

Eric So, D.P.M., AACFAS

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PROFESSIONAL TRAINING

08/2018-08/2019 **The CORE Institute**, Phoenix, AZ
Fellow in Foot & Ankle Surgery

07/2015-06/2018 **Grant Medical Center**, Columbus, OH
Co-Chief Resident

EDUCATION

2011-2015 **Des Moines University**, Des Moines, IA
Doctor of Podiatric Medicine

2006-2011 **University of Toledo**, Toledo, OH
Bachelors of Science, Major: Biology, Magna Cum Laude

LEADERSHIP

2017-2018 **Graduate Medical Education Committee**, Grant Medical Center, Columbus, OH

2017-2018 **Faculty Review Committee**, Grant Medical Center, Columbus, OH

2016-2017 **EBM and Research Committee**, American Colleges of Foot and Ankle Surgeons

2016-2017 **Externship Co-Coordinator**, Grant Medical Center, Columbus, OH

2012-2013 **Admissions Interview Committee**, Des Moines University, Des Moines, IA

2012-2013 **Research Symposium Committee**, Des Moines University, Des Moines, IA

2011-2012 **Vice President**, American College of Foot and Ankle Orthopedics and Medicine Student Club,
Des Moines, IA

PUBLICATIONS: PEER REVIEWED

1. Karim AK, **So E**, Taylor BT, Nace W, Degenova D. Ankle Fracture Fixation: Medial or Lateral First? *J Foot Ankle Surg.* 2019;58(1):75-79.
2. **So E**, Van Dyke B, McGann M, Larson DR, Brandao R, Hyer CF. Structures at Risk of the Intermetatarsal Screw for the Lapidus Bunionectomy. *J Foot Ankle Surg.* 2019;58(1):62-65.
3. **So E**, Preston N, Holmes T. Intermediate to Long-Term Longevity and Incidence of Revision of the Modified Brostrom-Gould Procedure for Lateral Ankle Ligament Repair: A Systematic Review. *J Foot Ankle Surg.* 2017;56(5):1076-1080.

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4. McAlister JE, DeMill SL, **So E**, Hyer CF. Surgical Planning for Flexor Digitorum Longus Tendon Transfers: An Anatomic Study. *J Foot Ankle Surg.* Jan-Feb 2017;56(1):47-49.
5. Sundling RA, **So E**, Logan DB. Chondroid Syringoma: A Case Report in the Foot and Ankle. *Foot and Ankle Spec.* 2017;10(2):167-169
6. **So E**, Hlad LM. Modified Lambrinudi Arthrodesis for the Acute Treatment of Neurogenic Clubfoot. *Foot Ankle Spec.* 2017;10(4):372-376.
7. Luffy L, Grosel J, Thomas R, **So E**. Plantar fasciitis: A Review of Treatments. *Journal of the American Academy of Physician Assistants.* 2018;31(1):20-24.
8. **So E**, Mandas V, Hlad LM. Large Osseous Defect Reconstruction Using a Custom 3-Dimensional Printed Titanium Truss Implant. *J Foot Ankle Surg.* 2018;57(1):196-204.
9. Renner K, **So E**, Quisno AL, Logan DB. The Rare Cuneo-Cuboid Coalition. *J Am Pod Med Assoc.* 2017 [epub ahead of print.]
10. **So E**, Black TE, Mehl B. Split Peroneus Longus Free Tendon Autograft Transplantation for the Treatment of Neglected Extensor Hallucis Longus Tendon Laceration. *J Foot Ankle Surg.* 2018;57(1):210-214.
11. **So E**, Reb C, Larson DR, Hyer CF. Medial Double Arthrodesis: Technique Guide and Pearls. *J Foot Ankle Surg.* 2017;57(2):364-369.
12. **So E**, Wilson MD, Chu AK, Prissel MP. The Incidence of Nonunion of the Hallux Interphalangeal Joint Arthrodesis: A Systematic Review. *J Foot Ankle Surg.* 2018;57(4):776-780.
13. Law R, **So E**, Chu AK, Logan DB. Pitted Keratolysis: Review of the Literature. *Proc Singap Health.* [epub ahead of print]
14. **So E**, Hyer, CF, Richardson MP, Thomas RC. What is the Current Role of Journal Club in Podiatric Foot and Ankle Surgery Residency Training Programs? *J Foot Ankle Surg.* 2017;56(5):1009-1018.
15. **So E**, Zulauf E, Weber JS, Hyer CF. Osteochondral defect of the Calcaneocuboid Joint. *J Foot Ankle Surg.* [accepted for publication]
16. Chu AK, Wilson MD, Lee J, **So E**, Prissel MP, Hyer CF. The Incidence of Nonunion of the Naviculocuneiform Joint: A Systematic Review. *J Foot Ankle Surg.* [epub ahead of print]
17. **So E**, Consul D, Holmes T. Achilles Tendon Allograft with Bone-Block for Achilles Tendon Reconstruction: 8-year follow-up. *J Foot Ankle Surg.* [accepted for publication]
18. Wilson M, Chu A, **So E**, Thompson J, Prissel M. Incidence of Nonunion of the First Metatarsophalangeal Joint Arthrodesis After Failed Implant Arthroplasty: A Systematic Review. *J Foot Ankle Surg.* [accepted for publication]

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19. **So E**, Brandao R, Bull PE. A Comparison of Talar Surface Area Occupied by Two Versus Three Screw Fixation for Ankle Arthrodesis. *Foot and Ankle Spec.* [Accepted for publication]
20. **So E**, Hyer CF, Richardson M, Younger M, Malay DS. How Does a Structured Review Instrument Impact Learning at Resident Journal Club? *J Foot Ankle Surg.* [accepted for publication]
21. **So E**, Sundling RA, Logan DB. Pernio-Induced Toe Pain in the Setting of Onychocryptosis. *J Am Pod Med Assoc.* [accepted for publication]
22. Kibler K, Chu A, **So E**, Logan DB. Varied Surgical Approach to the Retrocalcaneal Spur and Haglund's Deformity: A Surgical Guide. *Tech Foot Ankle Surg.* [accepted for publication]
23. Halaharvi H, Kibler K, **So E**, Logan DB. Gouty Achilles Tendinopathy. *J Am Pod Med Assoc.* [accepted for publication]

PUBLICATIONS: OTHER

1. American Colleges of Foot and Ankle Surgeons Online Scientific Literature Review December 2016
Deol RS, Roche A, Calder JD. Return to Training and Playing After Acute Lisfranc Injuries in Elite Professional Soccer and Rugby Players. *Am J Sports Med.* 2016 Jan;44(1):166-70.
<http://www.acfas.org/Research-and-Publications/Scientific-Literature-Reviews/December-2016/SLR---December-2016---Eric-So/>
2. American Colleges of Foot and Ankle Surgeons Online Scientific Literature Review March 2018
Nguyen QT, Norelli JB, Graver A et al. Therapeutic Effects of Doxycycline on the Quality of Repaired and Unrepaired Achilles Tendon. *Am J Sports Med.* 2017;45(12):2872-2881.
<https://www.acfas.org/Research-and-Publications/Scientific-Literature-Reviews/March-2018/SLR---March-2018---Eric-So/>
3. McAlister JE, **So E**. *Keys to Deltoid Ligament Repair After Ankle Fracture.* PodiatryToday. 2018 Oct;31(10):44-52.

HONORS AND AWARDS

1. 06/2018
Outstanding Contribution in the Area of Medical Research
Foot and Ankle Specialists of Central Ohio, Columbus, OH
2. 04/2018
OhioHealth Resident Research Grant
Research grant of \$5669.00 for research project investigating the clinical outcomes of Flexor Digitorum Longus tendon transfer.
3. 05/2018
OhioHealth Resident Research Grant
Research grant of \$1,364.00 for the cost-analysis investigation of open reduction internal fixation versus primary arthrodesis for the treatment of Lisfranc injuries.
4. 05/2018
Second Place, Poster Competition, OhioHealth Research Sharing Day
So E, Wilson M, Chu A, Prissel MA. *The Incidence of Nonunion of the Hallux Interphalangeal Joint Arthrodesis: A Systematic Review*

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5. 05/2018
First place, Manuscript Competition, 102nd Annual Seminar Ohio Foot and Ankle Medical Association
So E, Mandas V, Hlad LM. *Large Osseous Defect Reconstruction Using a Custom 3-Dimensional Printed Titanium Truss Implant*
6. 11/2017
American College of Foot and Ankle Surgeons (ACFAS) Clinical Research Grant
ACFAS Grant of \$15,192.80 for research project investigating the clinical outcomes of Flexor Digitorum Longus tendon transfer with medial double arthrodesis for the treatment of posterior tibial tendon insufficiency.
7. 06/2017
First Place, Manuscript Competition, 101st Annual Seminar Ohio Foot and Ankle Medical Association
So E, Preston N, Holmes T. *Intermediate to Long-Term Longevity and Incidence of Revision of the Brostrom-Gould Procedure for Chronic Lateral Ankle Instability: A Systematic Review*
8. 06/2017
First Place, Poster Competition, 101st Annual Seminar Ohio Foot and Ankle Medical Association
So E, Black TE, Mehl B. *Split Peroneus Longus Free Tendon Autograft Transplantation for the Treatment of Neglected Extensor Hallucis Longus Tendon Laceration*
9. 05/2017
First Place, Poster Competition, OhioHealth Research Sharing Day
Bull PE, Weber JS, So E. *Accuracy of a Single Tunnel Technique for Reconstruction of the Interosseous Talocalcaneal Ligament: Technical Pearls and Structures at Risk*
10. 05/2017
Second Place, Poster Competition, OhioHealth Research Sharing Day
Halaharvi C, So E, Holmes T. *Non-Infectious Subcutaneous Emphysema*
11. 05/2016
First Place, Poster Competition, 100th Annual Seminar Ohio Foot and Ankle Medical Association
So E, Hlad LM. *Modified Lambrinudi Arthrodesis for the Treatment of Neurogenic Clubfoot*
12. 05/2016
Second place, Poster Competition, OhioHealth Research Sharing Day
McAlister J, DeMill S, So E, Hyer CF. *Surgical Planning for Flexor Digitorum Longus Tendon Transfer: An Anatomic Study*
13. 05/2016
Second Place, Poster Competition, 100th Annual Seminar Ohio Foot and Ankle Medical Association
Sundling RA, So E, Logan DB. *Chondroid Syringoma of the Foot and Ankle*
14. 05/2018
Third place, Halaharvi C, So E, Kibler K, Logan DB. *Gouty Achilles Tendinopathy*. 102nd Annual Seminar Ohio Foot and Ankle Medical Association, Columbus, OH, May 17th, 2018.

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15. 05/2015
Class of 2015 Leadership Award, Des Moines University
16. 12/2014
Crimson Excellence Award, Harvard Mount Auburn Hospital, Cambridge, MA
17. 2013-2014
American Podiatric Medical Association Educational Foundation Scholarship
18. 2012
Excellence Award, Physical Diagnosis Teaching Assistant
19. 2011-2015
Dean's Merit Scholarship, Des Moines University

LECTURES

1. **So E.** *Pilon Fracture Management*. Heartland Foot and Ankle Conference. Des Moines, IA. Oct. 3rd, 2018.
2. **So E.** *Ankle Fracture Current Concepts*. Heartland Foot and Ankle Conference. Des Moines, IA. Oct. 3rd, 2018.
3. **So E.** *Lisfranc Injuries: Fix or Fuse*. Healthcare Outcomes Performance Symposium. Scottsdale, AZ. August 18th, 2018.
4. **So E,** Van Dyke B, Larson DR, McGann M, Hyer CF. *Structures at Risk of the Intermetatarsal Screw for Lapidus Bunionectomy: A Cadaver Study*. American Osteopathic Academy of Orthopedics, Chicago, IL, October 14, 2017. Ohio Foot and Ankle Current Concepts Symposium, Columbus, OH, February 10th, 2018. Annual Scientific Conference, American Colleges of Foot and Ankle Surgeons, Nashville, TN, March 23rd, 2018.
5. **So E,** Hlad LM. *Modified Lambrinudi Arthrodesis for the Treatment of Neurogenic Clubfoot: A Case Study*. 100th Annual Seminar OHFAMA, Columbus, OH, June 8-10th, 2016. 2nd Annual Global Foot and Ankle Congress. Chongqing, China. May 26-29, 2017.
6. **So E.** Renner K, Mandas VH, Hlad LM. *Salvage of Large Osseous Defects After Failed Foot and Ankle Surgery Using a Custom 3D-Printed Scaffold*, 17th Annual University of Pittsburgh Medical Center Podiatry Conference, June 3rd, 2017.
7. **So E.** Preston N, Holmes, T. *Longevity and Incidence of Revision of the Modified Brostrom Procedure for Lateral Ankle Ligament Repair: A Systematic Review*. 101st Annual Seminar Ohio Foot and Ankle Medical Association, Columbus, OH, June 8th, 2017.
8. **So E.** Black TE, Mehl B. *Split Peroneus Longus Free Tendon Autograft Transplantation for the Treatment of Neglected Extensor Hallucis Longus Tendon Laceration: A Case Report*. 101st Annual Seminar Ohio Foot and Ankle Medical Association, Columbus, OH, June 8th, 2017.

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9. **So E.** Holmes T. *12-Year Follow-Up of Achilles Tendon Reconstruction with Allograft Tendon with Calcaneal Bone Block*. 101st Annual Seminar Ohio Foot and Ankle Medical Association, Columbus, OH, June 8th, 2017.
10. **So E,** Wilson MD, Chu AK, Prissel MA. *The Incidence of Nonunion of Hallux Interphalangeal Joint Arthrodesis: A Systematic Review*. Ohio Foot and Ankle Current Concepts Symposium, Columbus, OH, February 10th, 2018.

PROFESSIONAL SOCIETIES

- 2017-Present Arizona Sports Medicine Society (AZSMS)
- 2015-Present Ohio Foot and Ankle Medical Association (OHFAMA)
- 2011-Present American Colleges of Foot and Ankle Surgeons (ACFAS)
- 2011-Present American Podiatric Medical Association (APMA)
- 2011-Present American Academy of Podiatric Practice Management (AAPPM)

CERTIFICATIONS

- 12/2018 Stryker STAR Total Ankle Arthroplasty Certification, Phoenix, AZ
- 10/2018 Exactech Vantage Total Ankle Arthroplasty Certification, San Francisco, CA
- 09/2018 Zimmer Biomet Total Ankle Arthroplasty Solutions Certification, Scottsdale, AZ
- 09/2018 Associate, American Colleges of Foot and Ankle Surgeons
- 08/2017 OhioHealth Chief Resident Development Series
- 12/2015 National Board of Podiatric Medical Examiners Part III
- 01/2015 National Board of Podiatric Medical Examiners Part II
- 04/2014 Advanced Cardiac Life Support, American Heart Association (Renewal)
- 04/2014 Basic Life Support, American Heart Association (Renewal)
- 06/2013 National Board of Podiatric Medical Examiners Part I

COURSES

- 04/2019 Arthrex Fellowship Course, Naples, FL
- 03/2019 Wright Medical Fellowship Course, Memphis, TN
- 02/2019 Orthofix Fellowship Course, New Orleans, LA
- 10/2018 ACFAS Billing and Coding Course
- 09/2018 Integra Fellowship Course, Austin, TX
- 09/2018 Paragon 28 Fellowship Course, Aurora, CO
- 04/2018 NovaStep Pre-Fellows Course, Chicago, IL
- 08/2017 Orthofix External Fixation Course, Columbus, OH
- 05/2017 Orthofix Hexapod External Fixation Course, Columbus, OH
- 04/2017 AAFAO Advanced Course, Memphis, TN
- 01/2017 Cartiva Implant Course, Columbus, OH
- 01/2017 Miami Anatomy Research Symposium, Miami, FL
- 11/2016 Stryker Hoffmann LRF External Fixation Course, Columbus, OH
- 10/2016 ACFAS Foot and Ankle Arthroscopy Course, Chicago, IL
- 09/2016 Stryker Scandinavian Total Ankle Replacement Course, Columbus, OH
- 04/2016 AAFAO Basic Course, Memphis, TN