



“Why Family Health?”: Mahube-Otwa’s family planning program

“What can Family Health do for me?”

At Mahube-Otwa Family Health we provide a variety of family planning and reproductive health services for people of all ages, genders, orientations, races, ethnicities, religious backgrounds, and income levels. Patients come to us for a variety of services including but not limited to:

- physical exams like pap smears
- STI testing for chlamydia, gonorrhea, syphilis, and HIV
- birth control provision for pills, patches, rings, IUDs, and implants
- HPV vaccinations

Confidentiality is also a huge concern for our staff and our patients. We abide by all privacy practices and have extra supports in place to ensure that all of our clients feel safe, supported and affirmed to access the health care they need.

“Will I be refused services if I can’t afford them?”

Most services at Mahube-Otwa Family Health are low-cost or free. We accept all public and private insurance plans. Don’t have insurance? That’s ok too! Charges for services operate on a sliding fee scale based on the federal poverty guidelines. In fact, 85% of our clients receive some sort of financial assistance and **no one is refused services based on an inability to pay**. We even offer services to help you get enrolled in an insurance plan through MNsure if you’re interested!

“How far do I have to travel to receive services?”

Family Health has locations across West Central and Central Minnesota.

- Fergus Falls: 128 W Cavour Avenue
 - 218-739-3011
- Long Prairie: 50 CentraCare Drive
 - 218-935-2527
- Horizon Public Health, Morris office: 10 E Hwy 28
 - 320-208-6670
- University of MN, Morris: 600 4th Street
 - 320-589-6070

“Sure, all this sounds great, but I already have a primary care provider.”

Mahube-Otwa Family Health specializes in reproductive health care, it is our passion, and it is what we do all day, every day. Sometimes it can be uncomfortable to go into a large hospital or clinic and see a provider you’ve known since you were 7 years old. Perhaps you have never had a primary doctor and large facilities are intimidating. Or maybe you’ve had a poor experience with a doctor before, and you are anxious to seek out care. These are all realities for many people in our service area. Our staff and practitioners provide the confidential, non-judgmental, inclusive care you need in order to take control of your reproductive health and plan your life to ensure happy, healthy, and thriving families. If you are interested in receiving services, please reach out to any of the locations listed above, or call us at 1-877-275-6123. For more information on STI’s or other health questions call the MN Family Planning and STI Hotline at 1-800-783-2287.

Mahube-Otwa Family Health | Reproductive Health for All! | 1-877-275-6123