This biking route was created to encourage biking and exploring throughout the beautiful area of Stevens County. The Regional Fitness Center, City of Morris, and U of M Morris assembled it as part of SHIP, our statewide health improvement efforts, in creating communities that support healthy choices.

Disclaimer: The map color scheme is intended only to indicate the traffic volume and shoulder definitions from a bicyclist's perspective. Information was provided by the Morris Area Cycling Club.

For Additional Routes Check Online at www.westcentralwellness.org
**Biking Safety Tips**

- Always wear a helmet
- Bikes are vehicles
- Ride on the right hand side of the road
- Obey all traffic laws
- Signal your turns
- Remember to bring water
- Share the road
- Wear bright colors or reflective material

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**Cycling Resources**

Wetland Office - [fws.gov/midwest/morris/viscenter.html](http://fws.gov/midwest/morris/viscenter.html)
Morris Area Cycling - [morrisveloclub.com](http://morrisveloclub.com)