

A Personal Invitation

If you are an ataxia patient, or the parent, spouse, sibling, significant other, or friend of a person with ataxia, we invite you to join our support group. We are ataxians, spouses, parents and friends who know the helpless feeling of watching our loved ones change before our eyes. We also know how lonely and isolated you may sometimes feel.

Maybe, most important of all, we get it. If you have ataxia, you know what we mean. We understand how frustrating it is to not receive a timely diagnosis and go years without knowing what is wrong. We know what it is like to be misdiagnosed. We know how exasperating it is to spend a fortune on "adaptive equipment" when you wanted to spend it on a good set of golf clubs or new kitchen cabinets.

We rely on each other for support and encouragement. We are combating the ups and downs of ataxia by joining together to share friendship while equipping ourselves with knowledge, our strongest weapon in the battle against this disease.

We cordially extend a warm welcome to all ataxians, their families, friends and anyone interested in our cause.

Sincerely,
Greater Atlanta Ataxia Support Group



To learn more about the Greater Atlanta Ataxia Support Group or to request additional information, please contact one of our leaders or W_ S [^ f Z W e g b a d f Y d a g b .

Group Leaders

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The Greater Atlanta Ataxia Support Group is an independent affiliate of:



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Greater Atlanta Ataxia Support Group



*Our support group meetings are casual and are held in a warm, welcoming, and safe atmosphere. All meetings are offered **free of charge**. People diagnosed with ataxia, their family, their caregivers, and their friends are invited to attend.*

We're Getting Together...





Governor Deal signs Ataxia Awareness Day proclamation at the state capitol.

Have you been diagnosed with ataxia?

Do you know someone affected by ataxia?

An estimated 150,000 people in the United States are affected by hereditary and sporadic ataxias, a group of neurological disorders which are chronic and progressive conditions affecting coordination. Ataxia strikes without regard to age, gender, or Race.

You are not alone! The Greater Atlanta Ataxia Support Group is a self-help organization serving both individuals affected by all types of ataxia, as well as their families, caregivers, and others who have a direct interest in providing support to people with ataxia.

Our meetings foster a safe, welcoming atmosphere allowing members to share their experiences while gaining support, encouragement and information to improve the quality of their lives. Topics of interest vary and may include guest speakers and/or current medical updates. Many of our members travel from all areas of Georgia and the Southeast.

Meeting Schedule

REGULAR MEETINGS

Regular meetings are held 4 times per year. Check the website or contact us for the current schedule.

All meetings start at 1 pm and typically last between two and three hours. Members are notified in advance of the agenda for each meeting. Reservations are not required.

Location:

Emory Center for Rehabilitation Medicine
1441 Clifton Rd., Room 101
Atlanta, GA 30322
404-712-5512

Parking is free. You may drop your guests off at the front door before parking. Before entering the parking lot, announce your arrival at the gate. Our location is fully accessible.

SOCIALS AND FUNDRAISERS

Social events and fundraisers are planned throughout the year. These events are always fun and entertaining. Check our schedule for dates.



Atlanta Walk n' Roll for Ataxia

International Ataxia Awareness Day

September 25th
Event and location to be announced.



Support group picnic at Lake Lanier

Why should I join?

- Be part of a caring support group and share experiences in a safe atmosphere with others affected by ataxia;
- Gain support, encouragement, and hope as you battle ataxia;
- Receive current information about ataxia, research, clinical trials, and medical updates;
- Learn effective coping techniques;
- Get involved in the fight against ataxia by helping to create awareness and participate in group projects;
- Find local resources.

Our Commitment

- ◆ To provide support to all ataxia patients, their families, caregivers, friends and individuals at-risk;
- ◆ To promote education and create awareness of ataxia in the healthcare community and to the general public;
- ◆ To increase public awareness and organize events to raise money for research;
- ◆ To eliminate the feeling of isolation experienced by ataxians.