



## Insurance Coverage Check List for Nutrition Therapy

Although many insurance plans cover nutrition counseling, it is highly recommended prior to your visit to contact your insurance provider directly to inquire about coverage. If your insurance does not cover your visits, the fee for service will be your responsibility as noted in the client treatment agreement.

Ashley Cronin Insurance Info & Policies:	Elizabeth (Liz) Fayram Insurance Info & Policies:
Type 1 NPI #: 1205084795 AA Number for Harvard Pilgrim & United HealthCare: AA46217 In-Network Provider with: <ul style="list-style-type: none"> <li>• Blue Cross Blue Shield of MA &amp; RI</li> <li>• Harvard Pilgrim</li> <li>• Tufts</li> </ul> Out-of-Network Insurances: Contact Ashley directly for questions about out-of-network insurances accepted and policies.	Type 1 NPI #: 1154654788 Type 2 NPI #: 1831698612 In-Network Provider with: <ul style="list-style-type: none"> <li>• Blue Cross Blue Shield of MA &amp; RI</li> <li>• Harvard Pilgrim</li> <li>• Tufts</li> <li>• United Healthcare</li> </ul> Out-Of-Network Insurances: Contact Liz directly regarding out-of-network insurances accepted and policies.

Here are some questions to ask your insurance provider to learn more about nutrition coverage on your plan:

1. Is nutrition counseling covered on my plan with (provide dietitian name and NPI number)?
2. Are there any limitations regarding diagnoses that are covered with my nutrition plan?
3. Will I require a referral or authorization?
  - a. **If YES-** Referrals or authorizations need to be in hand for your first appointment and should be requested from your primary care provider by calling you doctor's office referral line. Please bring in the following information for your appointment which you can receive by calling the member services line for your insurance provider or your primary care provider:

Referral or Authorization Number:	
Start Date of the Referral:	
End Date of the Referral:	
Number of Approved Visits:	
First & Last Name of Referring Doctor:	

4. Do I have a deductible on my plan? **If YES:**
  - a. Will my nutrition visits fall under the deductible on my plan?
  - b. When does my deductible start?
  - c. How much is my deductible per one year of coverage?
  - d. How much is remaining on my deductible for this year?
5. Is there a limitation on the number of visits covered?
6. Do I have a co-payment or co-insurance costs for visits?
7. Would you be able to provide me with written confirmation of my coverage via email or mail? Or may I have the confirmation number for this telephone conversation?