

	Service	Minutes	Price	Description	Paperwork
<b>Massage Therapy</b>  All massage is blended swedish & deep tissue style	<b>Targeted Massage</b>	30	\$60.00		Standard
	<b>Targeted Therapeutic Massage</b>	45	\$75.00		Standard
	<b>Full Body Massage</b>	60	\$90.00		Standard
	<b>Therapeutic Full Body Massage</b>	75	\$120.00		Standard
	<b>Luxury Therapeutic Full Body Massage</b>	90	\$150.00		Standard
<b>Graston</b>  Targeted deep-tissue therapy performed with the aid of die-cast stainless steel	<b>First visit</b>	30	\$60.00	Screening & treatment, one area	Standard, Graston release
	<b>Follow Up Visits</b>	20	\$45.00	Treatment only (after initial screening visit)	
	<b>Add-On Treatment Area</b>	15	\$30.00	Add-on second area (ex: treat both legs, both shoulders, etc)	
<b>Physical Therapy</b>  Skilled evaluation with a science and systems approach. Includes all needed hands-on treatments, home exercise prescription, and expert advice every step of the way.	<b>Evaluation visit</b>	90-120	\$120.00	Full service evaluation & home exercise prescription	Standard, Graston release
	<b>Follow Up Visit</b>	45-60	\$90.00	Continue consultation and manual treatments, progress home exercise	
	<b>Member Visit</b>	30-45	\$80.00	Wellness visits for clients who continue care beyond six weeks	
	<b>Pre-Pay Packages</b>			Get \$10 off per visit by pre-paying in packages of four sessions	
	<b>Doc Talk</b>	20	\$45.00	Short visits that must start & end on time. Prepaid or walk-in only, Tues 1-3 PM or Fri 9-11 AM	Direct-pay release (name/signature only)
	<b>Doc Block</b>	120	\$200.00	Prepaid only, businesses that do not provide insurance may book two-hour blocks to provide basic healthcare services to up to six employees per two-hour block.	Direct-pay release (name/signature only)
<b>Wellness Services</b>  Open-ended wellness care for athletes and folks on a long-term health journey.	<b>Health &amp; Wellness Training</b>	1	\$2.00	30 Minute Minimum, 90 Minute Maximum	Standard
	<b>Consultation</b>	1	\$2.00	30 Minute Minimum, 90 Minute Maximum	Direct-pay release (name/signature only)