

Vegan Menu



BREAKFAST

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GREEN TEA YOGURT PARFAIT *Vegan Greek yogurt blended with green tea and topped with granola and fresh berries* 7

BREAKFAST BANANA SPLIT *Our breakfast version of a traditional classic! Our banana split is filled with Greek yogurt and topped with granola, fresh berries, sprinkled with flax seed and a dash of cinnamon.* 7

VEGAN OATMEAL *Topped with fresh berries and served with brown sugar and raisins.* 7

VEGAN PANCAKES OR VEGAN WAFFLE *Our homemade vegan pancakes served with Stacy's simple syrup.* 7

Add Fresh Berries \$1 or Add Banana and Pecans \$1.50 or Add Vegan Bacon or Vegan Sausage \$3

BREAKFAST JUST EGG SANDWICH *Served on a pretzel bun or sourdough with your choice of vegan cheese (provolone or cheddar) and your choice of vegan meat (bacon or sausage). Served fresh fruit.* 9

AVOCADO BREAKFAST BOWL *Just Eggs served over a bed of quinoa and topped with avocado, spinach, diced tomato, red onion and vegan feta cheese. Served with a small bowl of fresh fruit or slice of sourdough toast.* 10

SWEET POTATO SKILLET *A tasty skillet with sweet potato, green pepper, onion and vegan cheddar cheese with choice of diced vegan meat (vegan bacon or vegan sausage). Topped with Just Eggs and served with sourdough toast.* 10

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Theo & Stacy's Downtown
234 W. Michigan Ave. Kalamazoo
269.388.5025
theoandstacys.com

SALADS

GREEK SALAD *Crisp lettuce topped with tomatoes, cucumbers, red onions, pepperoncini, Kalamata olives and vegan feta. Served with our homemade Greek dressing and a side of pita.* 9

Add Vegan Dolmades \$3

MODERN GREEK SALAD *Served on a lettuce blend with quinoa, avocado, toasted almonds, tomato, cucumber, Kalamata olives, pepperoncini, chick peas and vegan feta. Served with our homemade Greek dressing and a side of pita.* 10

Add Vegan Dolmades \$3

GREEK COBB SALAD *Served on a lettuce blend with quinoa, avocado, tomato, cucumber, red onion, Kalamata olives, pepperoncini, vegan bacon, chick peas and vegan feta. Served with our homemade Greek dressing and a side of pita.* 11

Add Vegan Dolmades \$3

GREEN GOODNESS SALAD *Served over a bed of romaine lettuce our salad is mixed with cucumber, beets, celery, tomatoes, red onion, radish, avocado, julienne carrots, shaved Brussel sprouts, toasted almonds and vegan feta. Served with our homemade Greek dressing and a side of pita.* 11

ENTREES

VEGAN GYRO AND TZATZIKI SAUCE *A homemade twist to a Theo & Stacy's classic! Served with a small vegan Greek salad.* 13

SPINACH FETA PITA BAKE *A baked pita pizza dish with spinach, tomato, red onion, mushroom, Kalamata olives and marinara sauce topped with vegan feta and vegan parmesan cheese.* 10

GREEK HUMMUS WRAP *A warm tortilla wrap filled with hummus, tomato, cucumber, red onion, Kalamata olives, spinach and vegan feta.* 10

CLUB PITA WRAP *Vegan bacon, avocado, tomato, onion, lettuce, vegan cheddar and vegan mayo wrapped in pita bread.* 10

IMPOSSIBLE BURGER *A delicious plant based burger served on a bun with your choice of vegan cheese (provolone or cheddar). Served with your choice of fresh fruit or small Greek Salad.* 11

Add avocado \$1

VEGAN MEATBALLS AND SPAGHETTI *Served with a vegan small salad.* 12

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