

Pineapple Smoothie Bowl

simple
healthy
delicious

Ingredients

- *¼ Cup Almond Milk*
- *1 Banana*
- *2 Cups Frozen Pineapple*
- *2 Tablespoons Honey*

Toppings

- *Banana*
- *Pineapple*
- *Coconut Flakes*
- *Nature's Earthly Choice™ Hemp Seeds*



Directions

1. *Add all the ingredients to a blender and mix on high.*
2. *Pour into a bowl or half a pineapple, and top with fruit and hemp seeds.*