This walking route was created to encourage walking and exploring throughout the beautiful area of Stevens County. The Regional Fitness Center, City of Morris, and U of M Morris assembled it as part of SHIP, our statewide health improvement efforts, in creating communities that support healthy choices.

Morris Points of Interest

1. Eagles Park (East 7th Street)  
   Come and watch some baseball and softball at Eagles Park. The park consists of two baseball fields, two softball fields, and is home of Chizek Field.

2. East Side Park (Corner of 7th and California)  
   Enjoy the Killoran Arts Centre and summer music fest at East Side Park. This park is also home to many community events as well as the annual Prairie Pioneer Days.

3. Green River (Green River meets Elm Street)  
   A spacious park where you can play tennis, basketball, have a picnic, or even enjoy a game of soccer.

4. Pomme de Terre (On Pomme de Terre River)  
   Camping, fishing, and picnicking are just some of the many fun things you can do at Pomme de Terre Park. Enjoy the scenic bike paths that surround the river and Pomme de Terre Park.

5. Wells Park (Corner of Pacific Ave. and 11th St.)  
   Come and take in some youth baseball and softball games, play basketball, or have a family picnic during the summer. You can also try out the skateboard park.

6. Kjenstad (Corner of 4th & Wyoming)  

7. Thedin Park (Corner of west 6th & Lyndale Ave)  

For Additional Routes Check Online at www.westcentralwellness.org
UMM Points of Interest

1. Welcome Center
2. Crocus Valley Organic Garden
3. Dining Hall and Student Center
4. Biomass Gasification Facility
5. Solar Thermal Panels
7. Residence Halls
8. Bikeshare Program

Route 1 (5 miles)
Route 2 (2.9 miles)

Start