This walking route was created to encourage walking and exploring throughout the beautiful area of Elbow Lake, MN. The Park & Recreation Committee assembled it as part of SHIP, our statewide health improvement efforts, in creating communities that support healthy choices.
Community Garden ROUTE 1.5 miles

Use sidewalks where available. If no sidewalks are present, use safety precautions.

1 Athletic Park – The park was originally built as a football practice field for the high school. Over the years it has seen lots of changes. It has areas where all can enjoy including: tennis courts, basketball courts, sand volleyball, baseball and softball fields, walking path, bathrooms and a picnic shelter. In the winter it has two ice skating rinks and a warming house.

2 Prairie Ridge Hospital and ER – A critical access hospital that provides numerous services that includes a clinic, and 24 hour emergency room, and ambulance services.

3 Community Garden – The Elbow Lake Community Gardens are open to all residents of the city of Elbow Lake. The gardens consist of 8 raised beds. Each plot can be rented from the city at a cost of $20 per plot. Residents who are 65 years of age or older pay $10 per plot.

4 Lake Region Veterinary Center – One of the State’s best veterinary clinics which provides large and small animal services. The clinic is staffed by five veterinarians and six veterinarian’s assistants who can provide all the needs for your pets and livestock.

5 Tipsinah Mounds Campground – Owned by the city of Elbow Lake it is one of the area’s most beautiful campgrounds that includes rustic and full hookup camping. The campground has a full-time caretaker, store, boat rentals, hiking trails, swimming beach, playground, and city police protection.

For Additional Routes Check Online at
www.westcentralwellness.org
www.elbowlakechamber.com

This walking map is brought to you by: