10:20am. Bring a guest for free! Refreshments afterwards.</b></p>	<p>29 8-Intense Cardio-CD</p>