



## ENDLESS POSSIBILITIES WITH WASHI

### Material Lists Only

By Laura Felt (I.I. Asheville #74)

Presented by

NCAR Regional Advocates

Laura Felt is a member of I.I. Chapter #74 in Asheville, North Carolina. Laura loves crafting with Washi (Japanese paper) and has a home full of Washi and items made or covered in Washi. Her husband says, "If I sit to long, she will cover me with Washi."

In the video you will be watching Laura with her vast experience, who will be guiding you through three projects.

1. Napkin rings
2. Washi ornament (two styles)
3. Tissue box

### MATERIALS NEEDED

Below are the materials you will need to collect or purchase prior to seeing the video.

- **Washi (和紙)** is traditional Japanese paper. The word "washi" comes from wa meaning 'Japanese' and shi meaning 'paper'. The term is used to describe paper that uses local fiber, processed by hand and made in the traditional manner. Washi is made using fibers from the inner bark of the gampi tree, the mitsumata shrub (*Edgeworthia chrysantha*), or the paper mulberry (*kōzo*) bush.[1] As a Japanese craft, it is registered as a UNESCO intangible cultural heritage.

**Washi** – Purchase Yuzen or Chiyogami style, Size: 24" x 36" or smaller pieces can be found in a local paper store or Amazon. Always check the size prior to ordering online. Website links: [Mulberry Paper and More](#) or [Washi Arts](#) or [etsy.com create your design](#)

- **Rice glue (続飯, sokui)** is a gel or liquid adhesive made of a smooth mush of well-cooked white rice, diluted to the desired thickness with water. It has been used since antiquity for various arts and crafts. (make your own, buy or order online)

May be purchased online using these links [Amazon Rice Paste Powder](#) (mix 2 tsp with 1 ¼ Cup water); [Yasutomo-Nori Paste](#); [Yamato Nori Rice Sticking Paste](#). You can make your own with the Recipe below or watch this video on YouTube. [How to Make Rice Glue](#)

#### **Instant Rice Paste Recipe**

Japanese Rice Glue comes in a powdered form and is mixed with water. It can be stored in the refrigerator. It is not sticky, dries clear and is water-soluble. It won't stain clothing.

Ingredients

¾ cup dry sushi rice	1 cup water
¼ cup warm water	1 tsp. antiseptic such as Listerine
Electric blender	



### Instructions

- Measure rice into a bowl with a ½ cup water
- let stand overnight
- Pour mixture in blender adding ¼ cup warm water
- Liquify for 5 minutes – ensure there are NO lumps
- Pour mixture into a saucepan adding remaining ½ cup water
- Cook for 5 minutes stirring constantly. (Do not microwave.)
- Remove from heat and cool
- Add the antiseptic to prevent spoilage
- Store in the refrigerator.
- **Polycrylic** (Minwax® Polycrylic™) Protective finish paint which is crystal clear, ultra-fast-drying and a protective topcoat. Choose from flat, satin, semi-gloss or gloss for your desired finish. Can be purchased at hardware store, Walmart or online at Amazon in various finishes.
- **Small paint brush** – similar to a basting brush for applying glue
- **Scissors** -- One pair 7-8 inches and One pair for detailed cutting 4.5 inches (your Chen Scissors would work nicely.)
- **Pencil** – No2 Lead
- **12-Inch Ruler or T-Square** (if you have one)
- **Measuring tape** (Inches)
- **Brown paper bag or brown paper** (The glue sticks to plastic and newspaper.)
- **Egg Carton - Styrofoam Only** -- not cardboard (for resting items while drying)

### Specific Materials needed for the Napkin Ring Project

- You will need the above materials
- Washi 10”x12” piece
- One or more card-board tubes from fabric rolls, aluminum foil or plastic wrap. (Toilet paper or paper towel tubes are not sturdy enough for napkin rings)

### Specific Materials Needed for The Ornament Project

- You will need the above materials
- Washi 10”x12” piece for patchwork ornament
- Washi 11”x5 piece for “picket fence” ornament
- Smooth Styrofoam balls 6-8 inches [Amazon.com/Smooth Foam Balls](https://www.amazon.com/Smooth-Foam-Balls/)
- Ornament Caps can be found at Walmart or you can use an eye-hook

### Specific Materials for Tissue Box Project

- You will need the above materials and
- A wooden tissue box cover (boutique style or regular style)
  - Boutique Style: [Michaels.com Tissue Box Cover](https://www.michaels.com/tissue-box-cover/) or [Amazon Tissue-Cover](https://www.amazon.com/tissue-box-cover/)
  - Regular Style: [Amazon Regular Tissue Box Cover](https://www.amazon.com/regular-tissue-box-cover/)



### **BEFORE THE ONLINE CLASS**

- Purchase and arrange all materials in a space with good lighting where you can watch the video instructions.
- Use the paper bags to cover your work area.

### **Hints from Laura:**

- The box for the tissue cover can be found in thrift stores
- Laura purchases the “satin balls” from Sandy’s Christmas Shop (704-471-0015), Shelby, NC 6 for \$1. Just in case you want to order from them.

Now, let’s get started with Laura!