

April 6, 2020

Minutes from GSB of EDA Meeting 4/5/20

The meeting was called to order at 4pm EST. There were approximately 21 in attendance.

Secretary's Report: Previous minutes accepted.

Treasurer's Report: Current balance is \$16, 890. Full treasurer's report attached. Additionally, the transition from Quickbooks to Google for EDA money management and treasury went smoothly.

Chair Announcements:

Expect in July a few more elections. Chair will announce in May & call for nominations which need to be set and accepted of by 06/05. If you have not been receiving email on Zoom Tips and these meetings, you may not be on the distribution list and you can email INFO@. Currently those roles are filled Interim – Laura H. is interim Membership Chair and Sue P. is interim Secretary.

The GSB Actions committee formed by the last GSB meeting to enable action to be taken on items on an interim basis since we as a Board are only meeting quarterly. Two types of things came up – The first-- items related to housekeeping and people's roles, so much of that will be covered in detail in people's reports. The second -- others within the scope of the body (GSB) are in the business section of the agenda. Some of the first-type of items covered were: Website housekeeping covered by the interim webmaster, adding an additional Zoom line to accommodate need for additional Zoom meetings reduced in size (if you/ your group can host a time) at cost of \$16/mo, the setting of some parameters - like first come, first serve to WM@ and web presentation (Zoom page v Meetings page, in line with Concept 1, Tradition 4 and 7.)/ listed as temporary; upgrading website security - tentative date set to 05/17. Protocol for Actions going forward. There were no questions. The chair asked if there was any opposition to the work Actions had taken to move to new business of this meeting, and there was none.

Peter was sworn in as the webmaster. Michelle was sworn in as the Chair. Sue P. will be sworn in as secretary at next board meeting in July. Announcement made that there are open board positions and anyone who'd like to nominate someone is to send their information to webmaster Peter.

Committee/Role Reports:

Literature: .

General Service Board of EDA Literature Report – April 5, 2020

- Updated materials submitted to literature team, edited, and turned around for a vote by the GSB:
 - EDA H&I Suggested Meeting format
 - EDA 7th Tradition Draft
 - EDA Suggestions for Recovery
 - EDA Recovery Tools
 - Tips for Zoom Meetings
- One goal for the April 2019 to April 2020 year was to complete a draft of the Traditions portion of a new EDA Twelve Steps and Twelve Traditions by the end of July 2020. Status: We are now one month behind, but now that things are normalizing, we hope to get back on track.

- Work has been started on a brochure supporting those who have a loved one with an eating disorder, however There have been no submissions to date on a brochure supporting those whose loved ones have an eating disorder. We would like to encourage anyone with an interest in helping to please contact literature@eatingdisordersanonymous.org.
- A few changes have been proposed to the Body Acceptance brochure that is currently approved and on the EDA website at <http://eatingdisordersanonymous.org/wp-content/publications/EDA%20Body%20Acceptance.pdf>. Two sets of proposed changes have not yet made it through the literature committee. If you or any member of your group is interested in working on a revision to the Body Acceptance brochure, please contact literature@eatingdisordersanonymous.org.
- Many have expressed interest in the EDA Meditations book. We are nowhere close to being done, unfortunately. We need contributions. If you are interested in contributing a meditation, please refer to EDA literature, or use your own experience, to create a short item on which to reflect and submit to meditations@eatingdisordersanonymous.org. We would love to hear from you. Per discussion with the General Service Board, we will send a few short examples out to the GSB distribution list in a few weeks as a prompt. Please encourage people at your meetings to help out.
- The Literature Committee follows a set of procedures for vetting material that is submitted to the General Service Board for review and approval. These procedures were reviewed and approved internally, and were discussed at the General Service Board level. Annette will be sending these out for review by the Action Committee for posting to the centralized location for EDA Literature Committee materials.

Membership & Group Supportive Services:

MGSC Met 7pm EST on:

01/26/20

02/23/20

03/22/20 and 03/29/20

All 4 members in attendance: Committee Chair, her Alt, chairs of sub-committees on sponsorship and group outreach.

Chair Announcements

Group Roundtable (requested by prior GSB chair) On hiatus.

Subcommittee Reports

Sponsorship

Began Jan w 43 Waiting. Ended Mar w 59 waiting; 12 matched over three months. 41 active sponsors working with people from the waiting list, but the wait time I still 4.5 months (at this point.).

New Group Outreach

Continuing outreach to new groups regarding GSB and items available online.

Group Outreach

GSR / group contact information was collected from phone meetings. These members were added to the email distribution list so those groups get the emailed announcements.

Items discussed/ dispatched

Began review of pamphlets within committee's scope and submitted several changes to Literature for consideration. Began work updating an internal document of contact information for the many who are helping out so the information is assembled in one place and on paper for reference. Also discussed and submitted suggestions to Literature for a document on the web that could serve as a Helpful Tips for Zoom Meetings.

In Process

Began work updating an internal document of contact information for the many who are helping out so the information is assembled in one place and on paper for reference. The decision was made to offer a virtual retreat to the fellowship. It will probably be for four hours. No date has been set but the retreat will include a speaker, a guided meditation, an opportunity to do some writing and member sharing.

Webmaster: Peter has updated EDA site and its security certificate. Best way to contact webmaster is to use the following email address: wm@eatingdisordersanonymous.org.

Coordinated 14 new public zoom meetings on the Phone / Zoom Meetings page. - Updated zoom information for face-to-face meetings [20]. - With much help from our info@... volunteer, co-created a general online troubleshooting guide. BEST PRACTICES / NEW - Begun to make user-friendly “vanity URLs” for face-to-face meetings, using a meeting's custom email address where appropriate. - Standardized meeting listings in response to COVID-19. - Standardized format of new meeting time / location changes. - Distinguished between *ON HIATUS* vs. *CANCELLED* status. PROPOSALS / IN PROCESS - Proposed redesign of tab structure on front page of website. - Proposed policy for online meeting troubleshooting.

Email Response Coordination: Heather reported that there are no problems at this time.

Professional Contact Coordination: Annette reported that Jenny S. continues to visit treatment centers and distributes the EDA “Big Book (s).”

There was no old business. We first held elections before addressing motions. Michelle was elected Chair and Peter was elected as Webmaster. Elections were by acclamation and there was no opposition.

Motions:

Considerations regarding literature:

Update to Suggestions for Recovery: & Update to Recovery Tools: Housekeeping to draw text in line with EDA principles. This selection of the literature was considered together since updates were similar, was voted as submitted by the committee. -> Passed with eight votes unanimously Remainder were abstentions.

Hospitals and Institutions Suggested Meeting format-already submitted to the GSB for review: This is a shorter version of the typical meeting's format. This selection of the literature was voted on as submitted by the committee -> Passed with 10 votes unanimously. Remainder were abstentions.

Tradition 7 draft to add to Traditions 1 – 6 online -> Passed with eight votes unanimously. Remainder abstentions.

Motion – Use of G Suites: To Begin using the G-Suite Google Drive for all original document and provide access to GSB officers and committee members based on their function, rather than using website storage or personal Google Drives. There was significant discussion on need to and how to centralize an online location for all of EDA's literature such as on the G-Suite Google Drive. A balance of having extensive security and the need to have EDA formats and literature available to the “public” so it was accessible and backed up. For group formats noted that it was a courtesy we were providing as the Board, that in accordance with Tradition 4, they were reflections of the group consciences. -> Passed 16 votes, unanimously. Remainder abstentions.

Motion - Make management of meeting moderators (additions/removals) transparent and accountable through copying the webmaster distribution list. -> Passed 9 votes. Remainder abstentions.

What's On Your Mind

The literature committee is actively seeking submissions for the 365 Meditation book. It is noted that when using quotes in a submission that only EDA literature can be used and/or reflected on in submissions. After some discussion and suggestion of downloading what was on G Suite as a sample, the Literature chair noted that the document on the G Drive is a DRAFT and should not be downloaded and passed around. She did think it was feasible for the committee to put together a short sample that might serve as an inspiration and encourage others to contribute.

EDA has 3 Zoom phone lines for use by EDA members when hosting meetings. If an individual group wants to secure their own Zoom line it would be for their group only to use. Zoom lines cost \$16/month.

Discussion about meeting size and splitting meetings. Experience was shared on how meetings have successfully split, has been very easy.

Discussion on Zoom's security and its now required password was had. Other topics for discussion included the responsibilities being held by the host of the Zoom meetings and the host codes. A recommendation for safety reasons is for the host at the end of the meeting to give the incoming leader the code.

Inquiry regarding bringing back the Group Roundtable.

The Chair closed the meeting at 6pm.