



Your Next Great Interview

Peter C. Atherton, P.E.

Impact and Growth Consultant, Speaker, Author of *Reversing Burnout*, and Professional Engineer

Pete is the President and Founder of ActionsProve, LLC. and works with businesses and high-achieving professionals to create greater growth and profits through more effective employee attraction and retention, impact, and branding. Prior to founding ActionsProve, and for more than 20 years, Pete was a very successful and accomplished professional civil engineer who specialized in the design of large public infrastructure projects and sophisticated water treatment systems. Pete sold his engineering firm ownership to focus on helping other professionals and leaders grow their success while winning at both work and life. For over a dozen years, Pete has also been serving in multiple capacities in the nonprofit sector to achieve both local and global impact.

Suggested Interview Topics:

- Professional and Business Owner Burnout
- Successful Work-Life Balance and Integration for High-Achievers
- Employee Engagement
- Effective Corporate Impact

Suggested Questions:

1. Why is burnout, disengagement, and career pivoting so prevalent today?
2. What is the Burnout-Disengagement Cycle and how can individuals, leaders, and organizations reverse and avoid it?
3. How do our work and life seasons both compliment and conflict with each other, and how can we leverage them?
4. What are the opportunities professionals and business owners have to make a real difference both inside and outside the office, and how does that improve our ability to reverse and avoid burnout?
5. What are the common the traps and pitfalls that affect many successful professionals and business owners and how can they be avoided?
6. What is the I.M.P.A.C.T. process and how can it be used individually and organizationally to address burnout, engage employees, and differentiate ourselves?

About the Book:

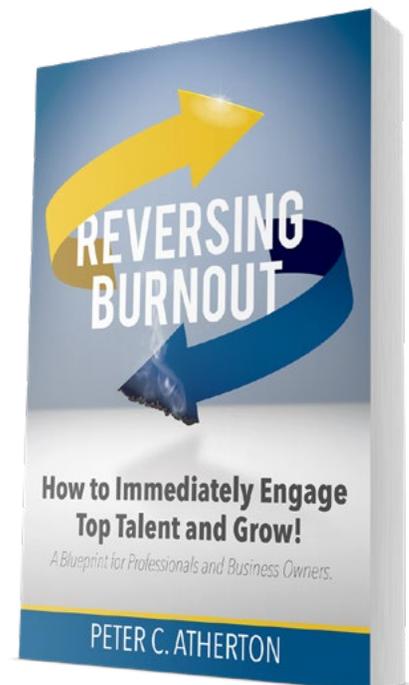
Reversing Burnout. How to Immediately Engage Top Talent and Grow! A Blueprint for Professionals and Business Owners.

Achieving success as a professional and a business owner requires a sustained commitment and dedication to "mastering our craft." Despite the tremendous value and benefits offered, success today can leave many of us feeling burned-out, disengaged, and considering a pivot.

Achieving success as an organization requires the ability to attract, retain, and grow top talent. To remain successful, organizations must take on burnout and disengagement and provide the type of environment and opportunities that top employees want.

Success and a full life are possible, and Pete offers a specific blueprint for professionals and business owners to reverse burnout, immediately engage top talent, and grow.

Book Link and Praise: <https://www.actionsprove.com/products/>
Amazon Author Page: http://amazon.com/author/peterc_atherton



About ActionsProve:

Times have changed both for individuals and for organizations. Whether enhancing current operations, refreshing, or pivoting in a new direction, we help clients succeed through:

- Strategic Planning
- Executive Coaching
- Employee Engagement
- Corporate Impact Design and Implementation



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