



# Blue Sky PROBUS Club

PROBUS Club # 268

## Notes Blue Sky PROBUS Club Meeting November 10, 2020

- This meeting was held using the ZOOM meeting application.
- The start time for signing into the meeting was 9:45am. This start time was selected to allow new users of ZOOM some time to get on-line before the meeting start of 10:00am.
- By 10:05 am there were 14 participants plus our speaker Monica
- There was general chit chat as people signed on.
- The official meeting started at 10:00am. With H. Kizell President of the club presiding.
- No anniversaries or birthdays among participants.
- H. Kizell asked for activity reports starting with B. Kizell and the choir.
- The choir is meeting every two weeks on a Wednesday using ZOOM. J Roberts is part of choir and will host the ZOOM meeting. The choir is also meeting on another platform that allows for recording. E-mail Belle if interested. Membership is open.
- Contact B. Kizell at [bellekizell@gmail.com](mailto:bellekizell@gmail.com) 705-474-0658.
- L. Downey gave an update on the knitting club. Various projects are underway. Participants can learn how to knit if needed. Next meeting is on the 24<sup>th</sup> at 2:00 pm. New participants should send an email to L. Downey before attending.  
[Lorraine0053@gmail.com](mailto:Lorraine0053@gmail.com)
- O. Ridler (not present) reported through H. Kizell that the walking group is meeting every Monday at 10:00 am. Also, they join the North Bay Club on Tuesday and Friday. Between 8 and 18 participants. The group walks on a variety of local trails.  
[oliver@nipissingu.ca](mailto:oliver@nipissingu.ca)
- P. Sampson reported on behalf of the book club. Currently ten participants. New members are welcome. [ray.penny@hotmail.com](mailto:ray.penny@hotmail.com)
- Next meeting of the book club is November 16<sup>th</sup> at 7:00pm. It will be a ZOOM meeting. R. Dubeau will set up the meeting so as to use the PROBUS longer meeting format. The book is "The Testament" by Margaret Atwood. The next book is "The Gentleman in Moscow." There is a book list that can be distributed.
- G. Godin reported some leads for future speakers. He also presented his (in)famous smiles (jokes) for us.

- Our guest speaker was Monica Do Coutto Monni. She is the Executive Director of the Near North Palliative Care Network. She spoke on the value of seniors having goals and working towards achieving those goals. She likened all of us as Generals in charge of our own destiny by being strategic and pro-active in our decisions. She also stressed the importance of having a network of friends who can keep in touch with each other to ensure we are all OK. Also give yourself a sabbatical day that is just yours and never stop learning.
- There was positive responses to the presentation.
- An attempt was made to share her Powerpoint slides but R. Dubeau was unable to do so. Needless to say he will figure it out for future speakers.
- H. Kizell suggested that for the next meeting in December that participants wear some kind of festive attire to celebrate the season.
- On line Christmas party on December 8<sup>th</sup>.