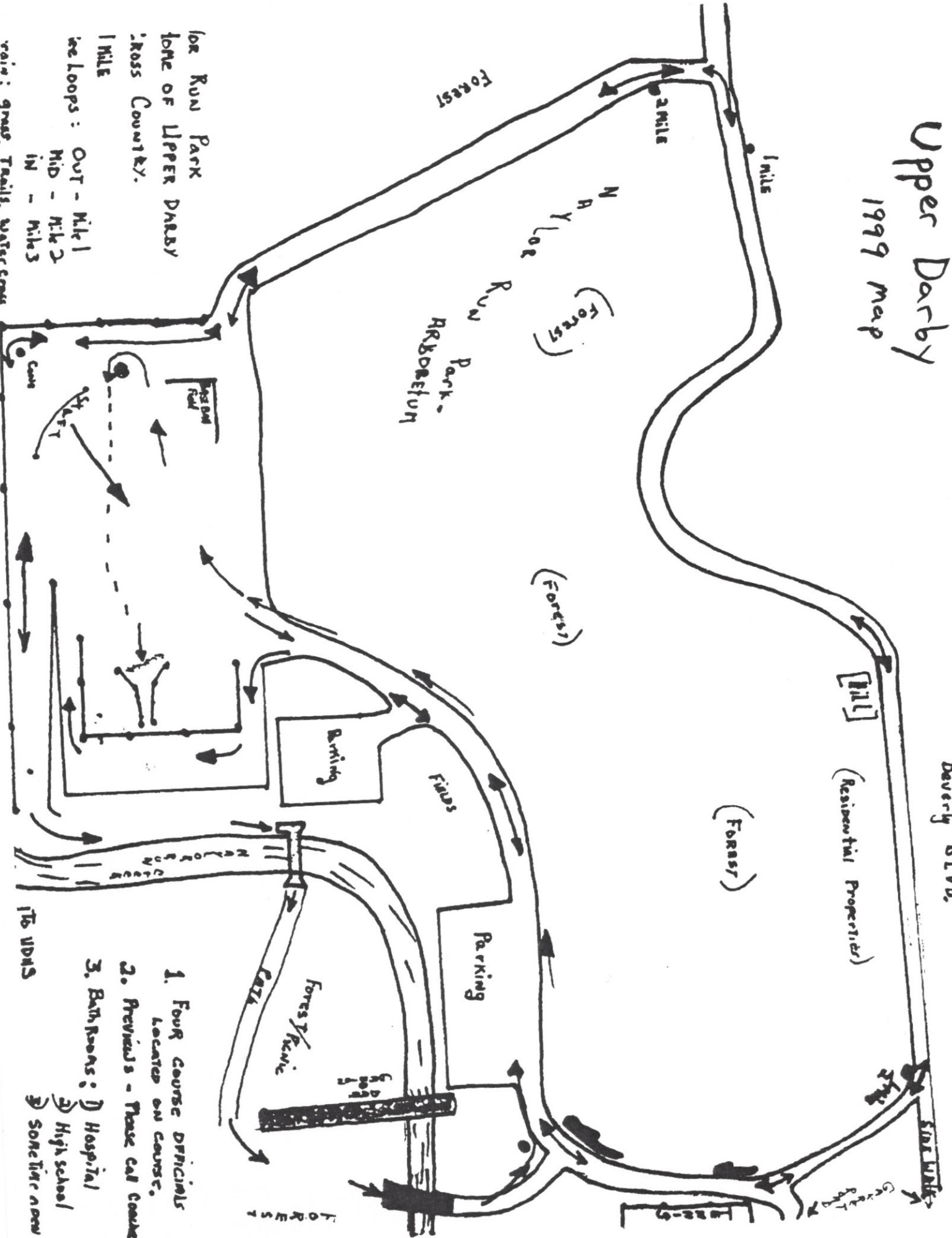


Upper Darby 1999 map

Beverly BLVD.



for Run Park
HOME OF UPPER DARBY
Cross Country.
1 mile
ice loops : Out - 1 mile
Mid - 1 mile
in - 1 mile

rain: grass, Trails, water cross
snow: Run...

1. Four course officials located on course.
2. Previews - Please call coaches
3. Bathrooms :
 - 1) Hospital
 - 2) High school
 - 3) Somerlicrew